The Sacramento Observer

AMERICA'S NO. 1 BLACK NEWSPAPER

1973 WINNER OF THE JOHN B. RUSSWURM TROPHY FOR JOURNALISM EXCELLENCE

FLIP'S SHOW DROPPED

(SEE STORY ON PAGE A-2)



'Zebra' suspect, face hidden by jacket, escorted into city jail. San Francisco police arrested seven men in a series of citywide predawn raids.

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ARREST OF 'DEATH ANGELS'

SAN FRANCISCO -- Members of San Francisco's Black leadership responded with both favorable and "wait-and-see" comments to Mayor Joseph L. Alioto's call on Wednesday for widespread cooperation in following through with the Zebra investigation.

In a prepared statement the mayor called the Zebra killings the work of a local "Death Angels" unit of a far larger conspiracy of murderous zealots, and he asked for help from the local community, police, the FBI and grand juries, "preferably coordinated by the attorney general of California.

At an outrageously jampacked press conference in his office, Alioto again and again stressed his concern over the constitutional rights of the accused.

"All of these suspects are entitled to the presumption that they are innocent," he said.

And: "I am confident that the trial judges have ample power to protect the suspects from the publicity which the Zebra slayings have generated."

And, in discussing a nationwide investigation of the group: "While it must be vigorous and relentless, it must stay within constitutional limitations."

Declaring that "murder knows no color," the mayor expressed concern lest "hate groups" attempt to convert a criminal investigation into a racial struggle.

Black supervisor Terry Francois said he was in full agreement with Alioto's call for involvement of law enforcement bodies beyond San Francisco's jurisdiction because of "the strong evidence that this is far more than a local situation."

He said the break in the case came as a great relief, in part because its implication of a small group of zealots in the killings "brings the hope that broader racial implications will be removed from the scene, and the white community will be assured that the black community had no sympathy at all with what was going on.

"That was my concern with the dragnet interrogations, which were simply getting all kinds of innocent people involved."

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Dellums Joins Effort For OEO Funds

Rep. Ronald V. Dellums has joined efforts to extend the funding of the Office of Economic Opportunity. The California Congressman has called for appropriations for OEO programs at the combined level of the 1972 authorization.

"OEO is one of the few agencies that attempts to deal directly with the poor people of our country," Dellums said. "Without OEO, there would be no guarantee that the poor would receive the benefit of the programs that they need and deserve."

Rep. Dellums stressed the necessity for the continuation of the poverty program agency. He attacked the Administration's management of federal programs. "In my opinion, our government has based its funding for federal programs on a misdirected, inhumane set of priorities," Dellums said.

Dellums has urged his colleagues to strongly support legislation which would extend the program and funding authority for the Economic Opportunity Act to June 30, 1977.

Conyers, Young To Address Black Unionists

WASHINGTON, D.C. -- Congressman John Conyers of Michigan, Detroit Mayor Coleman Young and Basil Patterson, vice chairman of the Democratic National Committee, are among the national political leaders who will address a rally of the Coalition of Black Trade Unionists (CBTU) this weekend (May 4) in Detroit's Cobo Hall.

Committee For Justice Expands Activities

The Citizens Committee For Justice, an organization formed after the arrest of community leader George C. Smith, to raise funds for his legal defense, has broadened its fund-raising efforts and is now helping to raise bail for four suspects charged with the shooting of Detective Sgt. Gerald Kabarich, three of whom are also charged with the slaying of Joseph F. Belmore of North Highlands.

Arrested and charged with Belmore's murder, were Russell Lang, 19, of 3201 4th Avenue; Emery Lee Hanson, 25, of 3510 41st Street; and Larry Pratt, 19, of 3556 Y Street.

Dale McKinney was also arrested and charged with conspiracy to commit murder in connection with the shooting of Kabarich. Bail was set for him at $100,000. McKinney faces a preliminary hearing on May 8.

Committee spokesman, Mantell Williams, said the committee plans to remain active after the cases are settled in case it becomes necessary to raise funds in the future.

Several fund-raising activities are being planned by the Committee. Donations can be sent to the Citizens Committee For Justice, P.O. Box 38676, Sacramento, California.

'AIN'T NO SUNSHINE'



BILL WITHERS



DENISE NICHOLAS

Denise Files Divorce

"Ain't No Sunshine" is one of the many gold records that Bill Withers has received and a title that is very meaningful in his life with the recent divorce filing by his actress wife, Denise Nicholas. Their marriage has hit the rocks after 14 months.

The couple was married Jan. 17 in a private ceremony at a wedding chapel in Van Nuys, after a courtship of two years which was rather stormy and which almost broke up while Miss Nicholas was doing a movie with Fred Williamson in Arizona.

Shaft And Flip Shows Cancelled

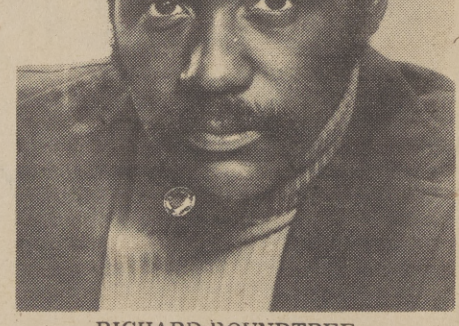
After presenting seven segments of "Shaft" in its first and only season, the Columbia Broadcasting System's television network has cancelled the Richard Roundtree-starring show.

After four seasons on the National Broadcasting Company's television network, it's all over for The Flip Wilson Show (except of course, re-runs).

The news of the demise of the Shaft and Flip Wilson Shows was released by the aforementioned networks as they announced their fall schedules.

The "Shaft" and Flip Wilson Shows were two of 14 series dropped by the networks in what has been described as "the most sweeping changes in recent memory."

Also among the discards are the Dean Martin, Sonny and Cher, and "Hawkins" programs.



RICHARD ROUNDTREE



FLIP WILSON

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LAFAYETTE TURNER

'NICE GUYS DON'T FINISH LAST

Proving The Cynics Wrong

Whatever happened to Horatio Alger? Don't people ever sink or swim, or do or die anymore? Has the American Dream grown a little dim?

The cynics say that nice guys finish last and that there is no longer any profit in hard work or self betterment.

There is one nice guy at Mather Air Force Base who proves the cynics are wrong. His name is Lafayette Turner, a contract specialist in the Procurement Division.

Turner got out of the Army in 1965. With little education or experience, the job market looked pretty grim to him. He says, "I was lucky to get a job at Mather as a laborer in Civil Engineering."

Turner's supervisors remember him as a willing worker who got to work on time and did the job better than average. By 1966, he had been promoted to an aircraft attendant. Then came a reduction-in-force, and by 1967, he was back to a janitor.

"That was a real turning point. I decided that if I was ever going to get ahead I was going to have to gain some special skill or improve my education." He decided on the latter and enrolled at American River College on a part-time basis.

"It took four years to get the first two years of college. Sometimes I never thought I'd make it. There were times when if I hadn't had the support of one or another of the supervisors I worked for, I'd have quit for sure."

By this time, Turner also had a new wife, Madeline, to spur him on. "I kept thinking I ought to quit school and get a daytime job that paid more, but she kept reminding me of our long-range goals. She used to say that it was better to have a tighter budget at that point when it would mean a better future for us. That's when I decided to keep the janitor job and go to school full-time."

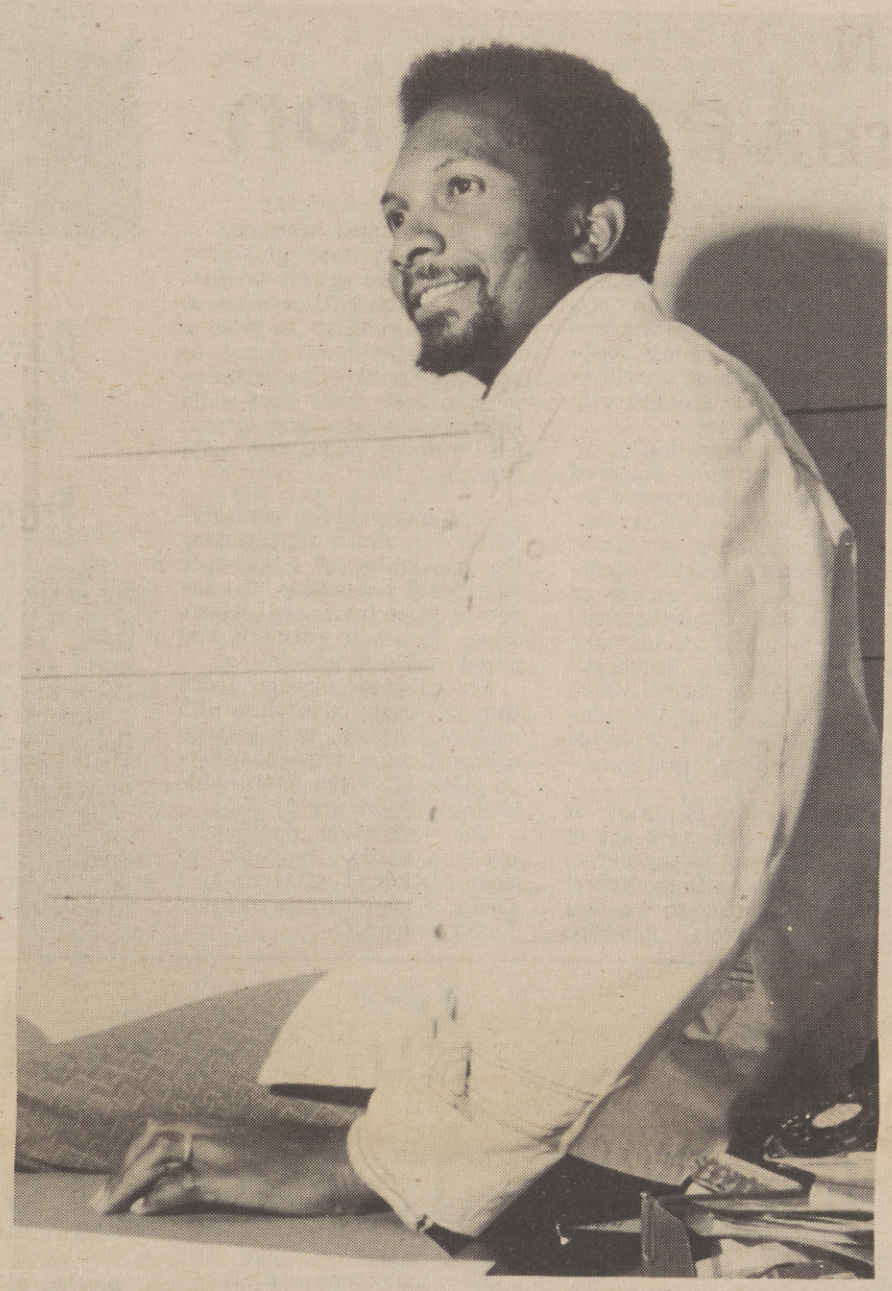
In June last year, Turner received his bachelor's degree in Social Science from Sacramento State University and stepped into a Civil Service Training program intended for recent college graduates.

Now, the father of two, says he is glad to be home a little more and able to look forward to further advancement into management at the close of his training period.

"One of the best parts of working in Procurement, is that I am constantly learning something new. Learning is one thing I hope to be able to do for the rest of my life," said Turner.

In addition to the support of his family and both military and civilian supervisors, Turner credits some of his motivation to the one job he didn't have to do.

"I used to come out to the base between classes during the day to work on the Mather Equal Employment Committee. Many times when I was discouraged, the Mather EEO officer, Dick Lavery, and the people on base who volunteer their spare time to work for equal opportunity, helped me sustain my motivation to succeed. Just working with them toward a goal which was also my personal goal was very satisfying. I plan to continue working with the committee in my new job," added Turner.



Oak Park Residents Ask For $Million Center

Residents of Oak Park this week asked the city, through the City Council's Community Development Committee, to put up $1 million for a neighborhood service center for the area.

Members of the Project Area Committee (PAC) of the Oak Park Neighborhood Development Program explained to a council committee that the money would be used for a 10-acre multi-purpose complex on the former site of Stanford Junior High School on Sacramento Boulevard near 12th Avenue.

The Rev. Melvin Langeland, representing the PAC, said the money could come from federal revenue sharing funds and could pay for a library, day care center, gymnasium and senior citizens' center, as well as offices for social service departments.

Another $1 million has been requested from the county.

The proposal conflicts with an adopted redevelopment plan for Oak Park -- previously approved by the City Council and the PAC -- that provides for the neighborhood center at Sacramento Boulevard and Broadway, several blocks north.

Councilman R. Burnett Miller said he is opposed to the concept of a large government-type complex in the area. He prefers several buildings scattered throughout the neighborhood.

The council committee also received three recent proposals for locally developed housing and small business loan programs but took no action on them at this week's meeting.

Community Development Committee Chairman Herman Lawson has joined with County Supervisor Ted Sheedy to propose an urban homestead program that would turn over run-down houses for virtually no cost to persons who wish to bring them up to building code standards.

Councilman Phillip Isenberg has proposed a multimillion dollar low-interest home rehabilitation loan program.

Councilman Manuel Ferrales has proposed creation of a massive, non-profit community development corporation to administer a variety of housing, business, and industrial development programs and to provide loans for the programs.

Some city administrators and members of the council have said they believe all three proposals could be incorporated into a new local development program.

The proposals will later go to the Council as a whole for a decision.

Muslim Leader Denounces Search

Sacramento's Nation of Islam leader has denounced last week's police search of the local Muslim Temple as "an attack on Muhammad's Temple of Islam."

Minister Benjamin, local head of the Mosque that was searched, maintained that police had "no clear reason" for searching the temple and that some of the documents taken in the search were not listed on the search warrant.

"This is the highest form of harassment used against innocent people," said Minister Benjamin.

He said that the police harass Muslims because they do not want them in the Sacramento community.

"They don't want Muslims because we are a progressive people," said Benjamin, "striving to uplift the community."

According to the minister, the police and sheriff's department expressed their animosity towards the Muslims by harassing their fish and egg salesmen.

"One Muslim egg salesman was attacked by a policeman in that the officer ran over his egg stand," related Minister Benjamin.

He also said that Muslims are often followed by police for no apparent reasons. Sometimes they are stopped and ordered to show their licenses, only to have them waved aside and others demanded.

Earlier this year, Muslim officials complained of police harassment. However, police officials hasten to deny the allegations.

Lt. Joseph Barnes, of the Community Relations Division, at that time said, "I can't say for a fact that no officer has been guilty of harassing the Muslims, but," he added, "at the present time (March, 1974) there haven't been any problems directly related to the Muslims."

INTIMIDATION FROM HATE GROUPS

Several local Black institutions, businesses and individuals were subjected to threats, intimidations and fear tactics by unidentified telephone callers this week.

In the several reports to THE OBSERVER none of the callers identified themselves.

The "threats" came in allegedly expressions of racial retaliation for the "white killings."

Most of the incidents were related to the proper authorities.

'Get Tough' Legislation

If California's Atty. Gen. Evelle J. Younger and State Sen. Dennis E. Carpenter, R-Orange County, have their way, those hungry enough to take free food, as in the Hearst food-give-away, and those distributing it, would be charged with committing a felony.

Recent legislation drafted by Younger's staff and authored by Senator Carpenter would levie strict penalties against corporations complying with ransom demands and against individuals who receive money or property that has been "extorted" in an effort to "take the profit out of kidnapings."

"We would be derelict if we were to allow the Hearst kidnaping to become a prototype for future crimes," said Younger.

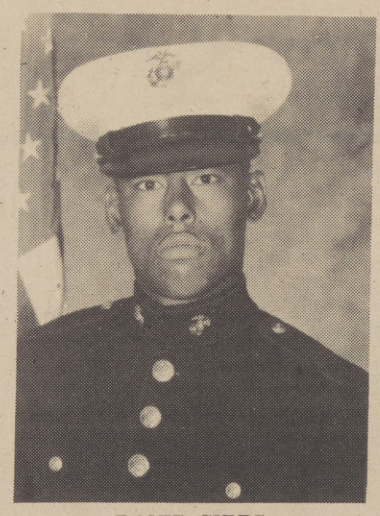
The legislation is aimed at corporations that make use of company money to pay kidnap ransoms such as in the Hearst case. In an effort to free his daughter, Patricia, Randolph Hearst invested thousands of dollars in a food give-away program. The Hearst Foundation contributed also vast sums.

"Extortion under the guise of altruistic purposes cannot be permitted again. Law enforcement cannot stand aloof while kidnapers extort money or food for whatever purposes," said Younger.

Carpenter said the new legislation was aimed at preventing the possibility of a kidnaper demanding and getting "the assets of large trusts and corporations for their altruistic and pseudo-political goals."

According to Carpenter, more than two dozen kidnapings with ransom demands, made to large corporations or trusts have taken place since the Hearst kidnaping on February 4.

The legislation would also order a pardon, reprieve or commutation of sentence by a public official in response to extortion demands.



DAVID GIBBS

David Gibbs Graduates From Basic

Marine Pvt. David R. Gibbs, son of Mr. and Mrs. John Gibbs of 3204 Q Street, North Highlands, Calif., graduated from basic training at the Marine Corps Recruit Depot, San Diego.

Physical conditioning, discipline and teamwork are emphasized during the 11 weeks of recruit training.

He received instruction in close order drill, Marine Corps history, first aid, marksmanship, uniform regulations and hand-to-hand combat.

Candidate Handy Moves Downtown

Wendell Handy, a candidate for Secretary of State, will be moving this week to new campaign headquarters in the Downtown Plaza properties.

Last week Handy, the only Black candidate for the post, charged Downtown Plaza officials with discrimination saying that they had refused him office space.

According to a Handy campaign spokesman last week, Plaza officials stated that they did not want campaign offices located on the properties.

Handy charged at a press conference last week at the Senator Hotel, that gubernatorial candidate William Matson Roth, had headquarters in the Plaza properties and that in his opinion, he was being discriminated against.

John J. Olivo, press secretary to Handy's campaign, said this week that Plaza officials have reversed their original position and are now willing to lease him space.

Olivo told newsmen that Plaza officials assured him that the denial of space was due to a misunderstanding.

Citizens Slate Law Seminar

The Citizens For Better Government announced this week that they will sponsor a seminar on Constitutional Law Monday, May 6th, at the Senator Hotel, Room 221.

The seminar will be held from 9:30 a.m. through 4:30 p.m. Guest speakers qualified to address themselves to City-County consolidated government will preside over the seminar.

Following the day-long seminar guests are invited to attend a public meeting at which time consolidation will be discussed.

The evening meeting will be held at the Sacramento Municipal Utility District's auditorium. It will begin at 7:30 p.m.

For additional information concerning these events please contact the Citizens For Better Government at (916) 428-1517.

Justice Officers Visit Camellia City

Two U. S. Department of Justice officials Booker Neal and Edward Howdin visited Sacramento this week to talk with concerned local officials and residents regarding their observations of last week's police occupation of their neighborhood.

The two federal officials work out of the West Coast Regional Office of the Justice Department.

Their visit to Sacramento was to observe first hand the mood of the Oak Park residents towards police practices in light of last week's police search of the Nation of Islam's Temple Number 73. They also talked with local law enforcement officials.

Rutter's Problems To Be Discussed

The organization of the Concerned Black Parents of Elk Grove Schools is scheduled to meet with Elk Grove Schools Superintendent, Glenn Wood, this week to discuss solutions to the problems that plague Rutter Junior High School.

Rutter in recent weeks, has been the scene of racial tension which resulted in the arrest of one student and the suspension of another.

The Concerned Black Parents group was formed in an effort to help solve some of the school's problems.

The Parents Group, however, say that the racial fighting at the school is only symptomatic of the school's poor administration. They point to the fact that the school is "overcrowded and the teachers inept when it comes to dealing with student problems."

Recent complaints have been leveled at the sanitary conditions of the school. One mother described the school restrooms as "disgustingly filthy."

According to Concerned Parents spokesman, in some of the restrooms, toilets are pulled off the wall, individual stalls have no doors, floors are littered and the stench is overwhelming.

According to the spokesman, the County Health Department has become interested in the possibility of an existing health hazard.

Concerned Black Parents are also scheduled to meet with the Elk Grove School Board, Monday night, at 8 p.m. at Elk Grove High School.

Auhorities Riled At Alioto Remarks

LOS ANGELES -- Southern California law enforcement authorities were openly critical Wednesday of San Francisco Mayor Joseph L. Alioto's efforts to link a group he called the Death Angels to a number of unsolved murders across the state.

Police chiefs and homicide investigators picked holes in the mayor's list of 73 possible victims of the black terror group. Alioto said ring-leaders of the group were among seven black men arrested Wednesday in San Francisco's Zebra killings.

Alioto gave newsmen the list of possible victims, including 16 from Los Angeles County, and involving crimes in Los Angeles, Long Beach, Signal Hill, and areas under the jurisdiction of the Los Angeles County Sheriff's Department.

Several of the cases dated back to 1971 and 1972, and one of the "victims" turned out to be the person who reported the crime.

Leading the skeptics was Los Angeles Police Chief Edward M. Davis, who said he could see no connection between the Los Angeles County victims noted on the Mayor's list and the Zebra case.

"I never heard of any organization called the Death Angels in this city before today," Davis said. "And we have a pretty good ear for new names."

Davis said most of Alioto's list was compiled in October, 1973 when the Alameda County district attorney called a law enforcement meeting to discuss several unsolved racial murders in the Bay Area.

SUPPORT NATIONAL TRANSPORTATION WEEK
MAY 12-18
Ride the bus.
REGIONAL TRANSIT

3rd ANNUAL BIKE RIDE FOR HEARTS

Attention all bicyclists! Cyclethon '74, the 3rd Annual Bike Ride for Heart is scheduled for October and the Ride Committee will meet Saturday, May 4 at 10:30 a.m. at the Heart Association Office, 1401 21st St., Room 306, Sacramento.

All interested persons whether riders or not, young or old, workers or planners, are welcome to attend.

For more information, call the Heart Association at 444-8650.

PAID POLITICAL ADVERTISEMENT

RE-ELECT DEMOCRAT
WALTER W.
POWERS
5th Assembly District
POWERS COMMITTEE

PAID POLITICAL ADVERTISEMENT

Muslims Deny 'Zebra' Link

SAN FRANCISCO -- Minister John Muhammad, leader of the Bay Area's Black Muslims, said Wednesday that "followers of the Honorable Elijah Muhammad do not take part in any random shootings."

Muhammad, minister of the Nation of Islam Temple No. 26, spoke in reply to statements by Mayor Joseph Alioto that some of the newly arrested suspects in the Zebra case "may be connected with the Muslim church."

"We don't even carry a pen knife and this the mayor knows," Muhammad said at a press conference in San Francisco.

Minister Muhammad said: "Those arrested, if they are Muslims, we will defend them. We will support them. If we find that they are guilty, we will not support them or back them.

"The Muslim community was as alarmed as well as the white community. The mayor was clever in connecting these shootings with the Muslims. He wanted his office to look good," the Muslim leader said.

The minister said "we would like to know the leader of the Death Angels too. The public has a right to know. The public also has a right to know the name of the informer and what his religion is."

He spoke briefly and declined to answer any questions.

Censoring Of Prison Mail Stopped

The U.S. Supreme Court voted unanimously last week to strike down broad "mail censoring rights" claimed by California's prison officials of its inmate population. The court also ruled that inmates could not be denied access to law students for legal help.

The ruling backed a decision by a San Francisco Federal Court which held that the state had violated the constitutional rights of prisoners in this matter.

The California prison censorship rule denied inmates the right to "unduly complain," "magnify grievances" or express "inflammatory political, racial or religious views," in all writings to persons other than attorneys or public officials.

Censorship restrictions violate First Amendment free-speech rights of inmates and those who seek to communicate with them, said Justice Lewis Powell in delivering the main opinion.

California prisons, however, were not completely stripped of their censorship powers. They retained the right to censor a prisoner's mail if it has a direct bearing on security or order of the prison or the rehabilitation of inmates. The procedures for such censorship was carefully spelled out.

California prisons currently operate under a set of new rules put into effect as a result of the earlier federal court decision.

Under these regulations, inmate letters which may contain threats of physical harm, plans for escape or other criminal objectives, are the only ones that can be censored.

Incoming mail is subjected to the same regulations. Material which may cause severe emotional disturbance to an inmate is also subject to be censored.

Justice Thurgood Marshall argued, in a concurring opinion, that the court should have gone even farther and forbid prison authorities to read inmate mail "as a matter of course."

"When the prison gates slam behind an inmate, he does not lose his human quality; his mind does not become closed to ideas; his intellect does not cease to feed on a free and open interchange of opinions; his yearning for self-respect does not end, nor is his quest for self-realization concluded," declared Marshall.

"If anything, the needs for identity and self-respect are more compelling in the dehumanizing prison environment," said Marshall.

The Supreme Court will have to decide on whether state prison regulation which limits press access to inmates, this term.

Also struck down by the High Court, was a prison ban on the use by attorneys of law student and other para-legal professionals to conduct interviews with inmate clients.

Powell called this regulation an injustifiable restriction on the rights of inmates to access of the courts.

Many of the state's prisons are geographically remote from urban areas. The lower courts found that this might deter some attorneys from representing prisoners if they could not use law students and other auxiliary help.

Attica Film Shown At CSUS

A coalition of third world students on the campus of California State University, Sacramento, presented the film documentary "Attica" tracing one of the nation's worst prison revolts.

The film produced by Cinda Firestone, was shown twice last week at the University's Little Theater.

The Attica New York state prison was the scene of tragic consequence in 1972, when inmates staged a revolt and took over the facility.

The prisoners held the facility for nearly two-weeks when New York Governor Nelson Rockefeller ordered national guard and state troopers to restore order.

With pepper gas dropped from helicopters, heavily armed national guard troops and state troopers stormed the facility killing 36 inmates and wounding a score.

In addition to the film, Attica former inmate John Hill who is charged with the murder of a prison guard, spoke and narrated his version of the Attica take-over by New York authorities.

Admission was one dollar, with proceeds going to cover Hill's legal defense.

Alioto Links Blacks To 80 Deaths

San Francisco Mayor Joseph Alioto, Democratic candidate for governor, this week reported that police have arrested seven Black suspects for their alleged participation in what has been described by officials and the press, as the "Zebra" killings.

The killings have allegedly been committed by various Black gunmen, beginning last November 25, 1973. All 12 of the victims have been white, and in all cases, they have been shot with a .32 caliber automatic pistol.

San Francisco Chief of Inspectors, Charles Barac, identified the arrested men as J.C. Simon, 29; Larry Green, 22; Dwight Stallings, 28; Thomas Manney, 31; Manuel Moore, 23; Edgar Burton, 22; and Clarence Jamerson, 27. All the suspects are residents of San Francisco.

The first arrests were made by heavily armed officers at five o'clock Wednesday morning on the edge of the predominatly Black neighborhood of San Francisco's western addition (Fillmore).

Officers wearing bulletproof vests and carrying shotguns reportedly broke down one apartment door when its occupants refused their orders to open it.

A witness in the apartment house where the arrest was made, told newsmen, "It was not your usual dope raid. They were wearing bulletproof vests and had shotguns out. When my roommate got up, they told her to get her head out of the window."

The manager of the 10-unit apartment building, said, "there was a hell of a lot of damage." He refused to identify himself.

Mayor Alioto, at a press conference, called immediately following the suspects abduction told newsmen, that the killings were carried out by a Black group, "dedicated to the murder and mutilation of whites and dissident Blacks."

"The police have pierced the veil of a vicious ring of murders called the Death Angels," said Alioto.

Alioto described the groups as " . . . a kind of reverse Ku Klux Klan."

Alioto also charged earlier this week, that the 12 shooting deaths in San Francisco by what he calls the "Death Angels," may be responsible for the unsolved deaths of 80 persons throughout California.

Authorities in Long Beach, San Francisco and Sacramento have disclaimed any collaboration with San Francisco authorities in connection with unsolved murders.

WHAT'S IN SACRAMENTO'S FUTURE?

You tell us

WILL REORGANIZED CITY-COUNTY GOVERNMENT BE A GOOD BUY?

- Can there be a tax savings?
- Will rural and urban tax rates differ?
- How will bonded debt be financed?
- What happens to special taxes now being levied?

HOW DO YOU PHASE-IN THE REORGANIZED GOVERNMENT?

- When will the charter become effective?
- How soon do elected officials take over?
- What should be the timetable for merging services?

PUBLIC HEARINGS

"Fiscal Impact"
7:30 P.M., Tuesday, May 7
SMUD Auditorium
6201 S Street

"Transition"
7:30 P.M., THURSDAY, MAY 9
State Capitol
Room 4202

The Sacramento Charter Commission (formerly known as the Citizens Committee on Local Governmental Reorganization) has scheduled a series of public hearings on important elements of a proposed new governmental charter for Sacramento County, which will be voted on in November. Your views are important. Make them known at the next two hearings which will deal with Fiscal Impact and the Transitional Period.

If you desire to testify or want more information, please contact:
Sacramento Charter Commission, 2125 19th St., Suite 205,
Sacramento, California 95818 at 444-9999

Zebra Roundup Nets 7 Black Suspects

by J. SHAWN ORTIZ
Observer Staff Reporter

For the last week, San Francisco Mayor Joseph Alioto, Democratic candidate for governor, has claimed that 12 "Zebra" slaying of whites by Black gunmen in San Francisco, may be connected to 80 unsolved murders throughout California over the last four years.

This week, San Francisco police, in a well organized operation, systematically rounded up seven Black suspects for their alleged participation in the slaying of 12 perople and the wounding of six others over the last several months.

Alioto told newsmen on Wednesday, that the "Zebra" murders were committed by a group of Blacks, "dedicated to the murder and multilation of whites and dissident Blacks."

Alioto has yet to substantiate any of his allegations, charging what he has described as a Black group similar in nature to the white extremist Ku Klux Klan.

The shotgun slaying of Joseph F. Belmore last week in Sacramento was listed as number 73 according to Mayor Alioto.

Both Sacramento County Sheriff Duane Lowe and Police Chief Kinney, deny any collaboration between their respective departments and San Francisco authorities.

At a press conference this week, California Attorney General Evelle Younger, also denied any knowledge of information which might connect any of the murders or attempted murders alleged by Alioto.

Alioto under continued questioning by newsmen, has not yet committed himself to any of his alleged charges that 80 unsolved homocides are in any way connected with the 12 shooting deaths in San Francisco.

"I can't say that positively at this time. All I am saying to you is there have been 80 murders with similar M.O. (Methos of operation"), responded Alioto to questions raised by newsmen concerning the documentation of his claims.

It is not known where Alioto has reveiced information he is basing his claims on.

Alioto's press aid, Bill O'-Brien, told newsmen this week

NEWS ANALYSIS

that the mayor was referring to a series of murderous assaults committed throughout California over the last few years.

Alioto has said that the 80 similar attacks have taken place in Long Beach, San Francisco and Los Angeles.

Long Beach police officials have denied any prior knowledge to Alioto's claims.

"Mr. Alioto has not contacted this office about any investigation regarding the "Zebra" killings, and his suggestions about the "Zebra" killings being connected to investiations here is the first such suggestion I have heard," said Long Beach chief deputy district attorney Ray Sinetar.

Los Angeles Police Commander Peter Hagen, has gone on record as saying, "To my knowledge this alleged connection has not been brought to our attention prior to this time."

Sacramento Sheriff's spokesmen are saying that they are in close contact with San Francisco authorities, but are not committing themselves to questions concerning any "Zebra" connection with three suspects charged with the shooting death of Belmore last week.

All three suspects charged with the death of Belmore are Black and also members of the Nation of Islam.

This week Alioto attributed the 80 homocides to a group called the "Death Angeles," composed of Black men characterized as neatly dressed and purported to live by a puritanical code of social conduct.

According to Alioto the Death Angels are fanatical believers in Black separatism and they are training young boys, 14 and older, in martial arts.

Alioto also noted that the Death Angeles, who use wings as their insignia, "literally earn their promotions upon presentation of proof of the number and nature of murders committed."

Many Black observers are concluding this week, that Alioto through his allegations, is coming one step short of accusing the Nation of Islan (Black Muslims) for the 80 murders.

Alioto alleges that the headquarters of the Death Angels is in a Midwest city. Either by coincidence or design, Alioto has placed the physical location of the alleged Death Angels headquarters in the same geographical area as the Nation of Islam's national headquarters in Chicago, Illinois.

Asked about possible connections between the Nation of Islam and the Death Angele, Alioto responded, ". . . I don't think the Death Angels is a religious organization even though some of its members may be connected with the Muslim Church."

Pressed further about a possible Muslim-Death Angels connection, Alioto said: "I don't know whether they're all Black Muslims. I know that some of them are."

It is not known whether any of the seven suspects in custody by San Francisco police, are Muslims.

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By the way...



by Joe Black

For many of you, I'd like to take a minute and tell you what Joe Black is all about.

What I'm about is an examination of the problems all Blacks share.

Not the expression of one man's interest. Ego. Or experience.

Rather, the contributions of many people and much common sense.

I am merely the catalyst.

You see, I do not believe we must foster hate and violence to keep moving forward. Although I understand as well as anyone why many think we should.

I've been there, and endured the harassment, ridicule, and rudeness, back when we were integrating the big leagues.

But, I also found myself in a comfortable enough position to wonder what all the shouting, singing, marching, and boycotts were all about. When the Movement began to gain momentum.

Except for supporting memberships in the NAACP and Urban League, I accepted the rewards of the Movement passively. Which wasn't exactly paying one's dues.

Then I met Dr. Martin Luther King. And learned the many ways a Black can aid the cause. And how much greater the Movement is than the individual.

At that time too, my mother died. A lady who spent a lifetime keeping a family together, while finding time to do for others.

That combination of circumstances taught me to extend my hand. To help Black people understand our responsibilities, within our community, during our quest for equality of opportunity.

And to help de-emphasize hate.

That, and simply that, is what Joe Black and By-the-Way, are all about.

Joe Black
Vice President
The Greyhound Corporation

SLY ON MIKE'S



Mike Douglas welcomes rock star Sly Stone for a rare television guest stint on "The Mike Douglas Show" on Friday, May 10, 1974, at 4:00 p.m., on Channel 10. Other guests include cohost, David Steinberg, actress Diahann Carroll and Will Geer of "The Waltons."

Oroville's District Allows A BSU

OROVILLE - Oroville Union High School District became one of the last districts in the state to allow students to form a Black Student's Union (BSU), when district trustees agreed to the formation of a BSU at Las Plumas High School recently.

The school already had an Ethnic Club, which has been comprised mainly of Blacks since it was first started. The Ethnic Club is a service organization.

Mrs. Brenda Harris, a teacher's aide at Las Plumas, and co-sponsor of the Ethnic Club, said the same constitution used by the Ethnic Club would be used for the BSU.

She further stated that everything would remain the same, including the operation and goals. The only change would be a name change.

Many Blacks during previous board meetings, maintained that the Ethnic Club technically already was a BSU. They contended that the board members and Dr. Daniel DuFrane, principal of Las Plumas High, were against the name change because the word "Black" would be used.

The addition of the word "Black" to the club's name, would have a separation effect rather than one of integration, insisted board member Darrel Kister. Other board members expressed similar opinions.

Board members questioned whether the name change would cause a loss of membership, but Mrs. Harris said that the club's student membership had voted unanimously to request the name change.

The majority of the Ethnic Club's membership is Black. However, there are three Chicanos and two white students in it, said Mrs. Harris.

Mrs. Harris also said that some students visited area high schools to gather information and opinions about Black Student Unions, and all their findings were favorable.

Nixon Transcript Provides Answers

WASHINGTON -- The central question of impeachment remains: did President Nixon one year ago yield to a blackmailer and throw the power of his office behind an obstruction of justice?

For the 38 members of the House Judiciary Committee, 1308 pages of Watergate transcripts provided whatever answer they wished to find.

Those who believe the President guilty can turn to page 236 where he tells his counsel, John Dean, on March 21, 1973, that he "damn well better" pay Watergate conspirator E. Howard Hunt the $120,000 he is demanding.

Those who think the President innocent may find support on page 248, where the President on the same day says of Hunt's blackmail demands, "We can't for four years have this thing eating away. We can't do it."

For those who believe Nixon tried to keep Hunt quiet by offering him executive clemency after a few months in jail, there is a discussion on April 14, in which Nixon acknowledges he had passed the word that "consideration" would be given to Hunt's request because of his wife's death in a plane crash.

But for those who think the President would never offer clemency to buy silence, there are the emphatic words to Dean on March 21, "It would be wrong, that's for sure."

For all but two members of the judiciary committee -- Chairman Peter Rodino and Rep. Edward Hutchinson, the ranking Republican -- the transcripts were the first inside information on the scandal they have seen.

Members pored over the transcripts while trying to keep their aides from shirking their duties to eyeball the President's secrets.

On the central question, it is doubtful many minds will be changed despite the sensational language in the March 21 transcript, in which the President at several points seems to lean toward payment of Hunt's blackmail.

Black Juror In Stans, Mitchell Trial

NEW YORK -- Two jurors, one of them Black, in the trial of John N. Mitchell and Maurice H. Stans, returned to work after being away for 2 - 1/2 months and were told they had lost their jobs.

An aide to Federal Judge Lee P. Gagliardi, who presided at the trial, said the judge "was concerned and was looking into the matter."

One of the jurors, Theresa Cavanna, an insurance clerk with Maryland Casualty for 13 years, was told the news when she returned to her desk at the firm's offices at 59 John St., in lower Manhattan Monday.

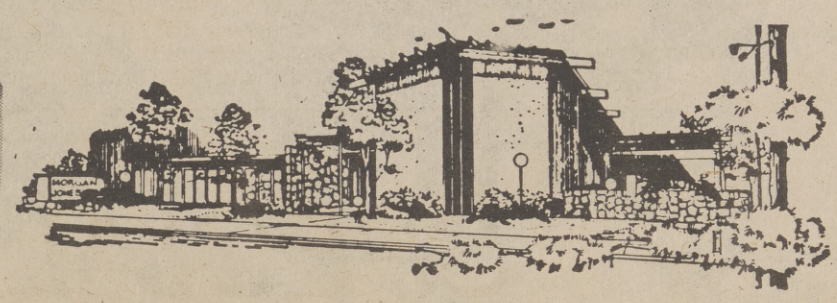
Rolando Detouche, 33, a black and a native of Panama, said he learned he was out of work effective May 10 when he called in early Monday to see if he could have a couple of weeks off from his job with the city's Transportation Administration to take his wife and three children on vacation.

Court officials, informed of the jurors plight, said that the employers could be held in contempt of court and liable for civil action.

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The most important thing is to keep the book near your phone. And use it, whenever you can.

Make a list of the numbers you use most often, or that you may need in a hurry. If you're not sure about how to look up certain types of numbers, here are a few suggestions:

Use the INDEX.

The Index at the front of the book tells you where to find things.

For EMERGENCY NUMBERS:

You'll find them on the inside of the front cover.

For GOVERNMENT LISTINGS:

Yellow Pages—See GOVERNMENT OFFICES.

White Pages—as follows: State offices—See California state of
City offices—See (name of city) City of
County offices—See (name of county) County of
Federal offices—See United States Government

For LETTERS USED AS NAMES:

Find the beginning of the listings of that letter. Example: R. L. Institute—See beginning of the R's. It will be listed alphabetically.

For NUMBERS USED AS NAMES:

Find the number as it is spelled. Example: 299 Corner Cafe—See Two Nine Nine Corner Cafe.



IF YOU CARE ABOUT COST, USE THE BOOK.

The Sacramento Observer

SECTION B

OBSERVATIONS

MAY 2 - 8, 1974

The Black Prisoner And The Criminal Justice System

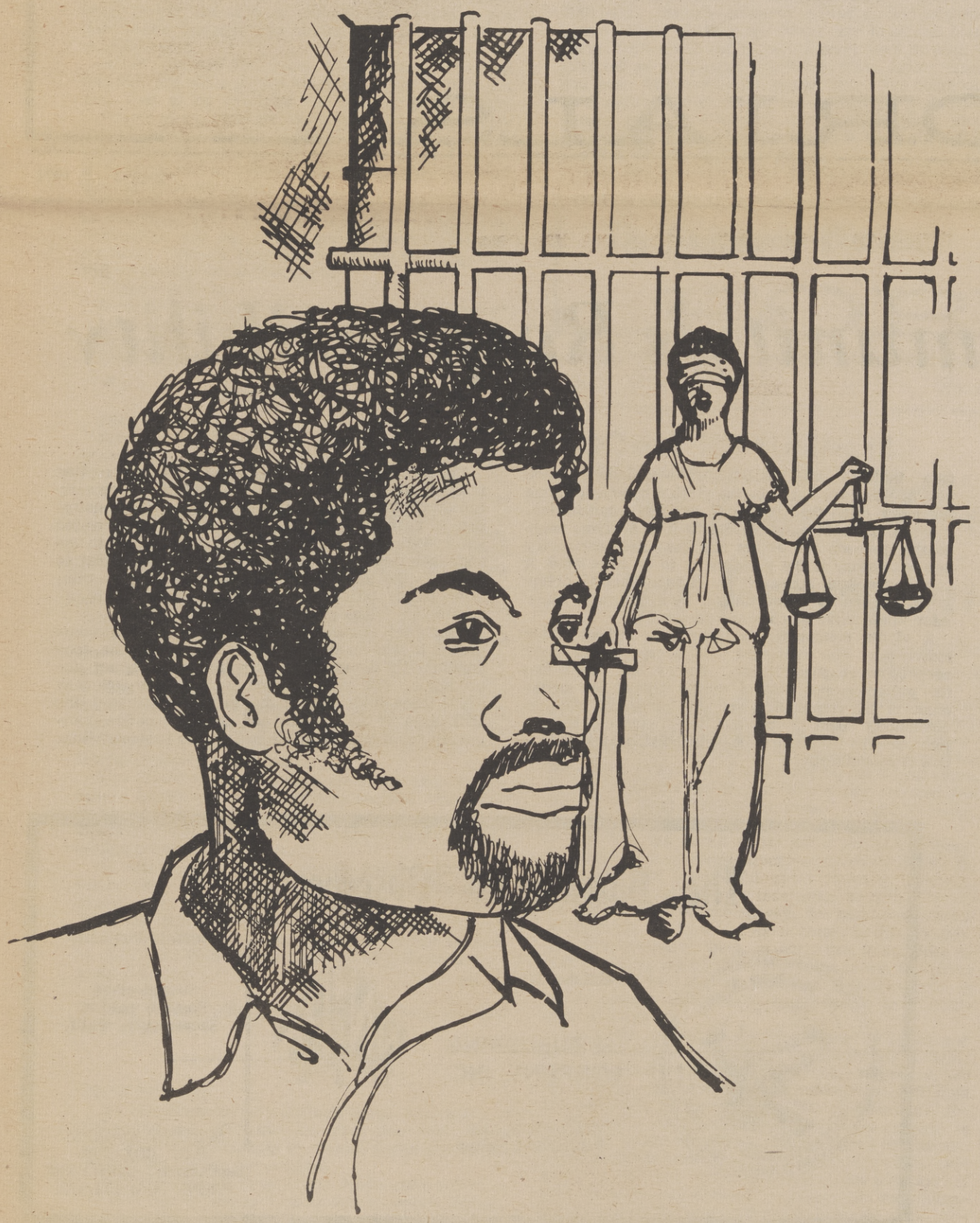
Perhaps the most frequent criticism one hears Black people level at the totality of the criminal justice system, relates to the blatant inequities between the treatment of Black and white offenders.

Casting aside the likes of pseudo-justification such as the proclivity of Blacks to engage in criminal behavior, one can find adequate statistics to support the incarcerates Blacks at a rate so disproportionately high as to suggest a designed policy of acquiring direct physical control over Blacks whenever possible.

Keeping this in mind, it is appropriate to take a look at a few statistics that relate to non-whites (Blacks in most cases because there is a separate category that identifies Spanish speaking individuals in much of the data) and whites in their respective roles as institutionalized offenders.

32% OF INMATES BLACK

- during 1970, the State of New York committed 2,561 non-white and 879 white felons to its State penal institutions.
- of approximately 24,000 inmates in California State penal institutions, 32 per cent are Black despite the fact that Blacks account for only about 8 per cent of the state's population.



AT THE TIME OF THE ATTICA UPRISING THE POPULATION WAS 54 .2

- at the time of the Attica Prison revolt in 1971, the prison population was 54.2 per cent Black, and 8.7 per cent Puerto Rican.
- according to the 1970 U.S. Census relating to "Persons in Institutions and other Group Quarters," there were 14,675 whites, 6,071 Blacks and 1,758 persons of Spanish origin in Federal Prisons that year.
- according to the same report, whites, Blacks and persons of Spanish origin in state prisons in 1970 numbered 99,933, 74,671 and 11,838 respectively.

FROM U.S. CENSUS

Of course, the figures from the Census Bureau are subject to challenge as even that agency makes no claim as to their accuracy; however, the figures cited respecting the States of New York and California are assumed to be correct, having been supplied by the appropriate departments from those states.

NOT UNIQUE

The shocking thing about all of this is the fact that these figures are by no means unique. Similar percentages exist all across the country regarding those states that have a Black population that is somewhat greater than negligible.

Thus the simple fact of the matter is that Blacks are disproportionately over-represented in the national prison population.

The results of this overly representative population are probably best examined and explained by qualified psychiatrists, psychologists, sociologists and criminologists, but one need not possess any of those credentials to discern that a high Black inmate population and few Black guards (correctional officers) depicts a situation that is somewhat analogous to the plantation system of the antebellum South.

ATTICA'S CLARITY

The Attica uprising brought the prevailing situation into crystal clarity for though that institution had a correctional officer staff of roughly 400 not one was Black, and there was only one who was Puerto Rican.

Further, there are additional problems encountered by Black prisoners and not all of them can be discussed within the confines of this article. Nor is it to be inferred that the treatment of Blacks in prisons is significantly different from that they receive pursuant to arrest and trial. Incidents in Philadelphia -- where Black Panthers were forced at gunpoint to strip to the nude and submit to police searches on a public street following a confrontation -- and San Francisco -- the so-called "Zebra" searches -- would seem to support charges that racism abounds throughout the criminal justice system.

NUMBER OF BLACKS

Another existing situation deserving of attention in spite of space constraints is the disproportionate numbers of Black and other minority prisoners who comprise the population of those housed in solitary confinement. Certainly one should not accept at face value claims that only the most violent inmates or those in need of protection occupy such quarters.

Finally, one must look at the plight of many Black prisoners as being a mere extension of the difficulties Blacks encounter in the society at large. After all, can one really expect the correctional officer who has racist inclinations to sublimate those attitudes simply because he is charged with certain custodial responsibilities? For if anything he may well be prone to exhibit those same tendencies during periods of stress or whenever he can justify his anti-Black behavior as being necessary (after quelling the Attica rebellion many of the correctional officers staged a rally and shouted "White Power!")

Moreover, it would seem that given the negative experiences of many Black people regarding racism, it would be absurd to believe that the Black prisoner is always at fault, especially when being Black has at times been construed as manifestly criminal behavior.

THE LAST YEAR OF MALCOLM X

The story of Malcolm X, the former pimp and hustler who became a great race leader and nationalist, is well-known to most Black people.

All too often overlooked, however, is a highly significant leap which took place during the very last year of that life, a leap which confirmed his place in history as a truly revolutionary figure.

During the Spring and late Summer of 1964, Malcolm X traveled to Africa, and those visits had a profound effect upon his thinking. They caused him to define his already penetrating Black nationalist philosophy more clearly in terms of Pan-Africanism.

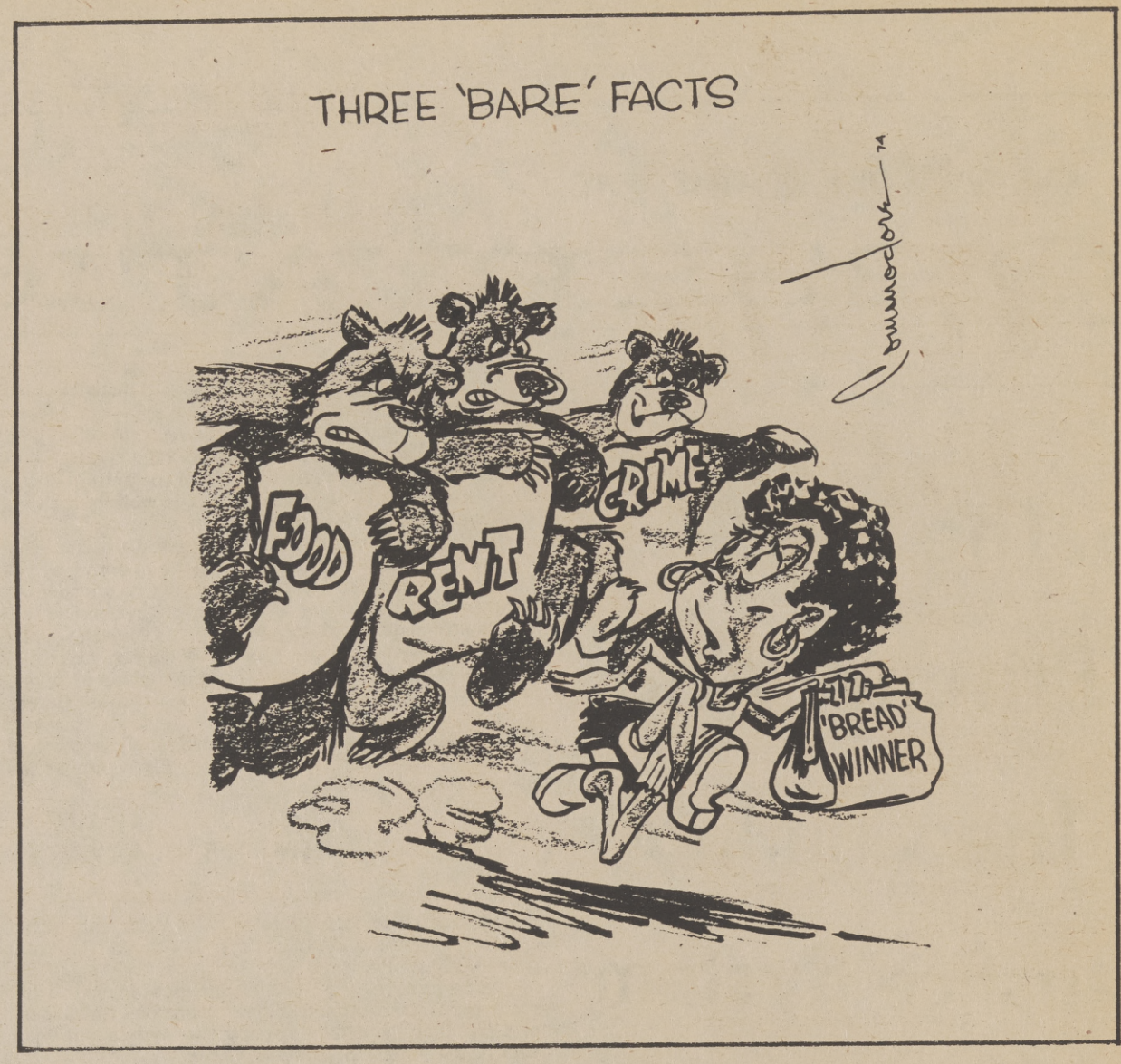
He saw a new image of emerging Africa, as the African nations gained political independence and came under the leadership of strong Black heads of state. Malcolm X looked with pride to the accomplishments of Egypt under President Gamel Abdul Nasser. In West Africa, Ghana, under the guidance of Osagyefo Dr. Kwame Nkrumah, was viewed by Malcolm as the "Fountainhead of Pan-Africanism."

Malcolm X visited 14 different states in Africa, and the warm reception he received in them revealed to him that Africans were truly concerned with the plight of their brothers and sisters throughout the world.

He came to see Africa as a base of power and saw in the concept of Pan-Africanism a force through which to link the destiny of African people all over the world.

He organized his Organization of Afro-American

(Continued on Page B-4)



The Sacramento Observer

EDITORIALS

Crime: Community's Responsibility

One cannot listen to, watch or read the news without becoming painfully aware of the prevalence of crime in the national Black community - rapes, murders, muggings, purse snatchings, burglaries in broad daylight and aggravated assaults arousing the greatest indignation.

Yet, while the problems of Black crime receive immeasurable attention in barber shop conversation, at card parties and during neighbor-to-neighbor gossip, few Black communities take an active and unified approach in addressing the problems of rampant crime.

As ridiculous as it may seem, in not a few cases the Black community colludes with and supports the criminal, in a covert sense in most cases, but not infrequently in the form of outright assistance and protection. An example of the former, is the perpetuation of folklore regarding the "baddest" dude on the block. An example of the latter is the possession of knowledge respecting criminal activity - drug pushers, for example - yet refusing to divulge that information, even anonymously, to the proper authorities.

Certainly there is the immediate retort about not desiring to get involved, or to be a stool pidgeon or not wanting to turn in a brother. Anyone pushing drugs to school children is not a "brother."

And while it would be most undesirable to have a community of full-time police informers - that's a little too big brotherish - there are instances in which it is mandatory that the community assume its proper role in self-control.

Control of crime is a most rudimentary form of community control, and is perhaps the one activity in which everyone can play a role. It is ridiculous to speak of the problems of crime as being strictly a police problem if the community is not going to exercise its ability to cooperate with those parties with constituted law enforcement authority.

Moreover, refraining from facing the problems of Black crime head-on is nothing less than an extended version of community suicide, as well as increasing the probability for personal economic losses and injuries at some time in the future. After all, available data indicate that residents of lower-income Black communities are apt to be the victims of violent crime far more often than residents of other communities.

Thus, it would seem that in the final analysis community concern and action are absolutely necessary and mandatory if the problem is to be alleviated. It is a horrendous approach to sit by and accept crime as "just one of those things," only to voice anger later when crime touches one personally.

A viable community is impossible without viable individuals who recognize and accept all of their respective responsibilities. History has shown that the police cannot control crime without the assistance of the community, and this being the case, no community ought to feel that the presence of the police relieves its citizens of their individual and collective responsibilities.

The attitude of "let the police do it," is not one that is likely to be very productive. In fact, the community can only maximize its tax dollars through the assumption of responsibility and cooperation with dedicated and conscientious police authority. The failure to accept such responsibility is even more costly in that so long as the Black community has a high crime rate, some police officers are going to feel at ease in harassing any Black citizen.

Therefore, it seems incumbent upon the Black community to take an affirmative stand against crime, concommitantly demanding that police authority act accordingly. The results from such an approach may prove three-fold: less crime, greater efficiency in the utilization of tax dollars and enhanced police-community relations. But it all begins with responsibility.

The Sacramento Observer

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Letters To The Editor

Dear Editor:
The more I read the OBSERVER, the more I enjoy it. You are truly one of the nation's outstanding newspapers.
Your recent edition with the Hypertension special in it provided the most complete information for Blacks I have ever seen on the disease.
All I say is RIGHT ON!
Linda Johnson

Dear Editor:
Your recent special "Hypertension" supplement is something I have long been interested in.
Thank you for the information on an important subject. It was beautifully done!
Yours truly,
Robert Banks

Dear Editor:
Always I am incensed by the police oppression of black people and wish to express my empathy in regard to this latest police invasion of a church in a black neighborhood.
Below you will find some words which I have put together and some poetry which I came upon which you may find to be inspiring as well as enlightening.
"Some of us, white and black, know how great a price has already been paid to bring into existence a new consciousness, a new people, an unprecedented nation. If we know, and do nothing, we are worse than the murders hired in our name.
"If we know, then we must fight for your life as though it were our own - which it is - and render impassible with our bodies the corridor to the gas chamber. For, if they take you in the morning, they will be coming for us that night."
-James Baldwin
from "An Open Letter to My Sister, Angela Y. Davis"
Many blessings.
Sincerely,
Dave Johnson

Dear Editor:
May is Mental Health Month. Mental health programs on both the community and the state levels have been examined in the press with some frequency. However, Mental Health Month is a special time each year for making the public more aware of the problems of the mentally ill and what is being done to help them.
Rather than send you a general news release on mental health in California, we are including with this letter a few facts on mental health and the names of people you may wish to contact for information on both state and local programs in your own area.
The state hospitals listed are the ones that treat the mentally ill; some also care for the developmentally disabled (mentally retarded and others) but this portion of the hospital population is not part of Mental Health Month. The name given with each hospital is that of the Assistant to the Medical Director. (The exception is Patton where you should contact the community liaison representative.)
Also listed are the names of six of our area supervisors in the community services section. This section is concerned with board and care homes and other community facilities. The six listed cover major population centers in the state.
We will be pleased to provide information and arrange interviews, or to assist in making arrangements for reporters to visit any of our facilities.
Any of the people listed above may be called, or you can contact either Don Dooley or Esther Seaman at (916) 322-2060 at the Department's headquarters in Sacramento.
Sincerely,
Vince Vandre, Chief, Information Services, Department of Health

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DEAR EDITOR:
We are living in very difficult times. The people of California, now more than any other time in history of man, have an opportunity to restore Constitutional accountability in our Government.
Your support of Proposition 9 will make voters aware of the necessity to pass this important legislation and make government accountable to all of our people.
SAM J. MITCHELL - Member -
Common Cause - Speaker Bureau.

HAWKINS REPORT

Rise In Juvenile Gang Violence

by AUGUSTUS HAWKINS
California's First Black Congressman

Not too long ago, in a major urban city in this country, a juvenile gang senselessly murdered a school janitor. Apparently dissatisfied over the speed with which their victim died, some members of the gang spent some two hours further mutilating the dead victim's body.



Appalling as this incident sounds, it is part of a pattern of increasing juvenile crime, which seems to be spreading nationally in unprecedented violence and meaninglessness.
The time seems long past when youth gangs fought only with fists and clubs. Today, youth bent on committing crime are mobile and armed. They are seemingly unafraid of courts, juvenile camps, jails, being labeled as criminals, horrified parents, anyone in authority, or the attendant consequences of being found guilty of perpetrating a punishable crime.
They have so intimated the general public that private citizens clear the streets quickly after sundown, and bolt themselves in their homes (where oftentimes they are only relatively safe).
No community or economic group seems immune to the factors which are turning large numbers of our youth into hardened criminals before they reach their 18th year. Juvenile crime is up in urban and suburban communities; youth gangs which use to attract teenagers between 14 and 18, now attract the 8 through 10 year old as well; gangs are Black, white, Asian, ethnic and even democratically mixed; there are neighborhood gangs, street gangs, hot-rod gangs, and school gangs; gangs are meaner, more intimidating, more vicious; they travel in packs, roaming aimlessly, seeking almost any human target.
Why has juvenile crime increased, and who is to blame? There are as many answers to this question, as there are persons or groups who believe they have the ultimate solution to the problem.
An essential answer, however, in part stemming from a series of hearings recently conducted by the House Subcommittee on Equal Opportunities, which I chair, must include new, creative, yet aggressive approaches by the total community in meeting this tragic situation head-on.
Some highly articulate experts, with long years of experience in the juvenile justice system, are calling for dramatic revisions and changes in that system. Their view is that current Juvenile Court Law is still operating under the "outdated" theory that established its jurisdiction over delinquent juveniles: protection for the offender (even though many of these offenders are committing criminal offenses).
They strengthen their argument by citing an urgent need to keep minor juvenile cases (runaways, truants, incorrigibles) out of court, and thereby making better, more effective use of manpower.
They also cite innovative approaches in resolving juvenile problems through the use of youth service bureaus - which are prevention-oriented, and which operate minus police guns, badges, and uniforms.
The testimony of the hearings also gave voice to the idea of providing greater and more adequate resources to local communities to combat juvenile crime, and to provide, at the Federal level, legislative mechanisms for the creation of a comprehensive approach to prevention and treatment of juvenile delinquency.
I believe that the Juvenile Justice and Delinquency Prevention Act, co-sponsored by Congressman Carl D. Perkins and me, has some of the answers needed by local communities to combat the menace of juvenile crime. The Act emphasizes a nationwide coordinated approach to the development of preventive services, and the formation of community-based treatment programs for children in trouble.
Next week, I will discuss this bill in more detail, and describe the significance of its potential implementation.

DOWN TO BUSINESS

Support The Black Press... Our Freedom Depends On It

by BERKELEY G. BURRELL
President, National Business League

In early January, I made the Black publishers and the public a promise - to commit the resources that are the National Business League's, our constituencies, and mine collectively in a campaign recognizing the Black Press. We would carry on our countertops, in our windows, and in our offices one message and that is - "Support the Black Press . . . Our Freedom Depends On It."
That was not meant to be just a catchy statement. Its purpose is to sound an alarm that would ignite the renaissance of a powerful Black Press in America.
Though the task may be mammoth, the time is NOW! As our guardian of free speech, the Black Press holds on its pages the future of Black people in this country. The responsibility, then, is our alone to convince an entire nation, once and forever, that indeed the Black Press must be taken seriously as a major factor in public opinion about Black America and as an influence of its people.
I see this campaign as a joint venture of public and press. In addition to its role of fighting for equal rights and protecting our freedom of speech, enterprise, and opportunity - the press seeks to operate as an efficient and profitable business. At this point the burden of the publication's responsibility becomes even greater, in terms of business success and the broad educational needs of Black America. To the publishers I have said that " . . . a more exacting and profound portrayal of your inherent and historic responsibility and obligation to satisfy the vital needs of Black people shall provide the basis for the power to obtain the advertising you now seek.
No promotion, however, well conceived, will produce for you the subscribers and the subsequent influence of their attitudes, and to satisfy the informational starvation of Black people with an abundance of food-stuffs from carefully researched facts in a creatively appealing package."
We must bring the American public to the newsstands to read Black publications. We must bring the advertisers, be they Black or white, to the desks of their sales representatives. And we must place Black news and opinion, as reported by our Black papers, in every medium of mass communication and on the lips of every leader in this country. We must . . . and we can.
Earlier I said this campaign should be a joint venture. You and I know that none of this can be done without the participation of every sector of this society. Together we can make it happen, if for no other reason than our freedom depends on it.
You ask who needs the Black Press?
For a start. Black people. White people are always asking about the future of the Black Press in an integrated society. But, if we were to get rid of white racism, we would conclude the fact that the Black Press has just as much right to exist as the white press. "THEY" have been the ones discriminating, not our papers.
Picture now the national predicament in the contemporary scene. Vicious arguments and violence broke out at congested gas stations and between hungry and shivering tenants and landlords around the country because of the "energy crisis."
Thousands of workers continue to lose their jobs daily and unemployment projections for the coming months

(Continued on Page B-4)

BLACK STUDIES



At Sacramento High School non-black students are taking good advantage of the Black Studies courses offered. It is believed by the instructor Blaine Barney that still not enough or the right students are being reached. The right students being those who know very little if anything about Black America. He feels that these types of students would benefit from his program.

Sacramento High School like many other schools, in the Sacramento School District, adopted ethnic studies only after the students demanded it both physically and verbally. The Black studies department at Sac High is divided into four different categories.

Introduction to Black Studies entales the study of Black people from Africa to Reconstruction. This particular course is very beneficial to the student who feels that Blacks have no point of origin other than the United States. This view was taught to Black students years ago and is still being taught in many elementary schools today.

It is important for young Blacks to know where their ancestors originated from just as it is for white youths to know that many of them originated from England. It instills pride at an early age of a country or continent.

The second course taught under Black Studies is Black Experience. This class examines Blacks from the point of Reconstruction to today. Explored are the historical, sociological, and economical events which occurred during this period.

It might be interesting to note that it was not until the Black students voice their views loud and clear about Black studies that any effort was taken to secure that Black instructors were hired to teach Black courses, the same situation is true for Chicano and Asian studies as well.

Sacramento High School

THE CHANGE AGENT

MAURICE O'RAY, Student — ADOLPHUS McGEE, Principal

Blaine Barney, who is the head of the social studies department had this to say about the significance of Black studies to the students at Sacramento High School: "I think Black studies would be more relevant if it was taught as part of regular history not separate."

This point is an important one in that many Blacks - young and old - feel that by the act of separating Black history from American history for example, is a non-verbal statement to the effect that Blacks had nothing to do with the shaping of the country.

There has been controversy over the issue of political awareness and who is more educationally socially and politically aware on the average, male or female Blaine had this to say: "As far as the ratio in my classes, in Black history female students comprise 65 per cent of the class. Political awareness is virtually non-existent at Sac as well as the majority of other High School campuses."

Barney attributes this lack of political awareness on the secondary educational level partially to today's movies, which many in the Black community feel to be more damaging than the old stereotypes of 'Stepin' Fetchet,' and to social attitudes.

Dennise Stribling, who is a senior at Sacramento High School and one of the top Black students in the Black Literature course is still another class under Black studies, had strong feelings towards his class and his classmates: "I feel that Black Literature should be taken up in American Literature because most Black writers and poets studied are Americans - is this cannot be accomplished then we should re-name it and call White American Literature."

When asked what he would like to see change High schools, Dennise stated bluntly: "I would like to see young Blacks explore Black Literature and History - more than they are - because our political and educational awareness level is tragically low."

Sacramento High School through Black studies, again proving to the public, that the students come first by providing a relevant, interesting, and culturally stimulating curriculum.

SUPPORT THE BLACK PRESS...

(Continued from Page B-2)

defy prediction. One of the major auto manufacturers alone laid off 40,000 employees.

Small businesses, including the independent gas stations, which provide negligible competition to the giant companies, are being severely squeezed or put out of business.

And not the least of all of these, we are forced to note with great dismay the increasing evidence of the apparent trend to eliminate or weaken the federal, state and local programs designed to aid the poor and the Black minorities in this country.

The National Business League is working on the one hand to effect total community economic development. The Black Press is needed as the trusted vehicle to interpret and translate, on the other hand, the complexities of the circumstances surrounding us.

In opening, I referred to the NBL's pledge to embark on a national campaign for purchase, advertising, and readership support to this country's 200-plus Black newspapers and magazines. These comments mark the initial kick-off of that effort where Black business extends its hand to further unite our people in their revolution for freedom.

When we speak of the power of the press in America we are undoubtedly referring to that power which the white press has enjoyed. It is our responsibility to change that.

To the world, let us restate a promise paraphrased from the first edition in 1827 of America's first Black paper, FREEDOM'S JOURNAL. "We believe that a paper devoted to the dissemination of useful knowledge among our brothers and to their moral and religious improvement, must meet with the cordial approbation of every friend to humanity. We wish to plead our own cause. Too long have others spoken for us. Too long has the public been deceived by misrepresentation, in things which concern us dearly . . . While there are those in this society who exercise toward us benevolent feelings; unfortunately there are others who make it their business to enlarge upon the least trifle which tends to discredit any person of colour.

Like people entering upon a new and unfried line of business . . . we go boldly before an enlightened public." It is time we all get "down to business."

Last Year Of Malcolm...

(Continued from Page B-2)

Unity (OAAU) in the spirit of the Organization of African Unity. And while it did not advocate physically transporting Blacks in America back to Africa, the OAAU did believe in the need for us to develop philosophical and cultural unity with other African people in other parts of the world.

Malcolm X possessed enough insight to realize that the continent of Africa, though virtually free politically, was far from free of European colonialism and imperialism. He consistently warned the African states not to fall victim to what he called "American dollarism" - neo-colonialism, or recolonization in benevolent disguise.

The bulwark of world racism and capitalism, Malcolm explained, was in fact America. He characterized its capitalistic system as a "vulture" sucking the life-blood of the weak and helpless for its own selfish gains.

Malcom X fully supported the world socialist bloc and the revolutionary struggles of Asia, Africa and Latin America, yet he realized the uniqueness of the American situation, never underestimating the issue of racism as a formidable obstacle to the unity of Blacks with the working class.

There could perhaps be worker solidarity, said Malcolm often during the last year of his life, but only after Black unity was developed first.

Making it much plainer in one of his many wise parables, he once said, "There cannot be Black-white solidarity until there is first some Black solidarity. You cannot unite bananas with scattered leaves."

Today, nine years later, his untimely assassination on February 21, 1935, and during the month of his birthday, the insight and wisdom of Malcolm X still holds valid assessments for the future of all our people.

LETTER TO EDITOR...

(Continued from Page B-3)

Dear Editor:

For the second time the Central Labor Council joins with the Metropolitan Chamber of Commerce to sponsor the annual "Mayor's Prayer Breakfast." We, your Committee are honored to invite you and your spouse to this significant event, when representatives of city and county lead the community in affirming our faith in the Lord and in seeking his forgiveness, guidance and strength for these critical days.

The speaker this year, businessman Albert D. Pobiak, comes to us from Washington, D.C., where he shares in the Prayer Breakfasts there with such leaders as Senator Harold Hughes.

The Breakfast is planned for Tuesday, May 7th, 7:15 a.m., at the Senator Hotel. The cost per plate will be $5.00. Please make out your check to the Mayor's Prayer Breakfast and mail it to:

Mayor's Prayer Breakfast,
Metropolitan Chamber of Commerce
Post Office Box 1017
Sacramento, California 95805

For information on late reservations we suggest you telephone 443-3771.

Sincerely,

Thomas P. Kenny, Executive Secretary, Sacramento Central Labor Council, AFL-CIO

Herbert S. Rodebaugh, President, Sacramento Metropolitan Chamber of Commerce

Baptists To Meet

The 14th annual session of the Progressive Missionary Baptist Sunday School and the Baptist Training Union Congress of Northern California, will convene this Sunday, May 7, at the Temple Missionary Baptist Church.

The theme of the Congress will be "The Teaching Ministry of the Church."

Those scheduled to participate in the session, which will run from May 7 thru 10, include the Reverend J. E. Pettaway, Pastor of Christ Temple Missionary Baptist Church; Rev. George Reed, president; Rev. H. L. Leonard, vice president; Rev. C. B. Holmes, dean; Sister Dozie Williams, secretary; Sister L. Owens, asst. secretary; Sister M. L. Leonard, directress of music and Brother Joe Moore, treasurer.

The meeting will be proceeded by a pre-congress musical and welcome program, on May 7 at 7:00 p.m.

'Living Doll' Contest

The Deaconess Society of the Capital City Seventh-Day Adventist Church, 2828 - 33rd St., Sacramento is sponsoring a "Living Doll" Contest Sunday May 19, 1974.

The contest will be held at 3 p.m. at the YWCA, 1122 - 17th St.

The contestants, who will compete for "living doll" range in ages from cradle to four years old.

The program will be presented by the youth of the church and will consist of Recitations and special musical numbers.

The contestants raising the most amount of money will be deemed winners.

The first prize will be $20.00; second $15.00; third $10.00; and fourth $5.00.

Tickets are selling for 50¢ each. Proceeds will go to the Church Building Fund.

MOTHERS DAY SERVICES

The congregation of The Church Of The Living God invites all interested parties to attend special services to be held at their church next Sunday, in honor of Mothers Day.

The theme of next Sunday's services, is "A Special Treat on Mothers Day."

Special guests are The Starlight Gospel Singers, who will be featured at the Odd Fellows Hall, 34th and Broadway.

The Starlight Gospel Singers will preform selections for "The Old Ship Of Zion."

Pastor Elder D. Dorn, urges all faiths to attend and hear the excellent voices of The Starlight Gospel Singers.

HOPE AND CHRISTIAN CHURCH

by REV. B. LELAND NASH
Observer Religious Editor

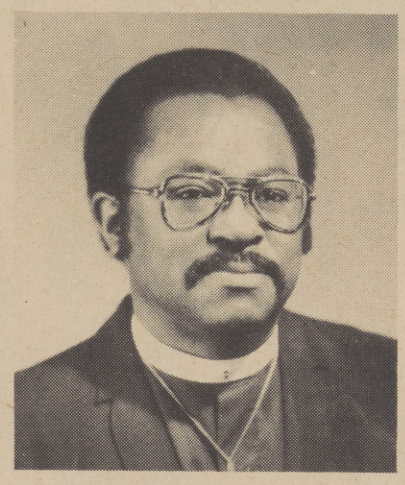
One must always remember that the most tragec events of human history have presented the Christian Church its greatest opportunity.

The Christian Church must free itself from every impediment which prevents it from being in the real sense, an extension of the life of the Christ. The Christian faith as revealed in Jesus Christ must free itself from the religions of America and address itself by word and event to those aspects of American life which destroy human personalities and poison the life stream of America with racist ideologies.

The Church must attack the evils in what we refer to as the "power structure" of our society that creates abnormal levels of existence for a major portion of the Black and poor people in America. The events of the past year, known as the "watergate," announced to the world last Sunday that crime pays for those who have the right contacts and/or the right amount of money.

It was said by one of the news casters that "Justice is still alive." Perhaps, misunderstood him, but if the outcome of John Mitchell and Maurice Stans trials are examples of Justice in America. . .God help those who do not meet such a criterion.

The Church must continue to be the agent of social change so as to enable the agent of the Black and poor people of America to share the mystical



NASH

melting pot fortunes. The political, economic and social power of this our nation. In so far as the Christian Methodist Episcopal Church is concerned, the present and political moral crises presents it with a tremendous challenge and opportunity.

The Christian Church must make its members conscious that we must make a new conscious politics armed with a knowledge that this nation may not reform itself in spite of the facts that all of its systems threatened to go out.

The Church reminds our people that the decline and fall of White America will not solve our problems for we, too, share this national living space. Because America belongs to us also. The Blacks, who have been the underside, so to speak of this nation and who have shaped it in many ways beyond our consciousness must return to the source of our struggle.

The whole world watched and waits for us as our national politics stand by disgraced and in default. We, therefore, must build a new politic with a new social vision, the social vision enuciated by Jesus Christ which is bedrock for the politics of true revolution.

The future task of the Church is to build a new life through our Lord Jesus Christ.

LIVE IN HARMONY WITH RELATIVES

Truly harmonious living begins with a realization that God, divine Love, governs all.

Broadcast this Sunday over many statuons including:

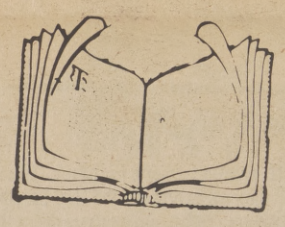
KGO 810 8:30 a.m.

KFBK 1530 KC 9:15 A.M.

the TRUTH that HEALS
A Christian Science radio series

The Sacramento Observer

CHURCH DIRECTORY



GREATER LIGHT BAPTIST CHURCH
3909 36th Street



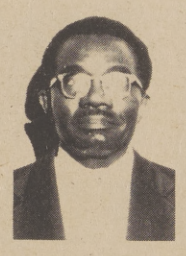
REV. EUGENE JACKSON
(Church Phone 451-8263)

MT. CALVARY BAPTIST CHURCH
3407 Alton Ave.
Sacto.



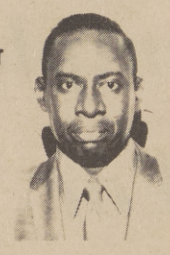
REV. SIM WALTON
(Pastor)

MORNING STAR BAPTIST CHURCH
7915 39th Ave



REV. C. B. HOLMES, D. D.

GREATER LIGHT BAPTIST CHURCH
3909 36th Street
Sacramento



REV. ANDREW L. JONES
(Associate Minister) 422-0105
Residence: 2151 Ferran Avenue
Church Phone 451-8263

FIRST BAPTIST TABERNAGLE CHURCH
1800 Burnett Way.



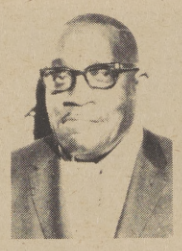
REV. TILLMAN WADE
PASTOR
Church Telephone No. 447-9802

ST. JOHN BAPTIST CHURCH
2130 4th Street,
Sacto, Ca. 95818



REV. WILLIAM E. HIGHTS
Pastor's Study 446-3583
Home 391-5205

OROVILLE BAPTIST CHURCH
Florence St.,
Oroville Ca.



REV. C. P. SWANSON
Asst. Minster

MT. PILGRIM BAPTIST CHURCH
4808 Sacto., Blvd.



REV. ROOSEVELT BROWN
(Pastor)

ST. LUKE BAPTIST CHURCH
7625 24th Street
Sacramento,



REV. MACK T. JOHNSON,

CHRIST TEMPLE MISSIONARY BAPTIST CHURCH
3030 26th Ave.



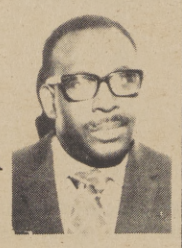
DR. J. E. PETTAWAY
Church, GL 6-3559
Res. GL 7-0456

PARADISE MISSIONARY BAPTIST CHURCH
3651 27th Ave.
REV. ELBERT L. THAMES



SUNDAY SCHOOL.....9:30
MORNING WORSHIP.....11:00A.M.
B.T.U.....6:00P.M.
EVENING WORSHIP.....7:00P.M.
MID-WEEK SERVICE (WED)...7:00P.M.
Office 452-1974

MT. ZION BAPTIST CHURCH
1075 Roanoke St



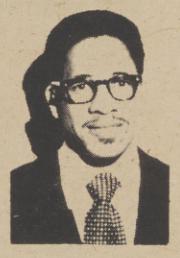
REV. HERMAN WILSON
(Pastor)

NEW HOME BAPTIST CHURCH
6612 Woodbine Ave.



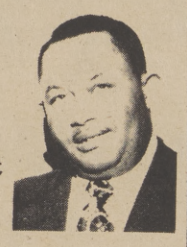
REV. MOSES GIPSON
Church Phone 422-2138

TRINITY BAPTIST CHURCH
3601 12th Ave.,
Sacto.



REV. SYLVESTER HOWARD
Church 457-6625
Residence 362-2645

ST. LUKE BAPTIST CHURCH
7625 24th Street



REV. CLAUDE WILLIAMSON
Res. 2188 63rd Avenue, Sacto.
Phone 421-5325 Ca. 95822

UNITY FELLOWSHIP MISSIONARY BAPTIST CHURCH
2741 34th Street
Odd Fellows Hall Building



REV. C. R. LEE,



After the successful banquet members of Kyles Temple A.M.E. Zion Church Conference Workers posed for this photograph. They are, left to right, Mrs. Willie M. Jackson, Mrs. Hattie Thomas, Mrs. Deloise Lewis, Mrs. Edna Taylor, treasurer; Mrs. Betty Suber president; Rev. Robert L. Graham, Mrs. Annie Woodyard, secretary; Mrs. Naomi Dotbson, Mrs. Arzee Alexander, Mrs. Esther Horton, and Mrs. Velma Knox. Not shown are Mrs. Carolyn Lymas and Mrs. Betty Moore. The banquet attracted approximately 600 people.



At the microphone during the 6th annual event is Mrs. Ida M. Francis. Mrs. Francis introduced guest speaker Assemblyman Willie Brown, Jr. Also seated at the honored guest table are, left to right, Sacramento City Councilman and Mrs. Herman Lawson, Assemblyman Willie Brown, Jr., Mrs. Cordia Wade, Rev. Robert L. Graham, and Mrs. William H. Lee.

Kyles Temple Lauded For Community Service



The Conference Workers Club of Kyles Temple A.M.E. Zion Church last week presented its sixth annual Calendar Buffet Banquet at the Scottish Rite Temple. Guest speaker for the Banquet was California Assemblyman Willie Brown, Jr. of San Francisco. Shown prior to the evening's activities are, left to right, Assemblyman Willie Brown and Kyles Temple Pastor Dr. Robert L. Graham.

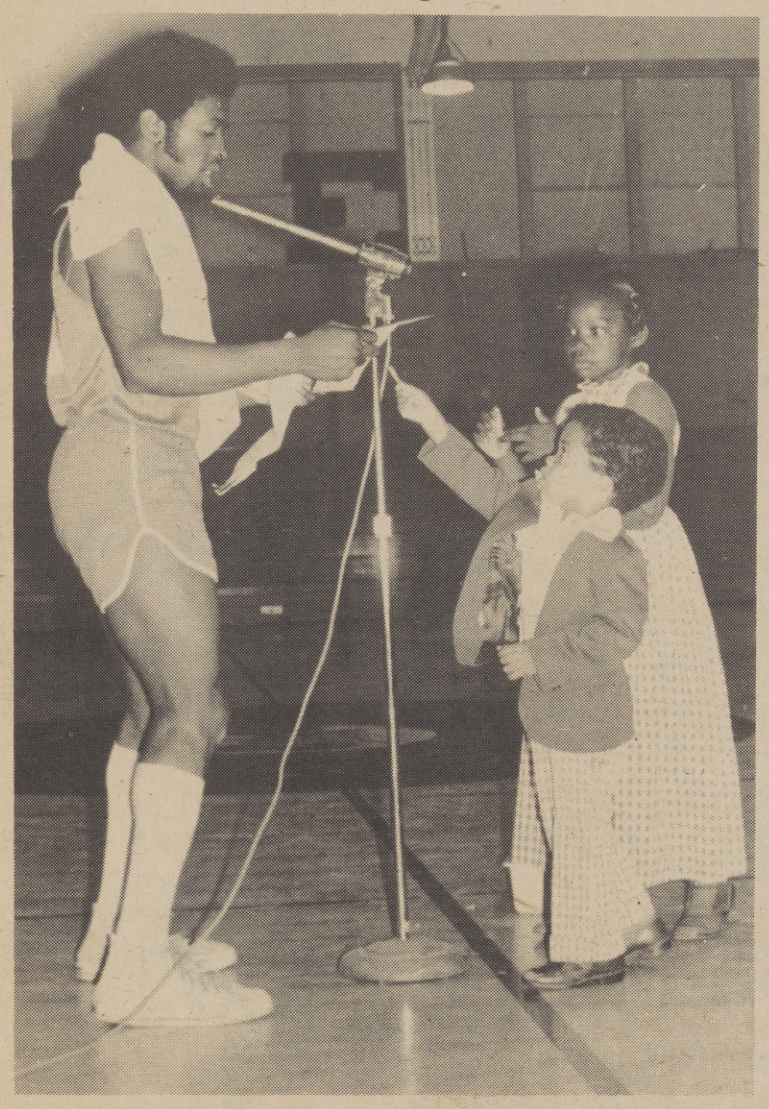


Mrs. Jean Reid of Davis, California solos for the guests. Mrs. Reid sang James Weldon Johnson's "Lift Every Voice and Sing."



Mrs. William H. Lee, wife of OBSERVER publisher, presented Kyles Temple A.M.E. Zion Church an award from THE OBSERVER honoring their efforts in the area of community relations and work being done with youth. The award also gives individual recognition to the commendable performances being executed by members of the congregation. A section of the award reads: "Kyles Temple A.M.E. Zion Church is one of the finest institutions in Sacramento. And we are proud to have you in our community."

Benefit Basketball Game Held



Two young people selected from the audience presented Don Williams, director of Young People's Search for Solutions, a certificate of appreciation for the "Over The Hill Gang's" losing efforts. Cost to see the eventful game was a can of food or more. In the near future other games will be held to aid other parts of the city raise food for its needy residents.



Norte Del Rio High School's gymnasium was the site last week for some "old-timers" to prove true to their name. In a benefit game to raise food stuffs for needy Del Paso Heights residents, the "Over-The-Hill-Gang" basketball squad composed of personnel employed by the Sacramento Police Department; the Department of Recreation; Sacramento Department of Social Welfare; Del Paso Robla Neighborhood Council and the Sacramento Area Economic Opportunity Countil, lived up to their name being defeated by Grant Union High School's varsity 113 to 93.



It's little wonder that Grant Union High School's varsity team just didn't walk right off with the game.

Shown are three members from the League Champion Pacer team.

From left to right, Van Dockerry, David Pinelton, and Randy Mathis.

Mathis was a member of the Sacramento Metropolitan All-Star Basketball team.

The Sacramento Observer

SPORTS

MAY 2 - 8, 1974

SOLONS OFFERS SPECIAL RATES FOR GROUPS

Mort Gaines, Director of Group Sales for the Sacramento Solons announced yesterday that the Solons are now offering special group rates to any group of 30 members or more.

The special group sales plan provides for all members of the group to be seated in a bloc of seats at Hughes Stadium. It also includes a fifty cent reduction from the price of any admission ticket.

"We think that having professional baseball right here in Sacramento provides an exciting, inexpensive entertainment outlet for groups of all sizes," said Gaines. "Indications are that we will have several groups on the special plan at each game."

Groups interested in the special rate should contact the Solons offices. The telephone number is 927-BALL.

The Group Sales Plan for regular or group is as follows: Box Seat $3.00 and $2.50; Reserved Seat $2.50 and $2.00; General Admission $2.00 and $1.50; General Admission (16 and under) $1.50 and $1.00.

Interservice Track & Field Championships

McClellan AFB will host the 1974 Interservice Track and Field Championships, June 7-8.

Some 75 to 100 military athletes will compete in 25 events on the California State University at Sacramento all-weather track.

Each service branch -- Air Force, Army, Navy and Marines -- will enter three competitors in each event. Top finishers will participate in the 1974 Amateur Athletic Union Championships the latter part of June in Los Angeles.

The events in June will take place in the afternoon, with 13 events starting at 5 p.m. the first day, and 12 events the second day, beginning at 4:30 p.m.

SACRAMENTO STATESMEN SIGN-UPS

Signups for the Sacramento Valley Statesmen football team will be held between 6-8 p.m. Friday and noon-2 p.m. Saturday at Valley Vista Junior High, Howe Ave. and Cottage Way.

Training camp will officially open at 6 p.m. Monday.

Opening game is set for June 15 against the California Razorbacks of Orange County.

Also in the newly formed circuit are the Los Angeles Mustangs, Las Vegas Casinos, Bakersfield Roughnecks and the Peninsula Marauders of San Carlos.

The Statesmen may have lost three 1973 players to the Philadelphia Bell of the World Football League -- wide receiver Mike Carter, running back Tom Jones and defensive back Reggie McMillan.

Meet The Team Banquet

The Solons Boosters will stage "the largest booster club event in Pacific Coast League history," according to their President Carroll Root when they present a Meet the Team banquet on May 5.

The banquet will be held after the Solons game with the Hawaii Islanders next Sunday at the Sacramento Inn, with no host cocktails beginning at 6:30 and dinner at 7:30. Managers and players from the Solons and the Islanders will be present to enjoy the festivities.

"We have already sold well over 300 tickets for the banquet," said Mrs. Root. "And we expect to sell at least that many more before the fifth." The dinner costs $5 and tickets will be available at the door.

Mrs. Root noted that children are more than welcome. "We in the Boosters Club think of baseball as a family affair. These ballplayers provide a good example for children to look up to in our community," she said.

For advance reservations, mail a check to the Solons Boosters, 1909 Claremont Road, Carmichael, California, 95608, or for additional information, call Mrs. Root at 481-9368. Tickets are also available at the Men's Ltd. store in Country Club Center.

Sacramento Mayor Richard Marriott will be the featured speaker. His topic will be "The Importance of Professional Baseball to Sacramento."

K-POP 1110 AM
K-PIP 93.5 FM

SPORTS SCHEDULE

KPOP-KPIP BASEBALL

May 5th
Oakland at Cleveland (2)
10:15 a.m.

May 6th
Baltimore at Oakland
7:45 p.m.

May 7th
Baltimore at Oakland
7:45 p.m.

May 8th
Baltimore at Oakland
7:45 p.m.

May 10th
Minnesota at Oakland
7:45 p.m.

K-POP 1110 AM
K-PIP 93.5 FM

MORE FOOD SAVINGS On Your TOTAL PURCHASE
Compare with ANY OTHER SUPER MARKET (Regular or Discount)!

COMPARE PRICE! SERVICE WITH A SMILE!

WHY PAY MORE

COMPARE QUALITY! TREMENDOUS SELECTION!

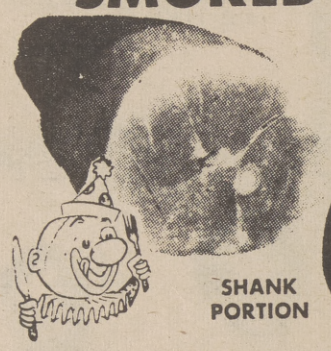
Where Shopping Is A Pleasure

JUMBO DISCOUNT SUPER MARKETS

• 24th STREET and FLORIN ROAD • POWER INN and FLORIN ROADS
• 2711 EL CAMINO near FULTON • 35th AVE. and SOUTH LAND PARK DRIVE
• 1055 NORTH FIRST STREET, Dixon

PRICES ALSO EFFECTIVE at JUMBO in DIXON

SMOKED HAM



Goehring Victor Brand Finest Dry Mild Cured

SHANK PORTION 69¢ lb.

CENTER SLICES $1.39 lb. WHOLE or BUTT PORTION 79¢ lb.

PORK LOIN ROAST



FRESH Lean Extra Value Trimmed

Rib End 3 lb. Avg. 69¢ lb.

CENTER CUT PORK CHOPS



FRESH Extra Lean Value Trimmed

$1.19 lb.

USDA Choice Extra Value Trimmed

STEAKS

• PORTERHOUSE • T-BONE • CLUB • SIRLOIN $1.89 lb.

Jennie O Finest USDA Grade A White and Dark

TURKEY PAN ROAST $2.49 EACH

All Meat 2 lb. pan

USDA Choice Extra Value Trimmed

STANDING RIB ROAST $1.37 lb.

Fresh Lean Meaty **COUNTRY STYLE SPARE RIBS**		79¢ lb.
Fresh Extra Lean **LARGE LOIN PORK CHOPS**		98¢ lb.
USDA Choice Well Trimmed **CHUCK STEAK**		98¢ lb.
USDA Choice Boneless Rolled **X-RIB ROAST**		$1.43 lb.
USDA Choice Lean All Meat **BEEF ROAST**	BRISKET OR HEEL OF ROUND	$1.39 lb.
USDA Choice Well Trimmed **LEG OF SPRING LAMB**		$1.39 lb.

Leo's Finest **SLICED BEEF**	SPICY BEEF, CORNED BEEF, DARK TURKEY, PASTRAMI Reg. 49¢	39¢ ea.
Leo's Finest **SLICED HAM**	CHICKEN, TURKEY BREAST Reg. 59¢	49¢ ea.
Kraft Famous **PHILADELPHIA CREAM CHEESE**	8 oz. pkg.	43¢ ea.
Kraft Casino Brand **GOUDA CHEESE**	7 oz.	59¢ ea.
Ocean Fresh **FILLET OF SOLE**		$1.39 lb.
Pre-Cooked **FISH STICKS**		69¢ lb.

Jumbo's Own Finest Mild Cured

SLICED BACON 1st Grade 89¢ lb.

Jumbo's Own Finest All Meat

FRANKS 12 OZ. PKG. 67¢ ea.

More "JUMBO EXTRA VALUES"

CRISCO OIL 24 OZ. 79¢ — JUMBO EXTRA VALUE!

Coronet **TOWELS** GIANT 33¢

APPLE JUICE Mott's	32 oz.	49¢
DEVILED HAM SPREAD Underwood	4½ oz.	59¢
CHICKEN SPREAD Underwood	4½ oz.	59¢
SYRUP Golden Griddle	24 oz.	69¢
MARGARINE Fleischmann	1 lb. cubes	63¢
BROKEN SHRIMP Orleans	4½ oz.	83¢

S & W **CHILI MAKIN'S** 27½ OZ. 49¢

GRAPEFRUIT JUICE S & W 46 OZ. 49¢ — JUMBO EXTRA VALUE!

Rancho Francisco **ENCHILADAS** PKG. 59¢

S&W **CREAM CORN**	303	23¢
S&W **WHOLE KERNEL CORN**	303	23¢
S&W **SWEET PEAS** 3 sieve	303	29¢
S&W **SLICED PINEAPPLE**	1¹	29¢
S&W **SLICED CUCUMBER PICKLES**	22 oz.	53¢

Nucoa **SOFT MARGARINE** 16 OZ. 53¢

Skippy **PEANUT BUTTER** 18 OZ. 69¢

MAYONNAISE Kraft 32 OZ. 83¢ — JUMBO EXTRA VALUE!

Nestea **INSTANT TEA** 10 CT. ENVELOPES 79¢

MUSTARD French's	8 oz.	25¢
GOOD SEASONS CRUET KIT	pkg.	39¢
PLASTIC WRAP Glad	100 ft.	33¢
LAWN CLEAN UP BAGS Glad	5 ct.	77¢
PRIME DOG FOOD Gaines	72 oz.	$2.09

Crisco **SHORTENING** 3 LB. CAN $1.49

FROZEN FOODS

ICE CREAM Crystal ½ GAL. 79¢ — JUMBO EXTRA VALUE!

LESEUER PEAS Green Giant	10 oz.	39¢
ORIGINAL WAFFLES Aunt Jemima	10 oz.	45¢
CHOCOLATE POUND CAKE Sara Lee	11½ oz.	89¢
SNACK TRAY PIZZA Jeno's	7¼ oz.	93¢
COMBO. SEAFOOD PLATTER Mrs. Paul's	9 oz.	89¢

"JUMBO EXTRA VALUE" Prices Effective thru May 7th.
STOREWIDE DISCOUNT SHELF PRICES EFFECTIVE EVERY DAY!

FRESH PRODUCE

Large Young Tender Green **ASPARAGUS**	LB.	39¢
Large Calavo Hass Variety **AVOCADOS**	EA.	39¢
Farm Fresh Red Leaf **LETTUCE**	2 FOR	39¢
Florida Indian River Ruby Red Sweet Juicy **GRAPEFRUIT**	6 FOR	99¢
Canada Extra Fancy Starking Red Delicious Sweet Crisp **APPLES**	4 LBS.	99¢
Cara Mia Marinated **ARTICHOKE HEARTS**	6 OZ. JAR	39¢

Teen Pageant Program

Members of Classy Lad 'n Lassies Modeling, Inc., have announced this week plans to sponsor their third annual "Miss Teenage America" Sacramento Pageant.

The pageant will be held Saturday, May 3, at Tuesday Club, starting with a no-host cocktail from 6 to 7 p.m.

According to Classy Lad 'n Lassies director, Mrs. Velma L. Stokley, the Pageant hopes to be an equal to those of past years.

Miss Cynthia Ambrose, "Miss Black Teenage Sacramento," urges all Sacramentans to attend.

For additional information, please contact Pageant Headquarters at 455-5743.

Spring Fashion Show

Members of the Jay Chavez Shrine Fez Club - T.B.P.O.-E.O.W. are asking all clubs and friends to support their "Spring Fashion Show" planned Mothers Day, May 12th in the El Jardin Restaurant & Cocktail Lounge, 15th and K Streets.

The event will begin at 4 p.m.

Tickets are $2 per person and are available by calling 428-2770 or you may pay donation at the door.

Mary Black is General Chairman, assisted by Louise Bivens and Minnie Crosby. Thelma Russell is in charge of the Programs, Helen Tillis - Gifts; Louise Lovely - Commentator; Frances Reeves and Dinne Fields, Models and Frances M. James - Publicity.

NO TRUMP



The Tuesday Bridge Club held its 14th Annual Bridge Luncheon last Saturday. Members took the opportunity to renew old friendships and sharpen their bridge game. Shown here are, left to right, Marguerite Jones, Sumatra Kirkland, Leona Gandy and Carol Barbee. Awards were presented to the club's three highest scorers for the year. (More Photos on Page C-3.)

The Sacramento Observer

SECTION C

SOCIAL WHIRL

MAY 2 - 8, 1974 THE OBSERVER PAGE C-1

MUSIC WORKSHOP AT SSC

A workshop on "The Essentials of Reading and Writing Music," will be conducted at Sacramento City College.

The workshop, which is designed to help participants understand and employ the mechanics of writing down music, will be held on two consecutive Saturdays, May 11 and May 18, 1974. Each session will begin at 1:00 p.m., and is scheduled for two hours. The class will meet in A4 of the Auditorium Building on the campus.

Isac Paggett, instructor at the Oak Park Counseling Center and music instructor at Grant High School will conduct the workshop.

Paggett stated, "Many budding musicians with great potential often fail to develop the ability to read or make musical notations and consequently never actualize their talents."

He noted that the class will begin with general principles and then undertake specific levels for the participants and progressing to points from which each individual gains a firmer grasp of the necessary essentials.

Registration will be conducted during the first class meeting; there is no charge for admission.

Paggett received his Bachelor of Arts from Grambling College, Grambling, Louisiana, and Masters of Arts from California State College, Sacramento. Under his tutelage, one of his groups at Grant Union High School won a national award and performed at the Monterey Jazz Festival.

The workshop is sponsored by the Oak Park Counseling Center.

SCHOLAR



Hiram Johnson senior, Angela Benjamin, is very busy these days as the school year draws to an end. Miss Benjamin is the recently announced winner of a National Scholastic Achievement Award. She plans to begin pre-medicine studies at Michigan State University in the fall.

Inside The Whirl

BRIDGE

Members of the Tuesday Bridge Club held High Score competion and awards get-together...C-3

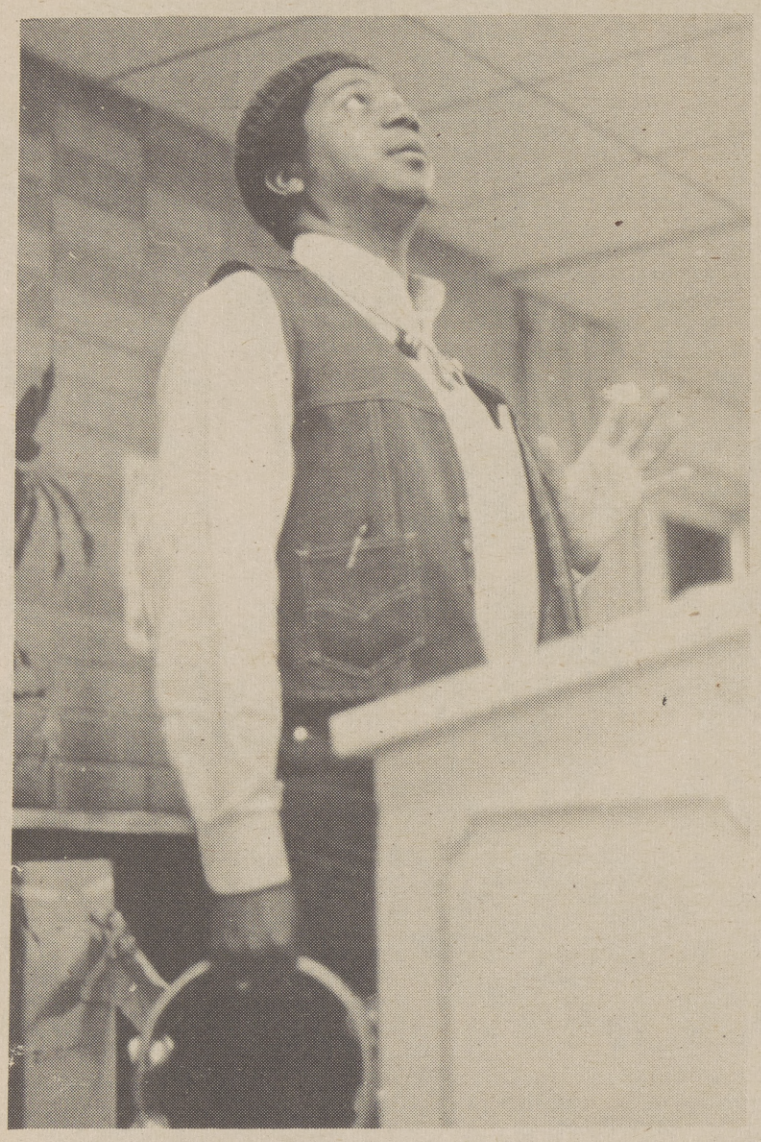
STREAKER

Vicki Harris can't go along with an 'uptight' society so she jumped on the back of a motercycle and...C-6

FASHION

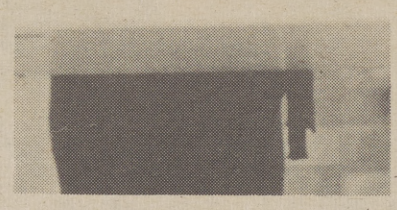
The Youth Section of Garderiens Inc. held a combination fashion-talent show...C-7

POET'S WORKSHOP

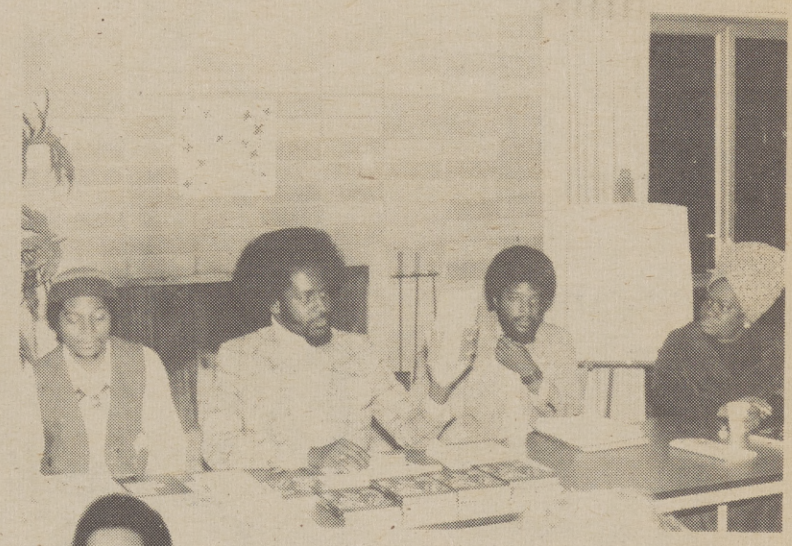


Eugene Redmond performed a selection of his poetry.





Traveler and writer, Mary Catherine Ingram, explored the theme of her recent book, "Why I Don't Hate."





Percussionist Selwyn Jones accompanied Redmond.

Black poetry and prose by local authors was featured in the Third Regional Writers Showcase which took place last week. The writers participating included, from left, Eugene Redmond, published poet of many well-received works and professor at California State University, Sacramento; Mel Whitaker, journalist and children's author; Chet Johnson, unpublished poet; and Mary C. Ingram, author of the recent book, "Why I Don't Hate." Whitaker was moderator of the panel. The Third Regional Writers' Showcase was developed to give the public an unusual opportunity to meet the authors, illustrators, poets, private printers and others who contribute to the world of books in Alpine, El Dorado, Placer, Sacramento, and Sutter Counties.

CINCO DE MAYO

Ethel Phillips Elementary School will celebrate Cinco de Mayo with songs and regional dances from different states of Mexico. The states featured in the musical highlighting include Vera Cruz, Michoacan and Zacatecas.

The program is scheduled for Friday, May 3, at 7:30 p.m. The community is invited.

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Shown are the members of the Tuesday Bridge Club and their official substitute, Elmer Tindall, center back. They are, front row, from left, Wittye South, Madelyn Polite and Myrtle Epps. Standing in the second row is, from left, Ethel Strickland, Cecile Hyman, Elmer Tyndall, Arneeta Brown, Lennette Johnson, Edna Black, Louise Anderson and Marguerite Watson.

TUESDAY BRIDGE CLUB



The game, though exciting, demanded strict concentration from these ladies. Shown are, from left, Mrs. Virgil Price, Muriel James, Imogene Burns and Gloria Blanchette.



Wittye South, left, won third place in the Tuesday Club Annual high score awards competition. Madelyne Polite, center, was a first place winner and Myrtle Epps, right, captured second place. The winners had the highest overall scores during the year.



From left to right, Archalene Martin, Masie Hayes, Barbara Bell and Mary Marshal showed their skill at bridge. The Tuesday Club Luncheon took place at the Cosmopolitan Motor Hotel.

Pageant Offers Scholarships

DANVILLE, Va. - Colleges and Universities from across the U.S. will present two to four year scholarships to the 15 finalists of the Miss Black Teenage World Pageant.

For the second year, Pageants Unlimited, Inc., the producing company of this worldwide event will present some $50,000 worth of College scholarships to the contestants qualifying for the Finals. Last year's winner, Rosalette Petty of Hawaii, received the top scholarship prize to Hampton Institute in Hampton, Virginia.

Ronald Charity, President of PUI said, "one of our main purposes through the Pageant, is to encourage Black teenagers to pursue a college education and to develop the inner qualities of life."

The 1974 Miss Black Teenage World Finals will be held in Danville, Virginia, during the month of July is open to young ladies 15 to 17 years old. Contestants compete in three areas of competition, Sportswear, a three minute talent presentation and Eveningwear Projection.

The organization sponsoring the winning contestant will receive the annual Sponsors Award.

The Pageant is open to teenagers throughout the world. Anyone interested in participating may write PUI P. O. Box 1139, Danville, Virginia 24541 USA. Deadline for entering is June 1st.

SCC ANNOUNCES AUDITIONS

Sacramento City College has issued a call for actors, actresses, and technicians for the annual Shakespeare summer production.

Tryouts are scheduled for Saturday, May 4, 1974, from 1:00 p.m., to 5:00 p.m., in the Art Court Theatre.

This summer the college will present Shakespeares classic, "The Taming of the Shrew." Eight performances have been scheduled to begin Friday, July 19, 1974.

George Anastasiow, director for the summer theatre group, emphasized that any member of the community interested in a tryout for the play is welcome. He noted that students and non-students are eligible for parts in the production sponsored by the college's Office of Community Services and Theatre Arts Department.

Anastasiow said, "Anyone interested in summer theatre may participate. In the past we have had housewives, grade school teachers, retired citizens, students, and a taxicab driver acting in the annual festival."

The director noted that evening rehearsals are planned and calls for seventeen male and four female roles.

Special appointments may be made for those unable to attend the general tryouts by calling Anastasiow at 449-7440 or the Office of Community Services at 449-7443.

NEW PROCESS FOR SHAG RUG CARE

No wonder shag carpets and rugs are so popular. Their tousled, long yarns going every which way provide an exuberant and charming background for both modern and traditional room settings - and yet they seem to thrive on hard wear and demand minimal maintenance.

Shags surpass all other carpet textures in hiding wear, soil and even spills - and homemakers who demand easy upkeep are turning in ever increasing numbers to shags.

Eventually, though, even the best soil - hiding shag carpet needs more than ordinary vacuuming to remove the airborne greasy dirt and soil that dulls the color, and a cleaning is in order.

A new product, Spray 'n Vac, from Glamorene, does the job, gently and thoroughly with a new shampoo technique that is formulated to solve the shag cleaning problem.

Spray 'n Vac sprays on in minutes and dries in about one hour, ready for vacuuming - with no scrubbing or sponging. It's that easy - and leaves carpets clean again, because it removes that dulling film of greasy dirt.

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PROGRAM FOR GIFTED STUDENTS

The Sacramento Area Gifted Association (SAGA) will hold its annual Spring Conference, Saturday, May 4, at Rio Americano High School, 4540 American River Drive, from 8:30 a.m. to 12 noon. Robert Swain, coordinator of the High Potential Program in Berkeley and President-elect of the California Association for the Gifted, will be the keynote speaker on the conference theme, "Exploring Alternatives for Gifted Education."

Over 15 section meetings will be offered on both the elementary and secondary levels utilizing parent-teacher-principal panels, discussion groups and slide presentations to explore program options and resources being used in various gifted programs within the Sacramento area. All persons interested in the education of gifted students are invited to attend. There is no registration fee.

For additional information, contact Jacquelynne Caplan, Conference Coordinator, at 454-8696.

GOOD NEIGHBORS



The Good Neighbors Day Care Center was a first-place winner in the recent Little League Baseball opening day parade and float competition. Rochelle Lyons, with crown, back-row, right, was crowned Queen of Good Neighbor Day Care Center No. 1. Matthew Youle, back row center, was crowned king of Center No. 1. King and Queen of Center No. 2 was Robert Smith, front row, right, and Tamala Lopes, front row, center. Runners up from the two centers were Johnnie Mae Jackson, JaNeen Keaton, Ester Hunt and Malik Haskins. Also shown with the children are, from left to right, Eloise Matthews, Audry Jackson and Carolyn McEssy. Not shown is Clara Cummings, driver of the float.

CENSUS SHOWS WOMEN STEADILY FEEL WORK FORCE

The adage that "a woman's place is in the home" has become more outmoded in our contemporary society than many persons realize. Of the 12 million new jobs added to the work force during the past decade, women have filled two-thirds of them.

U. S. Census Bureau figures also show that the more than 13 million women in the civilian labor force represent a cross section of all women in this country. They are of all ages from 16 to 70 or more and are of every race and color.

The trend for increasing numbers of married women to become wage earners outside the home has created new job training demands. Many women are acquiring this training at vocational schools and community colleges.

According to U. S. Office of Education figures, 55 percent of all students enrolled in public school vocational education in 1972 were female, a jump of ten percent over the previous year.

Likewise, correspondence school educators report significant increases in female enrollments. Many of these students are housewives who are preparing themselves to return to work and are either taking "refresher" courses or are mastering new job skills.

New job opportunities for women in expanding occupations, advances in the educational attainment of women and the trend toward smaller families are among the signs pointing to the continued increase in the number of women in the labor force.

(A directory listing home study courses that women are taking to improve their job skills may be obtained free from the National Home Study Council, 1601 - 18th St. N.W., Washington, D. C. 20009.)



Ms. Carmen R. Maymi, director of the Women's Bureau, U.S. Department of Labor, right, and Madame Elizabeth Thiam, director of cabinet, Ministry of Labor and Welfare, Ivory Coast, discuss some of the programs, goals and achievements of the Women's Bureau in promoting the welfare of women. Mrs. Thiam visited the United States on a State Department cultural exchange grant. While in the United States, Mrs. Thiam visited Labor Department officials, members of trade unions and women's organizations.

Membership Drive Held By Technologists

The Mother Lode Chapter of the California Association of Human Services Technologists, a professional organization devoted to the standardized training, career opportunities, and recognition of middle-level professionals, and to the need for quality care for patients and clients, is holding its membership drive this month.

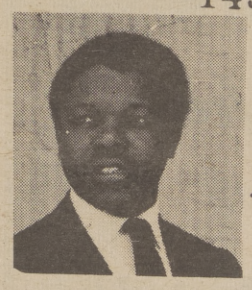
All psychiatric technicians, social assistants, mental health workers, mental health aides, college students in the human services and the behaviorial sciences, and other concerned persons are invited to attend the next meeting and to join the Association, which has an enviable record of professionalization and a highly respected political voice.

This month's meeting will be held on Friday, May 10, 1974, at 7:30 p.m., at the home of Janet White, 2611 Norbert Way, Sacramento.

Call 925-7339 for details and directions.

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Vicki Harris and an unidentified companion.

VICKI HARRIS

Area's First Black Streaker

Photo by Dave Ross, CSUS Hornet Chief Photographer

Vicki Harris describes herself as an extrovert. An amatuer singer and aspiring actress, she thrives on attention-any kind of attention, as long as she is the focal point.

Vicki also thinks that America is "too uptight" about the human body.

So as a means to an end - to *get attention and to "liberate"* herself from societies sexual confines, she took off all her clothes and became one of Sacramento's first Black female streaker. This event took place on California State University Sacramento where she is a student majoring in music.

"I did it because it was a fad and to prove something to myself," said Vicki in a recent interview.

Vicki said her naked adventure atop a motorcycle driven by a white friend, showed her "how uptight this society really is."

To Vicki, the most uptight seem to have been her Black colleagues, particularly the many young Black women who condemned her actions.

"I supposedly set Black women back another 20 years," said Vicki.

She said that Blacks who condemn her streak did so primarily because her companion was white. They pointed out that Black women's body has been exploited enough by "the white man in the past."

Vicki does not go along with that argument. She maintains that she actually "liberated" herself by streaking.

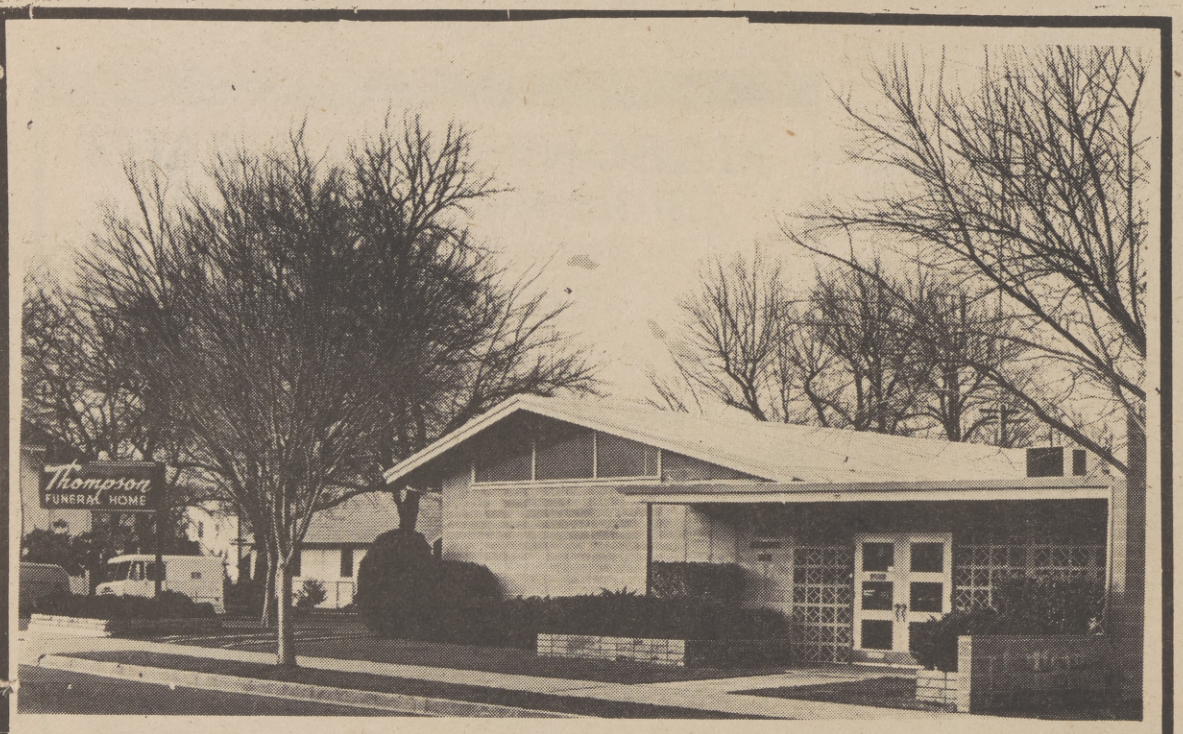
Whether she really has liberated herself is not for us to say, but it is certain that her escapade has brought her a certain amount of attention. Local photographers have discovered her and now she is hoping to interest Playboy Magazine.

"I did this with an eye for my future," she said, "and I'd love to be invited to pose for Playboy."

She is in the process of preparing a portfolio in case the opportunity does present itself.

A note of soberty was sounded for Vicki, however, when her Black dorm mother referred her to a psychiatrist.

However, all the doctor had to say, was if he had known that someone with a body like hers was going to streak, he would have been on the sidelines watching.



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Poster Contest

A poster contest for all elementary and junior high school students on the theme of "Why Our Rivers Should be Clean" is being sponsored in honor of Clean Water Week, May 1-7.

The Sacramento City Council, County Board of Supervisors, and the Folsom City Council have declared Clean Water Week in a united effort to help make County residents aware of two of the region's greatest natural resources, the Sacramento and American Rivers.

The contest will have prizes in three age groups, first through third grades, fourth through sixth, and seventh through ninth.

Winners in each category will receive a bicycle. The prizes are being furnished by Sacramentan's for Clean Water...Yes on A, a citizen's group working for the passage of Measure A on the June 4 ballot. Measure A is a local bond issue which would permit funds to be raised to build a regional sewer plant to replace 22 separate plants now operating in the County.



A Journalist's By-line

J. Shawn Ortiz's bylines are more than just facts, figures and quotations relating the week's news. They are thoughtful, provocative and sensitive insights into the people, places and events which shape the destiny of Black Sacramentans. Ortiz does more than report the news, he lives with it 24 hours a day, seven days a week. Academically, he is prepared, having graduated from the University of California at Davis with a B.A. in Sociology and Political Science. At 23-years-old, Ortiz has experienced and lived history as it happened. His eyes have witnessed the joy of Vietnam POW's returning home to unite with their families, and have seen the anger of a community following the shooting death of one of its young. Ortiz believes it takes more than a B.A. degree to report the news. "A journalist has to live what he writes. He has to feel and be open to continual education. He or she has to fight disconcern and remain sensitive, but above all a journalist must be responsible to the people's interest."

The Sacramento Observer

FASHION & TALENT SHOW



Richard Brady, presented a picture of "sophisticated cool" when he modeled a casual ensemble. Music for the fashion show was provided by the Jimmie Smith Trio. Other entertainment included a "machineman dance" performed by LaMarr Dauertine and a medly of drum tunes performed by Jimmy Robertson. The Puppets, a group consisting of Donna Hill, Robin Gyer, Degina Lacour, Judy Wiking, Stephanie Dubose, and Belinda Braggs, captivated the audience with a robot-dance routine.



The Gaderians, Inc., a local parent's organization, last week introduced its newly sponsored youth organization, Youth, Inc. with a talent and fashion show. Fifty-four youth participated in the event which was held at the Rancho Cordova Recreation Center. More than 150 guests attended the event. Shown is lovely Belinda Braggs as she modeled a summer "day dream" dress, and James Robinson showed what the today's look in men's clothes was really all about.





Midriff tied blouse and wide leg pants add up to a great look for Karen Lewis, and Degina Lacour presented a picture of spring-time loveliness as she modeled a sleeveless, strawberry appliqued dress.





Mod was the look that Angie Blanchette chose when she modeled this tee-shirt dress with matching hat and spiffy dotted scarf.



Ready for a spring outing? Venetea Brown certainly is in her floral blouse with cuffed pants.



Dharon Grayson gave the audience a preview of summer fashions when she modeled a shaped knit top with spaghetti straps and flared pants. Besides fashions, a wide array of entertainment was also offered. Dharon and her sister Sharon, along with Karen Lewis and Richard Brady, performed a "dancing machine" routine.



Sharon Grayson knows she has it all together as she styles one of the seasons most exciting looks.

SURVEY SHOWS SEX DISCRIMINATION

WASHINGTON - Women should have their own apprenticeship outreach program similar to the one for minority youths in the construction trades.

The project, conducted for the U. S. Department of Labor's Manpower Administration, focused on:

- how to increase the number of women apprentices in the skilled trades, and
- what to do about practices that discriminate against women in apprenticeship.

The main recommendation of the research group was establishment of a national outreach program for potential women apprentices to give them 10 weeks of turoring to help them pass apprenticeship entrance examinations in the various trades. About 120 such programs are being operated throughout the country aimed at reaching minority group youths.

Other recommendations by the researchers, the Wisconsin Division of Apprenticeship and Training and the University of Wisconsin Extension in collaboration with the Governor's Commission on the Status of Women, are:

- enforcement of equal employment laws;
- removal of sex designations in the Labor Department's Dictionary of Occupational Titles;
- opening pre-apprenticeship courses to high school girls; and
- building affirmative attitudes in women applicants and exclude sex discrimination in labor contracts.

Activities of the demonstration project resulted in a significent expansion, in the number of women in apprenticeable occupations in Wisconsin.

In 1970, there were 393 women apprentices in 10 occupations (324 as cosmetologists). In 1973, there were 382 women apprentices in 50 occupations (183 as cosmetologitst).

The research project, conducted with $105,000 in Manpower Administration funds, was called "Women in Apprenticeship, Why Not?"

It set out to "isolate, analyze, and minimize barriers to the participation of women in the skilled trades."

A survey by the project confirmed employers' ignorance of equal opportunity laws and their continuing acquiescence to unfounded prejudices against women in skilled trades.

The survey also found women's dropout rate half that for men and a high degree of employer satisfaction with women apprentices.

The 250-page report may be obtained from the National Technical Information Service, Springfield, Va. 22151, at $6 per copy. The accession number is PB227727.

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URBAN LIVING

SECTION F

Affirmative Action Conference

Employers interested in developing affirmative action programs can observe successful programs currently in use by California companies and agencies at a conference on May 15-16 sponsored by UCLA Extension and the California Fair Employment Practice Commission.

The two-day session, "Effective Techniques for Affirmative Action," will be held at the Los Angeles Hilton, 930 Wilshire Blvd., from 9 a.m. to 4:30 p.m.

Registration begins at 8:30 a.m. Wednesday, May 15.

The workshop will demonstrate actual programs rather than offer advice or interpret the law.

"Affirmative action is something everyone talks about," states FEPC Commissioner Stella C. Sandoval, "but we know of no other conference aimed at showing people how to get the job done. What we propose is not the usual discussion of this subject, but the presentation of a series of simulated training sessions."

Commissioner Sandoval believes "employers from both private industry and the public sector will welcome the opportunity to observe methods that bring employment practices in line with legal requirements."

In order to comply with the law, employers must analyze their current employee records and set goals and affirmative action commitments to correct instances where minorities or women are being under-utilized.

In 33 separate workshops, labor, business and industry, and government leaders will demonstrate and discuss successful techniques, programs and ways to implement affirmative action in their respective fields. Film showings and book and informational displays are also planned.

Lectures and discussions include "Unionism and Affirmative Action: Are They Compatible?" presented by Jules Draznin, regional director of the National Labor Relations Board.

Rep. Yvonne Brathwaite Burke (D-Cal.), will discuss pending legislation affecting the workplace, "The Flexible Hours Employment Act: Senate Bill 2022."

Considerations and judgments which persuaded three top executives to design training programs for their companies will be candidly discussed in a panel by the president of Security-Pacific National Bank, Carl F. Hartnack; the president of Southern California Edison, T. M. McDaniel; and vice-president of Bullock's, Jack Staley. They will openly share their views of their major problems and how they are dealing with them. Fair Employment Practice Commission Chairman Pier A. Gherini will moderate the panel.

Among other presentations will be a panel discussion, "What Approach by the Company - Hard Sell/Soft Sell."

Complete descriptive material about the conference can be obtained from UCLA, University Extension, 10995 Le Conte Ave., Los Angeles, 90024.

The California Fair Employment Practice Commission administers the state laws prohibiting discrimination in employment and housing for reasons of race, color, religion, national origin or ancestry. The fair employment law also covers discrimination based on sex and age (years 40 to 64).

NEWS BRIEFING



Assistant Secretary of Defense (Health and Environment) Dr. James R. Cowan, and Deputy Assistant Secretary of Defense (Public Affairs), Lieutenant General Daniel "Chappie" James, Jr., USAF, respond to questions during a Pentagon news briefing recently, during which Dr. Cowan discussed health and environment matters of the military forces. Dr. Cowan was nominated to be Assistant Secretary of Defense (Health and Environment) by President Richard Nixon in December 1973. He was confirmed by the Senate on February 8, 1974, and was sworn into office on February 19, 1974, Dr. Cowan has served since 1970 as Commissioner of the New Jersey State Department of Health. From 1953 to 1970, he was in the private practice of medicine and surgery in East Orange, New Jersey. From 1950 to 1953, he was a battalion surgeon, then chief of surgery while serving in the U.S. Army. Dr. Cowan is married and has three children.

Rise In Unemployed Black Vets

WASHINGTON - The unemployment rate among Black veterans in the first quarter of 1974 rose to 11.8 per cent, the U.S. Department of Labor's Bureau of Labor Statistics announced this week.

Based on data not seasonally adjusted, the unemployment rate of Black veterans, at 11.8 per cent was little different from the 10.9 per cent rate for Black nonveterans in the same age group of 20 to 34 years of age.

But it was double the rate for white veterans of the same ages - 5.5 per cent.

In the first quarter of 1972, the unemployment rates for both Black and white veterans, 20 to 34 years, were back up to year-ago levels, losing the decided over-the-year improvements registered in the fourth quarter of 1973.

Overall, the employment of Vietnam-era veterans, 20 to 34 years, continued to rise in the first quarter of 1974, but the number employed and the unemployment rate also rose.

On a seasonally adjusted basis, veterans' employment increased by 133,000 over the quarter to 5.4 million, but, in line with the pattern for all workers, the gain was not enough to absorb the increase in their labor force.

Unemployment rose by about 60,000 to 290,000 and the unemployment rate moved up from 4.2 to 5.1 per cent, about the same level as that for the first three quarters of 1973.

Virtually all of the jobless increase occurred among veterans under age 30. The average unemployment rate for the younger (20 24), more recently discharged veterans rose to 9.9 per cent from 7.7 per cent in the fourth quarter of 1973, but essentially the same as a year earlier.

The substantially lower rate 3.9 per cent for veterans 25 to 29, per cent, also increased over the quarter and was about the same as a year ago. At 2.9 per cent, the rate for veterans 30 to 34 has shown only minor fluctuations for the past 2 years.

With the slowing of military demobilization during the last 2 years, and the aging of veterans discharged earlier, a growing majority of Vietnam-era veterans are in the older age groups. By the first quarter of 1974, almost as many veterans in the civilian labor force were in ages 30-34 (1.2 million) as in ages 20-24 (1.3 million). As the number of older veterans continues to increase, their lower jobless rate will have a greater effect on the overall unemployment rate for veterans.

Compared with the unemployment rates for nonveterans of the same ages, that for the youngest (20-24) veterans continued at a higher level, while those for older veterans remained at approximately the same level.

Other highlights for the first quarter of 1974, include the following (based on data that are not seasonally adjusted):

Jobless rates for veterans 20-34 years old, increased over the previous quarter in each of the four regions, but remained lowest for those veterans residing in the Southern and North Cen-

(Continued on Page F-3)

California's Veteran Population Is Largest

SAN FRANCISCO -- California has maintained its position as the State with the largest veteran population, the Veterans Administration revealed this week.

"Veteran Population," a VA report issued semi-annually, shows California with a veteran population of 3.24 million.

New York, with 2.51 million veterans, ranks second while Alaska, with 42,000, ranks 50th.

The report shows there are 29.17 million living veterans. The 13.86 million World War II veterans comprise the largest single group, followed by the Vietnam-era group with 6.83 million.

ACHIEVEMENT RECIPIENTS



First-place winners in Bank of America's 1974 Achievement Awards finals held last week receive $1,000 cash awards following judging at the Woodlake Inn in Sacramento. Students, their schools and fields of competition, are, left to right, Robin Hackett, Davis Senior High School, Vocational Arts; Cheryl Rager, Summerville Union High School (Tuolumne), Fine Arts; John Tupper, Jr., Davis Senior High School, Science and Mathematics; and Kendall Thomas, Oroville High School, Liberal Arts. Presenting the checks is Bank of America Senior Vice President George Skoglund. These students were among 34 finalists who competed for a total of $14,500 in prizes in recognition of their academic achievements and community services. One hundred and forty high schools from Sacramento to the Oregon border competed in the program. Similar competitions will be held during May in San Francisco, Fresno, Oakland and Monterey.

County Tax Drop In... 1978

Reorganization of local government in Sacramento County will produce "a county-wide reduction in property tax rates in 1978, with further reductions by 1980," according to a fiscal impact report released recently.

The nine-month project of the Columbian Research Institute (CRI), a Portland, Oregon, firm retained by the Sacramento Charter Commission, projects a 1978 property tax decrease for general government as a result of reorganization in 34 of 36 representative tax code areas selected before the study began, and in all 36 areas by 1980.

The report is based on the assumption that a reorganized city-county government will replace most of the 132 local governmental entities in Sacramento County with one city-country form of government and a number of community/neighborhood governments. The charter will be submitted to Sacramento County voters on the November 1974 general election ballot.

The report concludes that the revamped form of government "will offer the same or improved services at less cost for most taxpayers."

Key property tax conclusions of the study were:

. Reorganization will mean lower tax bills for taxpayers in the City of Sacramento.

. Taxpayers of all three smaller incorporated cities - Folsom, Galt and Isleton - also will enjoy lower property taxes by choosing to be part of the reorganized form of government; and

. Taxes will also go down for property owners in all rural tax code areas selected for comparison.

The 130-page CRI study projected the following 1977-78 property tax rate (excluding education and districts not subject to reorganization) for some of the county's incorporated and unincorporated areas as follows:

TAX CODE AREA	TAX RATE REDUCTION AS A RESULT OF REORGANIZATION
Cities	
Sacramento	-$1.595
Folsom	- .992
Galt	- 2.021
Isleton	- 3.320
Selected Unincorporated Areas	
Arcade	-$ .518
Arden Park	- .589
Carmichael	- .604
Citrus Heights	- .220
Elk Grove Urban	- .743
Fair Oaks	- .834
North Highlands	- .598
Orangevale	- .179
Rancho Cordova	- .902
Rio Linda	- .411
Southgate	- .489

The CRI study says there will be no need for property tax increases during the transitional period because needed revenues will equal spending estimates.

The dependence on property taxation can be lessened "because growth in non-property tax revenues will exceed expenditure growth," according to the findings.

Revenues returned to the new government from both State and Federal governments will be higher because distribution formulas favor the city-county structure.

To conduct its study, CRI used actual revenue and expenditure data from budgets and adults going back to 1966. Additional information came from personal interviews with many elected and appointed officials of the governments studied.

Conclusions are based on several premises, among them that levels of service will not be reduced, property tax limitations will apply to the reorganized government, and there will be no employee cutbacks.

Copies of the fiscal impact study will be available at all branches of the Sacramento City-County Library.

Further discussion of the report is scheduled for the seventh public hearing of the Sacramento Charter Commission on Tuesday, May 7, at 7:30 p.m., in the Sacramento Municipal Utility District (SMUD) Auditorium, 6201 S Street, Sacramento.

CSUS Offers Tahoe Summer Sessions

Students are reminded of the need to pre-register for Summer Session classes to be held at South Lake Tahoe during the forthcoming Annual Tahoe Summer Session offered by California State University, Sacramento.

Starting June 17, the first segment of short - term programs will begin at the Al Tahoe Elementary School. Another session will begin on July 1, 15 and 29.

The program will provide courses in Art Macrame, Jewelry, Puppet Making, Creative Prints, Edible Art: Biological Science - Flora of Sierra Nevada and Plant Identification: Education-Workshop in Individualizing Mathematics Learning and Workshop in Creative Re-Inforcement Activities, Grades 3-6; English - Folklore of Tahoe Basin; Government courses covering such timely subjects as Executive Branch of Government, Congressional Power in Times of Crises, Judiciary and Political Responsibility. Recreation and Park Management courses in Land Use in Tahoe Basin, and Preparation of Resources Aids Used in Recreation Education.

The first day of each session registration, will be held on a space available basis, however, students are cautioned that most classes feature limited enrollment, and pre-registration is advisable.

Further information, free schedules, and registration materials may be secured by contacting the Summer Session Office at CSUS, Administration Building, Room 276, or phoning 454-6101.

Police-Community Relations

by Michael Corbett

The past few years have seen a marked increase in the attention given to the concept and practice of police-community relations, with a direct offshoot of this interest manifesting itself in the formation of community relations units within respective police departments.

Yet despite this increased interest, there remains much to be done in this vast area, largely because of mutual misunderstanding.

Perhaps the first misconception that exists is the belief that police-community relations restricted solely to relationships between the police and the minority community. Nothing could be further from the truth as police departments have a vested interest in maintaining, or in some cases, creating, good relations with the entire community.

Another misconception that abounds in this area is the belief that police-community relations are designed to ultimately lead to the establishment of citizen review boards respecting police activities and practices. This conception is totally false, and a cursory survey of police departments will reveal that many have community relations units, but very few are subject to citizen review.

Yet despite the fact that police-community relations are not designed to address only minority communities, it seems that it is in those areas that the issues most frequently evokes heated discussion.

No doubt one reason for this is the historical relationship that has existed between the police and minority communities, though current practices by some police departments does little to ameliorate the existing problems.

For example, a survey of police community relations undertaken by Michigan State University, revealed a very unsatisfactory picture of prevailing police and community relations, citing only a few really bright spots.

The report went on to say that no community relations project can possibly eliminate the many root causes of police - community incompatibility. The report went even further, however, and stated that it would be better if such programs were developed from truly positive motivations rather than as a result of pressures and fears.

There is little doubt that the police-community relationship, particularly when speaking of the Black community, leaves much to be desired. A perfect example of this problem is the fact that during the recent cordoning-off of 35th Street, little or no information was given to the community regarding the presence of a massive police contingent.

Not even the Community Service Officers had adequate information and they were sent to the scene to answer citizens inquiries.

The conclusion that one settles upon is that until police officers and their respective departments recognize that they are employed to perform a public service, for the benefit of all citizens, the police-community relationship will continue to leave a lot to be desired.

Indeed, the Michigan State University survey addressed that very problem when it listed as its first recommendation that "the police place greater emphasis upon the concept of public service as a legitimate goal of their organization."

Mather 'Instructors Of The Year'

Teaching future Air Force navigators how to stay alive in a sometimes hostile environment is the demanding job that has produced Mather's Airman Instructors of the Year.

Technical Sergeant Lawrence O. Reynolds and Sergeant Willie D. Hinton, are instructors in Aerospace Physiology and Life Support Training. Sergeant Reynolds has spent 17 years in aerospace physiology and life support training. As Noncommission Officer in charge of the Academics and Training Branch, he is in a pivotal position to make the unit run smoothly. He recently set up a three-day survival trip in the Sierras to let survival instructors practice what they preach.

He personally lectures on survival, wet ditching and altitude chamber flights as well as serving as part of the instructor crew on the swing landing trainer, ejection seat, parasail training and the chamber.

A native of Tampa, Fla., Sergeant Reynolds earned a bachelor's degree in Business Administration from the University of Tampa in 1969. He recently completed the Jungle Survival course at Albrook Air Force, Panama, and is scheduled to attend the Deep Sea Survival course at Homestead Air Force Base, Fla.

He and his wife, Ruth, have three children, ages 14, 13, and 10.

Sergeant Willie D. Hinton, specializes in aircraft escape, ejection seat, swing -landing and parasail training. During the past year, he has been responsible for improving and standardizing training and maintenance procedures in these.

Sergeant Hinton also serves as advisor in developing and writing instructor handbooks and student study guides for the aircraft escape and ejection seat training blocks of the new Undergraduate Navigator Training System.

Sergeant Hinton attended Morehouse College in Atlanta, Ga., following graduation from M. W. Jones High School in his hometown of Richton, Miss.

TOP INSTRUCTORS



Mather Airman Instructors of the Year Sergeant Willie D. Hinton and Technical Sergeant Lawrence O. Reynolds, man the altitude chamber control console at Mather's Aerospace Physiology and Life Support Center. The duo were selected followed base wide competition for the monor. (U.S. Air Force Photo by Sergeant Sterling Sharp).

The Sacramento Observer

URBAN LIVING

MAY 2 - 8, 1974 PAGE F-3

Blacks Named On Demo Task Force

The Democratic Party has organized a Foreign Affairs Task Force to assist the Democratic Advisory Council of Elected Officials in considering Party Policy positions. Among the thirty-five members are four Blacks, six former cabinet members and seven others who have held Ambassadorial rank. Chairman of the Task Force is W. Averell Harriman, former Governor of New York, former Ambassador to the USSR and Ambassador - at - large.

The Democratic Party has organized a Foreign Affairs Task Force to assist the Democratic Advisory Council of Elected Officials in considering Party policy positions. Among the thirty-five members are four Blacks: Mrs. Goler Butcher, former staff member under Congressman Charles C. Diggs, of the Sub-Committee on African Affairs of the House Foreign Affairs Committee; Mr. Ulric Haynes, Jr., Vice President of Management Development at the Cummins Engine Company, Incorporated; Clarence Jones, the publisher of the New York Amsterdam News; Franklin H. Williams, the former Ambassador to Ghana and former Director of the African Regional office of the Peace Corps.

Each member of the Task Force will participate in at least one of the ten designated study groups. The ten as designated are: Defense and Arms Control; Russia and Detente; International Economy; Latin America; Africa; Middle East; North Atlantic; Asia; United Nations and Relations Between Developed and The Developing Nations.

Democratic National Committee Chairman, Robert S. Strauss, convening the Foreign Affairs Task Force, said, "Our Party has been criticized, rightly or wrongly, for a year and a half now for not speaking up on many of the issues confronting our nation. But we have spent this time well in a period of introspection and self-evaluation. Now, with our Party well-healed after a period of internal strife, we have the confidence of the most outstanding experts in international and domestic fields who are willing to help examine the issues; and we have, through our elected officials, a voice which represents a broad constituency. The time has come for the Democratic Party to be heard on matters other than its own recovery."

Dellums Recieves Top Congressional Vote Score

Rep. Ronald V. Dellums' voting record in Congress last year received a perfect score from the Joint Center for Political Studies.

The California Congressman was one of two representatives receiving a 100 percent rating for his Congressional votes on 41 important issues. Included were such crucial issues as continuation of legal services for the poor; minimum wage legislation; public service job program extension; and appropriations for such programs as community development and urban mass transit.

The research department for the Joint Center for Political Studies, a Washington-based organization, rated the House of Representatives members on how they supported the position of the Congressional Black Caucus.

Rep. Dellums was the California Congressman receiving the highest rating.

The present study, comparing the votes by Members of Congress with positions taken by the Congressional Black Caucus, is the first annual study of this type to be published by the Joint Center for Political Studies.

This marks the fifth time that Rep. Dellums has received a "perfect" rating for his votes in Congress last year.

Unemployment Increase...

(Continued from Page F-1)

tral States (4.6 and 6.2 per cent) and highest for those living in the Northeastern and Western States (7.3 and 7.4 per cent). The same situation prevailed for nonveterans.

For both veterans and nonveterans the proportion of the unemployed looking for work for 15 weeks or more declined over the year.

In terms of reasons for their unemployment, the proportion of veterans reporting job loss rose substantially over the year, especially for those reporting layoff.

'Speedy' Californians Arrested

It was reported that the California Highway Patrolmen arrested 100,000 speeders last month (April 1974), virtually triple the number cited in April last year. Commissioner Walter Pudinski made the report this week.

The steep increase results from March-April speed studies which show that 70 per cent of vehicles are exceeding the 55 mph maximum limit on rural freeways and from 30 to 45 per cent on the San Diego and Los Angeles urban freeways.

Pudinski said that "speed enforcement is approaching the saturation point, based on the number of men we can put on the road at any given time. Violation percentages indicate we could arrest 100,000 per day if we had enough men and equipment."

The Commissioner said "speed enforcement will continue at this peak level until evidence shows that violations are headed down. We will keep the pressure on until motorists comply voluntarily. The need to conserve energy still exists, and as long as the law is on the books it will be enforced."

CHP officers are arresting an average 3,623 speeders per day in April, compared to 2,700 in March, 3,100 in February and 1,500 in early January. Last year, the daily average was 1,300.



SUPER LOW PRICE

Checkerboard Farms

GAME HENS 98¢ ea.

SUPER SIZE 22 OZ. BIRDS

These Rock Cornish beauties are super large and husky with big meat-heavy breasts. Their flavor and juiciness is fantastic. Each one is grade AA and a meal in itself. Stock up for eating pleasure today!!



FRESH CORN

Sweet fresh ears loaded with tender, plump kernels, brimming with buttery rich flavor! All well-trimmed!

4 ears 55¢



NORTHEST APPLES

Fresh, brilliant Red Northwest Delicious variety. The rich, sweet, full-flavor is superb! Everybody's Favorite!

4 lbs $1

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(Limit Rights Reserved)

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- 8391 Folsom Blvd.
- 1700 Capitol Ave.
- 4850 Freeport Blvd.
- 14th Ave. & 60th St.
- Watt and Whitney
- San Juan & Sunset
- 10385 Folsom Blvd.
- Madison and Manzanita
- Madison and Hazel
- Placerville
- El Dorado Hills

AVOCADOS

Fresh, buttery-rich in flavor, ripe and ready to eat. They're loaded with minerals and healthful nutrition!

ea. 49¢

ASPARAGUS

Rushed to Raley's from lush growing areas. Tender, spring-fresh full tips with plump, husky spears.

lb. 39¢

ANJOU PEARS

These orchard beauties are golden ripe and brimming with honey-sweet, "smooth as silk" goodness. Tender, too!

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MUSHROOMS

Our own famous Mammoth beauties — tender and plump.

lb. 89¢

Raley's Super Low Meat Prices

FRESH PORK ROAST 89¢
Fresh Royal Hampshire Boneless Butt Roast. Corn-Fed ..... lb.

FRESH PORK STEAKS 98¢
Fresh Royal Hampshire Corn-Fed Pork ..... lb.

BLADE CHUCK ROAST 79¢
Midwest, Cornfed Steakhouse Beef. Blade Cut ..... lb.

FISH STICKS 1.49
Heat 'n eat. 2 lb. Pkg.
Gortons brand. Delicious Fresh Frozen ..... ea.

Super Low Prices On All Raley's Meats

X-RIB ROAST Midwest Cornfed Steakhouse Beef. Boneless ... lb.	1.39	BBQ STEAK Center Cut Boneless Cornfed Cross Rib Beef ... lb.	1.59
CHUCK ROAST Midwest, Cornfed Steakhouse Beef. Center Cut 7-Bone .. lb.	89¢	CHUCK STEAK Center Cut Midwest Cornfed Steakhouse Beef ..... lb.	98¢
RIB STEAK Midwest Cornfed Steakhouse Beef. Center Cuts .. lb.	1.69	STEWING BEEF Lean, Boneless Midwest Cornfed Steakhouse Beef Cubes ..... lb.	1.39
STANDING RIB Center Cut, Cornfed Steakhouse Beef Roast lb.	1.49	CUBE STEAK Boneless, Midwest Cornfed Steakhouse Beef .... lb.	1.89
RIB STEAK Center Cuts Boneless Midwest Cornfed Steakhouse Beef ..... lb.	1.89	GROUND CHUCK From 100% Midwest, Cornfed Beef Chucks ..... lb.	1.09

Fish and Delicatessen Savings

Sausage Birdfarm Whole Hog Reg. or Sage 12 oz. roll	89¢	C&K Franks Skinless or all beef. 12 oz. Pkg.	79¢
Veal Patties Spun Italian Breaded Delicious flavor	1.59	Lunch Meats C&K assorted varieties 12 oz. Pkg.	89¢
Veal Steaks Spun Cubed for Tenderness	2.39	Sliced Bacon Sunnyview Farms Sliced, lb. Pkg.	89¢
Weiners Oscar Meyer Reg. or All Beef. Lb. Pkg.	89¢	Halibut Rupert's fresh Frozen Steaks. 12 oz. Pkg.	1.98
Salame Chubs Gallo brand. 8 oz. Pkg.	1.37	Fish Sticks Rupert's brand. Big 8 oz. Pkg.	69¢
Salame Chubs Gallo Brand. 13 oz. Pkg.	2.05	Snapper Fresh Fillets, meaty and delicious	1.09
Salame Chubs Gallo brand. 18½ oz. Pkg.	2.85	Butterfish Fresh Fillets. Great Flavor	79¢
Sliced Salame Gallo brand 3 oz. Pkg.	65¢	Fresh Perch Meaty, delicious Fillets	99¢
Sliced Salame Gallo brand. 6 oz. Pkg.	1.19	Mahi-Mahi Fresh Frozen Fillets	79¢
Biscuits Ballard Buttermilk or Overready. 8 oz. tube	17¢	Lobster Fresh Frozen Tails Tray Pak	3.29

Extra Savings With Bonus Buys

GATORADE Stokleys 32 oz. Reg. 43c	41¢	PICKLES Cuke Chips Nalley's 22 oz. Reg. 56c	52¢
LEMON JUICE Realemon 24 oz. Reg. 69c	62¢	DILLS Nalley's Banquet 22 oz. Reg. 56c	52¢
PRUNE JUICE Del Monte Qts. Reg. 64c	61¢	DOG FOOD Blue Mt. Chic-Liver-Eggs No. 1 Reg. 24c	20¢
SEGO DRINK Very Diet All Flavors 10 oz. Reg. 37c	29¢	INSTANT MIX Blue Mt. 8 lb. Reg. 1.95	1.69
HOT DOG SC. Gebhardt 10 oz. Reg. 31c	29¢	DETERGENT Miracle White No Phosphate 49 oz. Reg. 99c	89¢
TAMALES Van Camp No. 300 Reg. 51c	49¢	HI-C DRINK Grape or Orange 12 oz. Reg. 15c	14¢
CHUNK TUNA Star Kist ½'s Reg. 55c	51¢	LOAF Sandwich Biltmore 12 oz. Reg. 57c	53¢
BROWNY MIX Pillsbury Nutty 23¾ oz. Reg. 87c	79¢	DINNERS Schillings Pkg. Reg. 47c	41¢
BREAKFAST Instant Pillsbury 6's Reg. 72c	59¢	CEREAL Instant Roman Meal 25 oz. Reg. 65c	60¢
CEREAL Alpen 12 oz. Reg. 79c	65¢	PUDDING Cups Del Monte 4 Pk. Reg. 63c	57¢
CHOCOLATE Swiss Miss Inst. 14 Env. Reg. 93c	87¢	DOG MEAL Purina High Protein 25 lbs. Reg. 5.10	4.60
RED ROSE TEA 48's Reg. 73c	71¢	FLOOR FINISH Future 27 oz. Reg. 1.30	1.25
SKIPPY Peanut Butter 18 oz. Reg. 92c	87¢	PIGS FEET Hormels 14 oz. Reg. 1.23	1.16

. . .Plus Many, Many, More!!

SUPER BONUS BUY — CORN Del Monte Cream or Whole No. 303 — 4 FOR $1

SUPER BONUS BUY — TUNA PIES Star Kist 8 oz. — 4 FOR $1

SUPER BONUS BUY — DOWNEY Fabric Softner 96 oz. 25c off label — 1.69

SUPER BONUS BUY — CAKE MIX Pillsbury Layer Pkg. — 39¢

Super Low Everyday Shelf Prices

Baby Food	Gerbers 4¾ oz. Strained	13¢	Niblets Corn	12 oz.	30¢
Canned Milk	Carnation Tall	27¢	Sauce	Tomato Del Monte 8 oz.	11¢
Shasta Soda	Soft Drink 14 oz.	14¢	Paste	Tomato Del Monte 6 oz.	18¢
Tang Drink	Breakfast 18 oz.	99¢	Juice	Tomato Del Monte 46 oz.	41¢
Juice	Orange Del Monte 46 oz.	58¢	Spam	Hormel 12 oz.	95¢
Juice	Del Monte Pine/Grapefruit 46 oz.	39¢	Soup	Campbell Chicken Noodle 10½ oz.	29¢
Peaches	Del Monte Y.C. Halves No. 2½	41¢	Crisco	Oil 24 oz.	89¢
Green Beans	Del Monte Cut No. 300	29¢	Salt	Bonnie Hubbard Reg. 26c	14¢
Flour	Bonnie Hubbard 5 lbs.	79¢			
Nestea	Iced Sugar & Lemon 24 oz.	1.29			
Black Flag	House & Garden 12 oz.	1.40			
Bath Soap	Zest Deodorant	27¢			
Drink	Orchard All-Flavors ½ Gal.	67¢			
Bluing	Mrs. Stewarts 10 oz.	49¢			
Cat Food	Chopped Chicken Kitty Queen 6 oz.	25¢			
Syrup	Nalley's Lumber Jack 24 oz.	86¢			

Plus thousands more throughout the Store!!

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GIN or VODKA 3.11
80° 5th Your Choice



BRANDY "Traditional" California 80° 5th		3.99
TEQUILA Don Paco, White or Gold 80° 5th		3.99
BOURBON VIP 80° 5th		3.59
WHISKEY Seagrams "7" Crown 86° 5th Save 40c		4.99
WHISKEY Calvert Extra 86° 5th Save 40c		4.99
BRANDY Christian Bros. 80° ½ Gal. Save 1.00		12.40
BOURBON Yellowstone 86° 5th Save 60c		4.99
SCOTCH B-L 86° 5th		4.99
BRANDY Parrot "VS" 5th		4.99
WINE Lambrusco "Cella" Italian 5th		2.29
WINE Woodbridge, Burgundy, Chablis, Vin Rose, Pink Chablis		2.49
BEER Steinbrau 12 oz. Can 6 Pk.		89¢

Frozen Foods

Bread	Schilling Cheese, Garlic & Pizza 7 oz.	55¢
Raviola	Lucca Beef Large 16 oz.	99¢
Tamales	Red Beef 24 oz.	91¢
Dinner	Weight Watchers Fillet Fish 18 oz.	1.26
Juice	Orange Bonnie Hubbard 6 oz.	23¢
Juice	Orange Bonnie Hubbard 12 oz.	45¢
Juice	Orange Bonnie Hubbard 16 oz.	55¢
Ice Cream	Rounds Knudsen 1.2 Gal.	1.19
Juice	Orange Knudsen Qt.	63¢
Cheese	Cottage Knudsen Farmers Pt.	69¢

Health/Beauty Aids

Alberto Balsam	Reg. and Super 8 oz. (Reg. 1.49)	$1
Right Guard	Reg. 32 oz. (Reg. 1.09)	74¢
Mouth Wash	Micrin 18 oz. (Reg. 99c)	74¢

YOUR DOLLAR BUYS MORE AT A RALEYS STORE

People-Pleasing Entree Is Easy-Do For You!

Easy-Do Shrimp De Jonghe

If you really want to catch a crowd next time you entertain, offer an entree that you know will be delicious. Equally important is that you, the hostess, are not so absorbed in last-minute preparations that there isn't time to greet and be with your guests.

There is an answer -- serve easy-do shrimp. This is your lucky season because right now shrimp is a maxi-food for mini-money. There is a great abundance of shrimp crowding the walls of cold storage plants, and these products must be moved to supermarkets and seafood stores in order to make room for the new catch. Shrimp requires little preparation or cooking because it is naturally tender, and many market styles are already cleaned, breaded and ready to use. Because of the abundance right now, shrimp is being offered at very attractive prices.

Shrimp has reached the top of the popularity poll because of its delectable taste, and the many versatile ways it may be enjoyed. There is an added bonus, however, that the little crustaceans offer, and that is the nutritional value. Shrimp contains high-quality protein, is low in fat, and is an excellent source of essential minerals. Shrimp can make a major contribution toward providing nutritionally balanced meals.

A people pleasing entree that is easily prepared is "Easy-Do Shrimp De Jonghe." Although it hasn't been determined where this dish originated, it is very popular in the South and parts of the Middle West. There are many variations of this long-time favorite, some more spicy than others. Our choice, however, is the following one which was developed by a very talented home economist, and we want to share it with you. The shrimp is dipped into a butter mixture fragrant with wine and garlic, and colorful with parsley, chives, and paprika. Simply bake for about 15 minutes and serve and enjoy. Don't miss the shrimp boat when it arrives at your neighborhood stores -- prices may be higher once this shrimp bonanza is sold.

EASY-DO SHRIMP DE JONGHE

2 packages (10 ounces each) frozen breaded shrimp (with or without tails)
2/3 cup butter or margarine, melted
1/2 cup dry white wine
2 cloves garlic, minced
2 tablespoons chopped parsley
2 teaspoons chopped chives
1/2 teaspoon paprika

Combine and mix melted butter or margarine, wine, garlic, parsley, chives, and paprika. Dip frozen shrimp into butter mixture. Arrange an equal amount of shrimp in shallow individual baking dishes or shells. Drizzle any remaining butter mixture over shrimp. Bake in very hot oven, 450 degrees F., for about 15 minutes, or until hot and lightly browned. Makes 6 servings.

The Sacramento Observer
WEEKLY
Food
SECTION



Consumer Review $

by CLOVES CAMPBELL

SWEEPSTAKES OR SWEET TAKE

Sweepstakes had almost become passe. But because of what seems an about face by the Federal Trade Commission, you can bet there will be more of them to enter, if that's your choice.

Three and a half years ago, congressional hearings on sweepstakes blunted much of the activity - or at least made remaining sweepstakes more honest. Chaired by Representative John Dingell of Michigan, the primary interest of the subcommittee was the low percentage of prizes awarded compared to the amount advertised.



The principal target was preselected sweepstakes. With these, the percentage of prizes awarded depends on the percentage of "winning" numbers returned. If only half the numbers are sent back, only half the prizes are given away. So in order to win, two things must happen: your number must be drawn before you receive it, and you must return the number. Companies using the preselected method realize there will be few winners. In standard sweepstakes, all prizes are usually awarded since winning numbers are drawn only from those returned.

Hundreds of sweepstakes promoters and sponsors testified before the subcommittee. The statistics on winners - or should we say, losers, tell the truth about sweepstakes.

One Company advertised 10,180 prizes, but awarded only 109. Of those given away, two were third-prizes, and 107 were fourth place prizes (a small lump). No first - and second place prizes were awarded.

In another sweepstakes, $200,000 in prizes was advertised, but only $1,000 worth was given away. One company conducted 18 sweepstakes within a two year period; it paid out a mere 3/10 of a per cent of the prizes advertised.

Data supplied by the FTC during the hearings revealed these averages: soap companies paid out about 2.4 per cent of the advertised value; mail-order companies, 2.6; auto companies, 2.9; major oil companies, 10.9; book and periodicals, 13.5 per cent.

The winnings from sweepstakes aren't much, either. Most of the prizes are trinkets. Few "winners" ever win European vacations, Jaquars, or two story colonial houses.

Because of bad publicity given sweepstakes by the subcommittee, plus pressure from the FTC, companies began cleaning up their sweepstakes. Many dropped them completely; those that stayed in the game tailored preselected sweepstakes so more prizes were awarded.

However, a recent FTC ruling may change all this. The case involved the McDonald's hamburger chain. A 1968 McDonald's sweepstake promoted $500,000 in prizes. The 227 prizes awarded were worth only about $12,000. In 1971, a cease and desist order was issued by the FTC against McDonald's, its promoter and advertiser. McDonald's was charged with deception. But in a recent 3 to 2 decision, the FTC dismissed the charges. It ruled that the disparity between what was advertised and what was given away was deceptive advertising. Commissioner Mary Gardiner Jones, who issued on the dissenting votes, pointed out that it was not the intent of the FTC ruling to once again popularize "dishonest" sweepstakes.

Tom Powers, legislative aid to Rep. Dingell, said that much of what had been accomplished by the subcommittee has now been undone by the FTC. Powers predicts "a great proliferation" of sweepstakes again.

Grits Le Grande

Here's a dish elegant enough for a company brunch, but hearty enough to please a ravenous family. It's flavor-and nutrient rich, thanks not only to the iron and B-vitamins of the enriched grits, but to the addition of dry milk solids, grated American cheese and eggs as well. Grits le Grande will delight all -- at breakfast OR supper!

GRITS LE GRANDE
Makes 8 Servings

4 cups water*
1 cup dry milk solids
2 teaspoons salt
1 cup enriched white hominy quick grits
1 cup grated American cheese
1/4 cup butter or margarine
4 eggs

Heat oven to moderate (350 degrees F.). Place water, dry milk solids and salt in saucepan; stir well and bring to a boil. Slowly stir in grits. Reduce heat and cook 2-1/2 to 5 minutes, stirring occasionally. Remove from heat. Stir in 1/2 cup of the cheese and butter. Add eggs, one at a time, beating well after each addition.



Pour mixture into greased shallow 2-qt. baking dish. Sprinkle with remaining 1/2 cup of cheese. Bake in preheated oven (350 degrees F.) about 30 minutes.

*To use regular grits, increase water to 5 cups. Cook, covered 25 to 30 minutes, stirring occasionally.



WESTERN FAMLY
Spring Sale
Breeze into Bel Air and stock up on these fresh Spring buys

WESTERN FAMILY ORANGE JUICE 5 FOR $1 100% FLORIDA FROZEN 6 OZ.
WESTERN FAMILY APPLE SAUCE 4 FOR $1 FLAVORFUL BLEND 303

BEAUTIFUL FLOWERS
FRESH CUT COLORFUL STALKS 88¢ BUNCH
MARGUERITE FRESH DAISIES 48¢ BUNCH
ASSORTED GREEN PLANTS 48¢ EA. 2 INCH POT

WONDERFUL BAKE GOODS
PLAIN TYPE ANGEL FOOD $1.19 POPULAR CAKE
COFFEE TYPE DATE CAKE 98¢ IN FOIL PAN
BAKING POWDER FLUFFY BISCUITS 6 FOR 59¢ IN FOIL PAN

GOURMET DELICATESSEN
• 1919 FRUITRIDGE RD. • 4320 ARDEN WAY • 1301 FLORIN RD. • 5450 DEWEY DRIVE
FULLY COOKED GOURMET TURKEY BREAST ¼ LB. 75¢
ITALIAN STYLE MORTADELLA ½ LB. 89¢
LOUIS BRAND RICH TURKEY SALAMI ½ LB. 89¢
DANISH VARIETY BLUE CHEESE ½ LB. 89¢
IMPORTED FLAVORFUL COOKED HAM ½ LB. $1.09
DANISH VARIETY FONTINA CHEESE ½ LB. 79¢

FINE WINES & LIQUORS
80 PROOF HALF GALLON GORDON VODKA $9.49
WHISKEY BLEND FIFTH SEAGRAM 7 CROWN $4.99
80 PROOF QUART SIZE BEL AIR VODKA $3.88
SPECIAL CANADIAN 80 PF. QT WALKER WHISKEY $5.49
80 PROOF QUART SIZE BEL AIR DRY GIN $3.88
ITALIAN SWISS HALF GALLON $2.09
86 PROOF IMPORT FIFTH BEL AIR SCOTCH $4.47
BURGUNDY CHABLIS RHINE ALMADEN MTN. HALF GAL. $3.34
PREMIUM BEER 12 OZ. CAN GOLDEN BREW SIX PAK 99¢
LIEBFRAUMILCH 23 OZ. BLUE NUN WINE $3.98

TWO GREAT HANDY BOOKS
FLOWER AND GARDEN BOOK CHAPTER 8 "HERBS AND SALAD GARDEN"
HANDY HOME REPAIR BOOK CHAPTER 8 "WINDOWS AND DOORS"
39¢ EACH
CONVENIENT BINDER FOR CHAPTERS EACH 99¢

SWEET CANTALOUPES VINE RIPE MELONS 3 FOR 99¢
ROYAL HAWAIIAN TROPICAL PAPAYAS EA. 39¢
HADEW VARIETY EXOTIC MANGOES EA. 39¢
CRISP CARROTS 1-LB. CELLO BAG 2 FOR 29¢
FLAVORFUL BROCCOLI FRESH FIRM STALKS EA. 39¢
ITALIAN SQUASH FRESH AND TENDER LB. 29¢

BEL AIR GOURMET PRODUCE FEATURES
POPULAR CHINESE VARIETY FRESH SUGAR PEAS LB. 69¢
HAWAIIAN FLAVORFUL FRESH GINGER ROOT LB. 89¢
FRESH AND FLAVORFUL BLACK EYE PEAS PKG. 49¢
CALIF. MARINATED 4½ OZ. JAR ARTICHOKES 3 FOR 89¢

WESTERN FAMILY CLING PEACH YELLOW SLICES HALVES 2½ CAN 39¢
WESTERN FAMILY BLEND PEAS 303 SIZE CAN 4 FOR $1
WESTERN FAMILY PEAR HALVES 303 SIZE CAN 35¢
WESTERN FAMILY SWEET CORN KERNEL OR CREAM 303 4 FOR 88¢
BEL AIR CUBED MARGARINE 1-LB. PKG. 43¢
WESTERN FAMILY CORN ON COB FROZ 8 EAR PACK 55¢
FOLGER GRINDS 2 LB. CAN $2.07 3 LB. CAN $2.99
FOLGER INSTANT 6 OZ. JAR $1.27 10 OZ. JAR $1.79
REALEMON JUICE LEMON 24 OZ. 58¢
DR. PEPPER REGULAR OR SUGAR FREE BEVERAGE 16 OZ. BOTTLE 8 PACK $1.09
BEL AIR FRESH EGGS GRADE AA EXT LGE 50¢
BEL AIR FRESH EGGS GRADE AA LARGE 49¢
BEL AIR FRESH EGGS GRADE AA MEDIUM 41¢
BEL AIR FRESH BREAD WHITE OR WHEAT 16 OZ 31¢
KRUSTEAZ PANCAKE MIX 3½ LB PACKAGE $1.15
TABLE SYRUP WESTERN FAMILY IMITATION MAPLE 22 OZ 49¢

TEXSUN GRAPEFRUIT PINK JUICE 46 OZ CAN 49¢
KIDNEY 300 WESTERN FAMILY RED BEANS 4 FOR $1
WESTERN FAMILY GARBANZO 300 CAN 4 FOR $1
303 WESTERN FAMILY SPINACH 4 FOR 88¢

• 1919 FRUITRIDGE RD. • 6231 FRUITRIDGE RD. • 1301 FLORIN RD.



CHICKEN KING
Family size
Single orders
Bucket-o-chicken
Fish and Prawns
3449 RIO LINDA BLVD
AT NOGALES IN DEL PASO HEIGHTS
TAKE HOME
PROBABLY THE BEST FOOD AROUND
PHONE 922-5761

This Dish Has A Lot Of Good Things

Here's a vegetable dish that's a combination of good things. Lima beans and carrots bask in a smooth cheese sauce kept creamy with velvetized evaporated milk. Corn chips add interest to the top of the dish. Try it soon.

LIMA BEANS AND CARROTS AU GRATIN
(Makes 5 to 6 servings)

1 pkg. (10 oz.) frozen lima beans
1 cup chopped carrots
1/2 cup chopped onion
1 tablespoon butter
1 tablespoon flour
1/4 teaspoon salt
1/3 cup water
2/3 cup undiluted Carnation Evaporated Milk
1/2 cup (2 oz.) shredded Cheddar cheese
1 cup coarsely crushed corn chips

Place lima beans, carrots and onion in small saucepan. Cover with water. Heat to boiling over high heat. Reduce heat. Simmer 15 minutes or until lima beans are tender. Drain. Melt butter in small saucepan. Stir in flour and salt. Gradually stir in water and evaporated milk. Cook over moderate heat, stirring constantly, until slightly thickened. Add cheese and continue heating and stirring until cheese is melted. Combine drained vegetables and cheese sauce. Pour into shallow 1-quart casserole. Top with crushed corn chips. Bake in moderate oven, 350 degrees 10 minutes.

1ST OF A SERIES

What Is Proper Toothbrushing?

EDITOR'S NOTE: Almost no one of us is immune to some kind of dental decay. And almost everyone of us would like to know what to do about it.

In a three-part series, THE OBSERVER will make available professional advice on general oral health. The information in the article is from specialists in periodontics at the University of Southern California (USC) school of Dentistry.

(PART I of a Three-Part Series)

Proper toothbrushing is our best weapon against dental disease, according to a group of University of Southern California (USC) dentists.

What is proper toothbrushing? That depends on you. What is right for one person may be wrong for another.

Dr. Robert Reeves of Pacific Palisades, Dr. Ian Vogan of Studio City, and Dr. Larry Yamada of Los Angeles (90045) discovered this question in considering dental care generally. The three are specialists in periodontics, the branch of dentistry that deals with the area around the teeth ("peri" from the Greek word for around and "odontics" from the word for tooth) and is, therefore, concerned with general oral health.

The only way to determine your own correct brushing method, the three dentists agree, is to have your mouth checked professionally to see if periodontal disease and caries, the dental term for decay, or cavities, are being controlled.

"If these diseases are being controlled," Dr. Yamada said, "brushing is probably being done correctly. These can't be controlled completely in everyone, but the bulk could be avoided by proper diet and oral hygiene."

Why is brushing so important to dental health?

"It brushes away dental plaque," Dr. Reeves explained. "Plaque is a sticky material, relatively insoluble in water or saliva, composed primarily of great quantities of various types of micro - organisms. There are other elements in plaque, but these bacteria are the real troublemakers.

"Both periodontal disease and caries are strongly related to formation and retention of plaque. Plaque is not food; brushing is needed primarily to eliminate plaque, only secondarily to remove food particles."

To this, Dr. Vogan agrees: "Even patients fed only intravenously have a significant amount of plaque accumulation. It forms during the night as well as the day. The important thing is to remove it before it is on the teeth long enough for bacteria to flourish and cause harm."

The critical area in plaque removal, as far as periodontal disease is concerned, is around the neck of the teeth where the teeth and gums join.

Any kind of friction will remove plaque, the group agreed. "A brush is easiest for the visible surfaces of the teeth, but dental floss or other methods may be necessary for areas between the teeth," Dr. Reeves observed. "Many things have been used to supplement the toothbrush, including rubber tips, toothpicks, darning yarn - even pipe cleaners. Any way that will remove plaque safely is good even if your dentist has never heard of your system."

(Next: Do mouthwashes and toothpastes really help avoid dental problems?)



As-Salaam-Alakium

We, the Muslims of Muhammad's Temple No. 73, thank you for your continued patronage. Visit our newest facility, Shabazz Bakery & Coffee Shop, home of the World Famous Muslim bean pie, carrot cakes, blueberry cheese pies, donuts, homemade wheat bread, etc.

We also have great salads.

Drop in and try us, we're sure you'll like us.

SHABAZZ BAKERY & COFFEE SHOP

3711 STOCKTON BLVD.

FIRST OF THE MONTH STOCK-UP

Serving Suggestion



Foster Farms Cut-Up Fryers

Lb. **49c**

Serving Suggestion

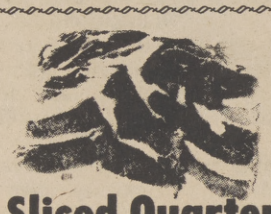


Beef Patty Mix

Beef Plus Brand Tm. Reg.

Lb. **69c**

Boneless Steak	Beef Chuck Shoulder	Lb. $1.59
Beef Rib Steak	USDA Choice	Lb. $1.89
Round Tip Roast	Beef Round	Lb. $1.69
Beef Oxtails	For Delicious Oxtail Soup	Lb. 89c
Spareribs	Lean & Tender Pork	Lb. 99c
Fish Fillets	Turbot Greenland	Lb. $1.15



Sliced Quarter Pork Loins

Assorted Chops

Lb. **$1.09**

Serving Suggestion



Foster Farms Fryer Parts

Breasts & Thighs (Drum – lb. 79c) (Wings – lb. 65c)

Lb. **89c**

Leo's Beef Jerky	10-oz. Jar	$4.39
Salami Chub	Gallo 13-oz. Pkg.	$2.19
Salami Chub	Gallo 1 lb. 7-oz. Pkg.	$2.85
Bologna	All Meat or Beef – Oscar Mayer Brand 12-oz. Pkg.	$1.15
Variety Pack	Oscar Mayer – 12-oz. Pkg.	$1.44
Chopped Ham	Oscar Mayer 8-oz. Pkg.	$1.14



Blade Roast

Beef Chuck (7-Bone Roast Lb. 94c)

Lb. **78c**



Round Steak

Bone-in (Boneless Lb. $1.29)

Lb. **$1.09**

Top Round Steak	USDA Choice Lb.	$1.69
Veal Patty Steaks	Lb.	$1.39
Jumbo Franks	Made Rite 1-lb. Pkg.	$1.19
Beef Franks	or All Meat – Oscar Mayer 1-lb. Pkg.	$1.25
Sliced Chicken	Land O Frost 3-oz. Pkg.	49c
Dubuque Franks	1-Lb. Pkg.	89c
Salami Chub	Gallo 8-oz. Pkg.	$1.44
Sliced Bologna	Safeway 12-oz. Pkg.	98c

New Uniform Meat Identity Program at Safeway

You'll notice changes in some of the names on meat labels in our cases. We have adopted a new program under which meat retailers will use uniform names for the different cuts of meat they sell. In addition to helping you identify cuts, the plan also aids in selecting proper cooking methods. If, for example, the label shows a cut to be a steak or roast from Beef Loin or Beef Rib, dry heat cooking methods such as roasting, broiling and frying are recommended. For most other beef, moist cooking methods such as braising or cooking in liquid are recommended. Some tender cuts of beef not marked Loin or Rib may be cooked with dry heat but it is best to check your cookbook on these.

FROZEN FOOD FAVORITES

Bel-air 100% Pure **Florida Orange Juice** 4 6-oz. Cans $1

Bel-air Frozen **Peas & Carrots Combination** 10-oz. Pkg. 22c

Bel-air **Hash Brown Potatoes** 12-oz. Pkg. 31c

Fruit Juice	Hawaiian Punch-Red 12-oz. Can	45c
Grapefruit	Juice – Pink, Minute Maid 6-oz. Can	34c
Pizza Rolls	Jeno's – Sausage & Cheese 6-oz. Pkg.	59c
Pizza Rolls	Jeno's – Pepperoni & Cheese 6-oz. Pkg.	59c
Bread	Schilling's – Cheese or Garlic 7-oz. Pkg.	57c
Mac. & Cheese	Morton's 8-oz. Pkg.	35c
French Toast	Bel-air 11-oz. Pkg.	59c
Eggo Waffles	Family Pack 20-oz. Pkg.	77c

Since we're neighbors, let's be friends



Carnation-Light **Chunk Tuna** 6-oz. Can

43c



Lucerne **Delicious Ice Milk** 1/2-Gal. Carton

78c



Cream O'the Crop **Grade AA Medium Eggs** Dozen Carton

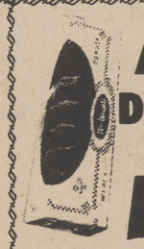
(Large—59c) Ex. Lg.—61c

49c



Town House **Tomato Sauce** 8-oz. Can

11c



Mrs. Wright's **Assorted Doughnuts** Pkg. of 8

53c



Cragmont **Canned Sodas** 12-oz. Can

6 For **65c**



Enriched **Pillsbury Flour**

5 Lb. Bag **99c**



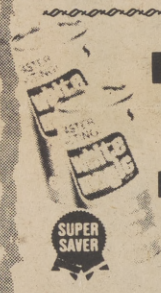
Quart **Kraft Mayonnaise** Quart Jar

85c



Deodorant **Dial Bath Bar** 5-oz. Bar

31c



White Magic **Powdered Cleanser** 14-oz. Can

14c



White Magic **Laundry Detergent** 49-oz. Pkg.

69c



White Magic **Gallon Bleach** Gallon Jug

39c

Potato Bread	Mrs. Wright's 2 24-oz. Loaves	79c
2-lb. Coffee	Edward's 2-lb. Can	$2.03
Fruit Drinks	Lucerne – Assorted Gallon Jug	69c
Prune Juice	Town House 40-oz. Bottle	73c
Biscuits	Mrs. Wright's – Reg. or Bttrmlk 2 8-oz. Tubes	25c
Coffee	Taster's Choice – Freeze Dried 8-oz. Jar	$2.49
Beef Stew	Nalley's 15-oz. Can	62c
Margarine	Gold-N-Soft 1-lb. Pkg.	59c
Biscuit Mix	Mrs. Wright's 40-oz. Pkg.	72c
Soup	Town House – Chicken or Turk/w Noodle 5 10-oz. Cans	89c
Soup	Town House – Crm. of Chick., or Chick. w/rice 5 10-oz. Cans	89c
Lucky Whip	Topping 9-oz. Can	64c
Wheaties Cereal	18-oz. Pkg.	74c
Coating	Betty Crocker – Crisp-N-Tender 3¾-oz. Pkg.	29c
Ritz Crackers	NBC 16-oz. Pkg.	59c
Biscuits	Pillsbury Bttrmlk., Country, or Ex. Lt. 8-oz. Tube	16c
Black Tea Bags	Lipton 1/4-lb. Pkg. of 100	1.35
Paper Plate	Brocade – White 9-Inch Pkg. of 100	89c
Dog Food	Chuck Wagon 40-lb. Bag	$5.98
Dog Food	Purina – High Protein 25-lb. Bag	$5.10
Alum. Foil	Kitchen Craft 18"x25' Roll	57c
Detergent	Electrasol Dishwasher 50-oz. Pkg.	82c
Tumblers	Plastic – 14-oz. Size 6 for	39c

IN-STORE BAKE SHOP



Fresh Baked Buttermilk **Cake Donuts**

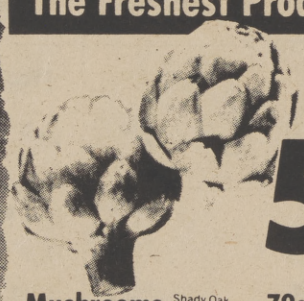
6 for **59c**

Fresh Cookies	Peanut Butter 4 Dozen	$1
Cream Pie	Strawberry Each	$1.89

(Available only in stores with Bake Shop)

MJB Coffee	Rich Flavor 2-Lb. Can	$2.07
MJB Coffee	Try a Cup 3-Lb. Can	$2.95
Enchilada Sce.	Las Palmas 19-oz. Can	43c
Vitamins	One-A-Day Bottle of 100	$2.19
One-A-Day	Vitamins plus iron Bottle of 100	$2.65
Jergen's Lotion	15-oz. Bottle	$1.54

The Freshest Produce You Can Buy!



Large Size — Globe Variety **ARTICHOKES**

5 For **89c**

Mushrooms	Shady Oak Brand lb.	79c
Fresh Lemons	3 for	39c
Mustard Greens	2 Buns	39c
Wonton	Fresh Noodles 16-oz. Pkg.	74c
Prunes	Gardenside – Breakfast 2-lb. Bag	$1.27
Carrots	Tender Clip Tops 2-lb. Bag	29c
Tofu	Fresh Soy Bean Cake 16-oz. Pkg.	39c
Bunch Spinach	2 For	29c

New Crop — Mild Flavor **YELLOW ONIONS** 3-Lb. Bag **39c**

Jet Fresh From Hawaii **PAPAYAS** Tropical Fruit EACH **59c**

Prices Effective Today thru Sat., May 4th

SAFEWAY

No Sale to Dealers or for Resale

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Monterrey Stoneware

COFFEE CUP ... Each **59c**

Round Platter $5.95



'BAKE SALES ARE FOR RAISIN MONEY' BOOKLET

A profitable bake sale takes good planning, organization and professional selling techniques.

"Bake Sales Are For Raisin Money" is a new 16-page booklet that's been written by the home economists at the California Raisin Advisory Board to give you hints on everything from basic organization to publicity, creative packaging and food safety. In addition this bake sale guide contains a selection of delicious recipes desinged to delight any bake sale customer.

Country Raisin Gingersnaps is only one of the tasty ideas. For more recipes, write for your free copy of "Bake Sales Are For Raisin Money," Department M., P.O. Box 5172, Fresno, California 93755.

COUNTRY RAISIN GINGERSNAPS

3/4 cups shortening
1 cup sugar
1 egg
1/4 cup molasses
2-1/4 cups sifted flour
2 teaspoons soda
1 teaspoon salt
1 teaspoon ginger
1/2 teaspoon cinnamon
1/4 teaspoon cloves
1-1/2 cups California raisins chopped
Sugar

Beat together shortening, sugar and egg. Blend in molasses. Sift together flour, soda, salt and spices; blend into creamed mixture. Mix in raisins. Chill dough. Shape dough into small balls and roll in sugar. Place on lightly greased baking sheet. Bake at 375 degrees 8 to 10 minutes. Remove to cooling rack.

Makes about 3 dozen cookies.

Fish Products Provide Excellent Nutrition

Most homemakers know that doctors and nutritionists recommend at least five fish meals a week because of the excellent nutrition fishery products provide. Fish, when properly prepared, can also be satisfying and delicious as well as being good for you. But did you know that a little fish goes a long way in feeding a family without straining the food budget?

Some of the more scarce varieties are expensive, of course, but the vast majority of fishery products are thrifty buys. Canned fish, fish portions and sticks, and the wide variety of fish fillets, in particular, are good buys because there is no waste -- what you buy is one hundred percent food. When buying fish fillets, investigate both fresh and frozen fillets in your supermarket or seafood store. Those that are seasonally plentiful will be the most reasonably priced.

Conserve your energy. Make dinner tonight and use only one skillet. Halibut with Spinach and Mushrooms solves the meat and vegetable problem deliciously. Evaporated milk keeps the spinach base creamy and flavorful. Serve this colorful dish to your family soon.

Try This Energy-Saving Recipe

HALIBUT WITH SPINACH AND MUSHROOMS

(Makes 4 to 5 servings)
1 medium onion
4 tablespoons butter
2 packages (10 ounces each) thawed frozen chopped spinach
4 ounces fresh or 1 can (4 ounces) drained mushroom stems and pieces
1 pound thawed frozen halibut fillets
1/2 teaspoon salt
1/4 teaspoon crushed thyme leaves
3 tablespoons flour
1 teaspoon salt
2/3 cup undiluted Carnation Evaporated Milk



Cut onion into thin slices. Separate into rings. In medium-sized skillet, saute onion rings in 2 tablespoons butter until tender. Drain spinach. Add spinach and mushrooms to onions. Cut halibut into serving pieces; place on top of spinach. Dot fish with remaining 2 tablespoons butter. Sprinkle with the 1/2 teaspoon salt and thyme. Cover and cook over low heat until fish flakes easily with fork, about 10 minutes. Remove fish.

Keep warm. Combine flour, the 1 teaspoon salt and evaporated milk. Stir until smooth. Gradually add to spinach; stir constantly. Cook and stir until thickened. Turn spinach onto serving plate. Top with warm fish fillets.



Calico Salad

Crunchy, colorful and nutritious Calico Salad is a nice change from tossed greens. Dress the raw, chilled vegetable combination with a lively dressing made of evaporated milk and seasonings. The result is pleasant. You'll like it. So will your family.

CALICO SALAD
(Makes 5 to 6 servings)
2 cups coarsely cut Romaine lettuce
1-1/2 cups shredded red cabbage
1/2 cup chopped raw cauliflower
1/2 cup coarsely grated carrots
1 cup chopped raw broccoli

Combine ingredients in large salad bowl. Cover and chill until serving time. Pour dressing over vegetables and toss lightly.

SALAD DRESSING
1/2 teaspoon salt
1/8 teaspoon pepper
1/2 teaspoon prepared mustard
1/4 cup sugar
1/2 cup undiluted Carnation Evaporated Milk
2 tablespoons vinegar

Combine salt, pepper, mustard and sugar. Mix well. Gradually stir in evaporated milk. Add vinegar slowly and stir constantly until mixture is thickened.

CHICKEN DELICACY DELIGHT

Remove all skin and fat from a 3 lb. broiler or chicken thighs and/or breasts. Place in shallow pan and sprinkle with seasoned salt and paprika.

Squeeze 1/2 small lemon over bird and place in preheated broiler 3" from heat.

Broil for 5 minutes, then baste chicken with pan juices. Broil 5 more minutes, baste again and turn chicken.

Sprinkle with more seasoned salt and paprika and squeeze another small lemon half over bird. Broil until browned.

Remove from broiler, baste again and dot chicken with 1-1/2 ozs. Mozzarella cheese cut into small bits. Place the chicken in preheated moderate oven 350 degrees, and bake for 10 minutes. Makes 4 servings. (295 calories per serving.)

COLONEL SANDERS' RECIPE

Kentucky Fried Chicken©



RAY and ADELL ROGERS



Your Choice:
ORIGINAL or EXTRA CRISPY

SPECIAL

EVERYDAY ALL DAY

SUN | MON | TUE | WED | THU | FRI | SAT

2-PIECES CHICKEN
MASHED POTATOES
& GRAVY
ROLL
COBBETTE





Corn-on-the-Cob)

99¢

"it's finger lickin' good"®

3119 BROADWAY

VANS DISCOUNT MARKETS

Spring Values AT YOUR FRIENDLY VANS MARKETS

SALE EFFECTIVE 7 DAYS APRIL 30 thru MAY 6

NO. SACRAMENTO · CARMICHAEL · ORANGEVALE · NORTH AREA · GREENHAVEN · NORTH AREA · SO. SACRAMENTO · NORTH AREA · PARKWAY ESTS.

FARM FRESH PRODUCE . . .

LARGE TENDER ASPARAGUS 3 LBS $1.00

DUBUQUE SANDWICH STYLE CANNED PICNIC 3-LBS. $3.29

ARMOUR STAR MIRA CURE SLAB BACON BY THE PIECE 69¢ LB.
SLICED ..... 79¢ LB.

LARGE FROST FREE ARTICHOKES 5 FOR $1

RIPE NAVEL ORANGES 5 LB. CELLO 69¢

TENDER ZUCCHINI SQUASH 3 LBS $1

SHENSON'S BONELESS BRISKET CORNED BEEF $1.19 LB.

FRESH EASTERN CORN FED CENTER CUT PORK CHOPS $1.27 LB.

MILD YELLOW ONIONS 11¢ LB.

CRISP WASHINGTON RED DELICIOUS APPLES 4 LBS $1

FRESH CLIP TOP CARROTS 11¢ LB.

BONELESS LEAN BOTTOM ROUND ROAST $1.49 LB.

BONELESS RUMP ROAST $1.88

BONELESS, EYE OF ROUND ROAST $1.88 LB.

PAN FRY CUBE STEAK $1.88 LB.

LEAN CUBES BONELESS BEEF STEW $1.49 LB.

BONELESS, LEAN, THICK CUTS SWISS STEAK $1.59 LB.

BANQUET TV DINNERS ALL VAR.—53¢ VALUE 39¢

STARKIST CHUNK TUNA 6½ OZ.—59¢ VALUE 49¢

SKIPPY ALL VARIETIES DOG FOOD 15 OZ.—6 FOR $1 VALUE 8 FOR $1

BORDENS MAYONNAISE QUART—$1.09 VALUE 89¢

DUBUQUE ALL MEAT OR ALL BEEF FRANKS 12 OZ.-89¢ VALUE 49¢

JOHNS PIZZA ALL VARIETIES 15/16 OZ. 69¢

NESTLE HOT COCOA MIX 24 OZ. 99¢ VALUE 69¢

PURINA CAT CHOW CAT SHOW ALL VAR. EXCEPT ORIGINAL 22 OZ. 59¢ VALUE 39¢

FLICKER LADIES SHAVER $1.49 VALUE 99¢

REDDI WHIP REAL CREAM TOPPING 7 OZ. 79¢ VALUE 59¢

GREEN PEAS	TENDER BONNIE HUBBARD 10 OZ.	5 FOR $1	CRACKERS	RITZ 16 OZ.	59¢	BEEF TAMALES	HORMEL #300 45¢
ROLLS	JENO'S PIZZA PEPPERONI OR SHRIMP 6 OZ.	59¢	SUGARTWIN	PACKETS 50 CT.	45¢	CLAM CHOWDER	SNOW'S 15 OZ. 45¢
FISH N' CHIPS	VAN DE KAMP 16½ OZ.	89¢	REALEMON	24 OZ.	59¢	SOY SAUCE	MR. LOU'S 12 OZ. 49¢
CORN DOGS	JOHNSONS 11 OZ.	79¢	POPCORN	JOLLY TIME ALL VARIETIES 20 OZ.	43¢	MARINADE	LIQUID KEY SAUCE 25 OZ. 89¢
PIZZA BREAD	SCHILLINGS 7 OZ.	49¢	PANCAKE SYRUP	GOLDEN GRIDDLE 24 OZ.	79¢	PUDDING CUPS	DEL MONTE ALL VARIETIES 4 PAK 59¢

LIQUID GOLD	SCOTT'S AEROSOL 10 OZ. LIQUID 16 OZ.	$1.49	LUNCH MEAT	C&K SLICED BOLOG, BEEF BOLOG, BEEF SALAMI 12 OZ.	99¢		
BLEACH	LIQUID SANICLOR GAL.	49¢	MARGARINE	SOFT TUB MRS. FILBERTS 1 LB.	59¢		
TOMATO SAUCE	CONTADINA 8 OZ.	10¢	JUICE	ORANGE or GRAPEFRUIT TREESWEET 64 OZ.	89¢		
FRUIT COCKTAIL	FRUIT N' HONEY #303	3 FOR $1	SLICED MEATS	LEO'S ALL 49¢ VARIETIES 3 OZ.	45¢		
JUMBO TOWELS	BONNIE HUBBARD JUMBO	36¢	SALADS	RESER'S POTATO OR MACARONI 18 OZ.	59¢		

MOTHER'S OLD FASHIONED COOKIES 59¢

SANITARY NAPKINS REG OR SUPER $1.93 VALUE 40'S TAMPAX $1.29

SCHILLINGS BLACK PEPPER 4 OZ. 59¢

LUCKY CHARMS CEREAL 14 OZ. 79¢

SLENDER 4 PAK ALL FLAVORS, SAVE 40¢ DIET FOOD 59¢

HILLS BROS. COFFEE 3 LBS. $3.09 VALUE $2.69

IRISH SPRING DEODORANT SOAP 27¢ VALUE 6 FOR $1

NEW DYNAMO LIQUID DETERGENT GIANT SIZE 99¢ VALUE 69¢

VEL MINT LIQUID DETERGENT KING SIZE 95¢ VALUE 59¢

NESTEA INSTANT TEA 10 PAK 99¢ VALUE 69¢

NESTLES Miniature ALL VAR. CANDY BARS 89¢ VALUE 59¢

WITH COUPON BELOW

40¢ COUPON
HILLS BROS. COFFEE 3 LBS. WITH COUPON $2.69 WITHOUT $3.09
LIMIT 1 PER FAMILY AVAILABLE AT VANS MKTS APR. 30 THRU MAY 6, 1974
40¢ COUPON

62¢ COUPON
IRISH SPRING DEODORANT SOAP REG. SIZE WITH COUPON 6 FOR $1 WITHOUT 27¢ EA.
LIMIT 6 PER FAMILY AVAILABLE AT VANS MKTS APR. 30 THRU MAY 6, 1974
62¢ COUPON

60¢ COUPON
NEW DYNAMO LIQUID DETERGENT GIANT SIZE WITH COUPON 69¢ WITHOUT 99¢
LIMIT 2 PER FAMILY AVAILABLE AT VANS MKTS APR. 30 THRU MAY 6, 1974
60¢ COUPON

72¢ COUPON
VEL MINT LIQUID DETERGENT KING SIZE WITH COUPON 59¢ WITHOUT 95¢
LIMIT 2 PER FAMILY AVAILABLE AT VANS MKTS APR. 30 THRU MAY 6, 1974
72¢ COUPON

60¢ COUPON
NESTEA INSTANT TEA 10 PAK WITH COUPON 69¢ WITHOUT 99¢
LIMIT 2 PER FAMILY AVAILABLE AT VANS MKTS APR. 30 THRU MAY 6, 1974
60¢ COUPON

90¢ COUPON
NESTLES MINIATURE CANDY BARS ALL VAR. WITH COUPON 59¢ WITHOUT 89¢
LIMIT 2 PER FAMILY AVAILABLE AT VANS MKTS APR. 30 THRU MAY 6, 1974
90¢ COUPON

SAEOC SCENE

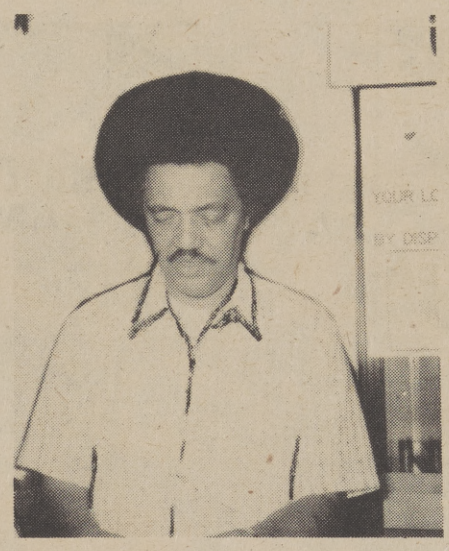
SACRAMENTO AREA ECONOMIC OPPORTUNITY COUNCIL

JOHN W. ROBINSON
Executive Director

MICKIE REINALDO
Public Information Officer



Mike Bannerman is a full-time EFMS employee. Bannerman started as a Neighborhood Youth Corps trainee and has held several positions in the SAEOC agency.



EFMS Director Jessie DeRouen retired from the military and joined the SAEOC staff in 1973. His duties cover the food stamps sales transactions and the various feeding programs supplemented by the EFMS program.



Dolly Rhoads, right, serves a customer at the food stamp sales window while Jessie DeRouen, EFMS Director, watches. Ms. Rhoads is an employee in a Southgate Department store, and volunteers in the EFMS office.

Unique Food Stamp Outlet

Staggering food prices have affected grocery budgets of all Americans and particularly those with low incomes.

A recent study by a congressional staff reported one of four Americans may be eligible for government food stamps over the next two years.

The food stamp program has grown and transformed into the only universal income supplement in the country.

The Emergency Food and Medical Services (EFMS) program, sponsored by the Sacramento Area Economic Opportunity Council (SAEOC), operates a food stamp sales outlet at 4170 Florin Road in Southgate Shopping Center.

"The number of sales transactions has increased substantially within the past 30 days," Jessie DeRouen, EFMS Director, said, "and at this rate, it is difficult to project how much the volumne will increase by fall." In addition to sales, DeRouen said requests for eligibility have also increased.

In addition to selling food stamps to approximately 3,000 persons each month, EFMS supplements several hot lunch feeding sites for senior citizens, as well as breakfast and lunch preschool programs in Sacramento County.

While EFMS cannot qualify persons for the food stamp program, it provides referral services and maintains a food closet stocked with non-perishable food which is distributed on an emergency basis at no cost to eligible persons.

Unlike other local food stamp sales outlets, the EFMS office is centrally located and accessible by bus. It is open six days a week from 8 a.m., to 6:60 p.m., and provides a check cashing service for welfare checks.

Senior citizens sites are: Glen Elder, 8017 35th Avenue; Macedonia Church, 700 Benton Avenue; Arms of Mercy Feeding Program, South Avenue and Marysville Boulevard; Camellia Commons, 2814 5th Street; and First United Methodist Church, 2100 J Street.

EFMS supplements breakfast and lunch meals to children at 12 area locations. During last month, DeRouen said EFMS provided 12,784 breakfast meals to 485 children and 14,830 lunches to 627 youngsters at the 12 sites.

Further information about the EFMS food stamp outlet can be obtained by calling 422-3820 Monday through Saturday.



Listening to a guest speaker are, left, Willie Reed, a parent, and right, Marie Cleveland of the Good Neighbors Club of Del Paso Heights.



Several parents, staff, and volunteers attended the two-day workshop at the El Rancho Hotel, including, left to right, Agustus Armstrong, Mary Torres, and Yvonne Keaton of the Del Paso Pre-school program.



Among SAEOC staff attending the training workshop was Ray White, Playmate Child Development Center director. The Playmate Center is located at 3949 4th Avenue in Oak Park.

HEAD START GROUP MEETS

The Head Start Program held a budget training workshop last Friday and Saturday at the El Rancho Hotel in West Sacramento.

The training sessions attracted a large group of Head Start parents, employees, and volunteers.

The Sacramento Area Economic Opportunity Council (SAEOC) sponsors the Sacramento County Head Start Program which operates several preschool and child care centers.

Further information can be obtained by calling the Head Start Central Office, at 422-3820. The office is located at 4170 Florin Road in Southgate Shopping Center.



All Sacramento County Head Start pre-schools and child care centers, were represented at the Head Start Workshop. Reading literature, is Minnie Clayton, of the Northern California Parent Policy Council.

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Lucky DISCOUNT SUPERMARKETS
WE DISCOUNT EVERYTHING Except QUALITY, COURTESY, SERVICE

THE LEADER IN DISCOUNTING!

LUCKY ORIGINATED DISCOUNTING IN 1967 . . . AND STILL LEADS TODAY WITH EVERYDAY LOW DISCOUNT PRICES

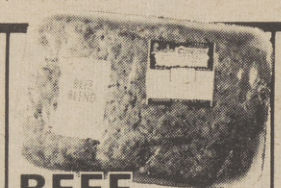
PRICES EFFECTIVE WEDNESDAY, MAY 1st THRU TUESDAY, MAY 7, 1974.



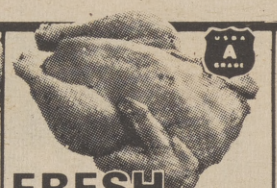
BEEF **CHUCK ROAST**
Blade Roast . . . . lb. **78¢**
7-Bone Roast . . . lb. **89¢**



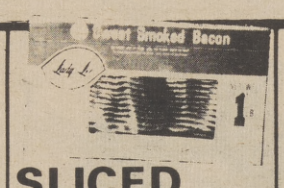
BEEF **ROUND STEAK**
Full Cut, Bone-In . . . lb. **1.09**



BEEF BLEND
A blend of beef & hydrated soy protein concentrate . lb. **69¢**



FRESH FRYERS
USDA Grade A Whole Body . . . . lb. **39¢**
Cut-Up . . . . lb. **45¢**



SLICED BACON
Lady Lee . . . 1 lb. pkg. **79¢**
Thick . . . . 2 lb. pkg. **1.57**



SMOKED HAM
Sugar Cured, Fully Cooked Shank Half . . . . lb. **79¢**
Butt Portion . . . lb. **89¢**



PORK LOIN ROAST
3½ to 4 lb., Finest Eastern . . . . lb. **89¢**

Beef Round Tip Steaks lb. 1.59
Beef Chuck Steaks lb. 99¢
Beef Rib Steaks lb. 1.79
Beef Loin T-Bone Steaks lb. 1.89

Beef Loin Porterhouse Steaks lb. 1.99
Beef Loin Sirloin Steaks lb. 1.79
Beef Chuck Cross Rib Roast lb. 1.39

Beef Rib Roast Large End lb. 1.39
Ground Beef lb. 89¢
Sliced Bacon RATH Hickory Smoked or Maple 1 lb. pkg. 95¢
Smoked Ham Old Plantation, fully cooked, water added, Boneless lb. 1.69

Corned Beef Brisket Shenson's Boneless, for oven roasting, Old Fashioned Cure lb. 1.33
Young Turkeys Frozen, USDA, Grade A
(Approx. 10-14 lb.) lb. 55¢ (Approx. 16-22 lb.) lb. 49¢
Fresh Pork Sausage Links lb. 99¢

BREAD-CEREAL-FLOUR

All Purpose Flour LADY LEE 10 lb. Bag 1.68
Fudge Brownie Mix BETTY CROCKER 22 oz. pkg. 74¢
General Mills Batter Mix Chix & Tender For Chicken 3½ oz. pkg. 26¢
Granola Cereal Vita Crunch With Toasted Almonds or Raisin 16 oz. pkg. 62¢
Harvest Day Donuts Powdered, Krunch, Plain 9 oz. or Chocolate Frosted 11 oz. pkg. of 8 53¢
Harvest Day Bread White or Wheat, Regular or Sandwich 16 oz. loaf 31¢
Harvest Day Bread Potato Crusted Wheat Cracked Split Top all Butter Buttermilk 24 oz. loaf 43¢
Alpen Mixed Cereal 12 oz. pkg. 62¢
Nabisco Ritz Crackers 16 oz. pkg. 59¢

FISH & MEATS

Chunk Light Tuna LADY LEE 6½ oz. can 53¢
Deveined Shrimp LOUISIANA Small 4½ oz. can 1.19
Chili Beans LADY LEE - Regular or Hot 15 oz. can 48¢
Whole Oysters EAST POINT 8 oz. can 54¢
Beef Stew DINTY MOORE 24 oz. can 95¢
Bits-O-Bacon WILSON'S 2½ oz. jar 62¢

FROZEN FOODS

Flav-R-Pac Vegetables Cut Corn or Mixed Vegetables 20 oz. bag 45¢
Banquet Dinners Fried Chicken, Salisbury Steak, Turkey or Veal Parmagian 11 oz. pkg. 47¢
Bird's Eye Cool Whip 9 oz. plastic 67¢
Starkist Tuna Pies 8 oz. pkg. 31¢
Brilliant Cooked Shrimp Large 14 oz. pkg. 3.65
King O'Butterhorn RICH'S Pastry 26 oz. pkg. 1.65
Orange Juice DONALD DUCK "Sunny Florida" (6 oz. can 26¢) . . . . . 12 oz. can 50¢

DAIRY PRODUCTS

Butter LADY LEE 1st Quality Cubes 1 lb. pkg. 74¢
Lady Lee Eggs GRADE AA Dozen Carton
Extra Large 61¢ Large 57¢ Medium 50¢
Soft Margarine LADY LEE 1 lb. tub 51¢
Parmesan Grated Cheese KRAFT 8 oz. pkg. 1.17
Imitation Ice Cream MIMIC Flat Ctn. Assorted Flavors ½ gal. ctn. 77¢
Cheese Spread LADY LEE - Pasteurized Processed 2 lb. pkg. 1.49
Mazola Margarine Cubes 1 lb. pkg. 65¢

CAKE MIXES BETTY CROCKER Assorted Layer Varieties Reg. Pkg. **46¢**
HASH BROWN POTATOES ORE-IDA Frozen Shredded 12 oz. Pkg. **29¢**
SALAD DRESSING KRAFT French 16 oz. Bottle **79¢**
PICKLE CHIPS EARLY CALIFORNIA Farmstyle 46 oz. Jar **87¢**
LUNCHEON MEAT DUBUQUE TEMT 12 oz. Can **86¢**
VEGETABLES BIRD'S EYE International, Frozen, Assorted Varieties 10 oz. Pkg. **47¢**
MOP & GLO BEACON Floor Cleaner 32 oz. Plastic **1.19**
PANCAKE MIX BETTY CROCKER Buttermilk 4 lb. Bag **1.03**

COFFEE & TEA

FOLGER'S COFFEE
Electric Perk, Drip or Regular Grind . . . . . 2 lb. can **2.07**
(Regular or Electric Perk Grind 3 lb. can 2.99)
(Regular Grind 1 lb. can 1.13)

Harvest Day Coffee Regular or Electric Perk Grind 2 lb. can 1.97
(3 lb. can 2.89) (1 lb. can 99¢)
Nestle's Quik Chocolate 2 lb. can 1.25
Folger's Coffee Crystals 10 oz. jar 1.69
Tender Leaf Tea Bags pkg. of 48 61¢

CONDIMENTS & PRESERVES

Kraft Mayonnaise 32 oz. jar 98¢
Strawberry Preserves LADY LEE 3 lb. jar 1.79
Pancake Syrup LADY'S CHOICE 24 oz. bottle 57¢
Harvest Day Catsup 18 oz. bottle 34¢
Jif Peanut Butter Creamy or Chunk Style 18 oz. jar 75¢

LAUNDRY AIDS

Liquid Detergent LADY LEE Lemon or Pink Lotion 32 oz. plastic 55¢
Lysol Disinfectant Spray 7 oz. can 81¢
Jifoam Oven Cleaner Aerosol 16 oz. can 1.29
Borax 20 Mule Team 5 lb. 4 oz. pkg. 79¢

DELICATESSEN

Farmland Canned Ham 5 lb. can 5.89
Chopped Ham OSCAR MAYER - Sliced (Variety Pack - 12 oz. pkg. 1.39) Square 8 oz. pkg. 1.03
Pillsbury Biscuits Buttermilk, Country Style, Ex-Lite or Ballard . . . . . 8 oz. roll 17¢
Cheddar Cheese SARGENTO SHREDDED (8 oz. pkg. - 1.10) 4 oz. pkg. 59¢
Armour Polish Sausage 1 lb. pkg. 1.54
Rod's Imo Dressing pt. ctn. 52¢

BEVERAGES

Golden Crown Beer (12 Pack 1.89) case of 24 . . . . . 12 oz. cans 3.75
Harvest Day Dinner Wines Burgundy, Vin Rose, Chablis or Pink Chablis . . . . Gal. jug 2.49
Harvest Day Beverages Assorted Flavors, Non Deposit 28 oz. bottle 23¢

OTHER ITEMS

Non-Fat Dry Milk LADY LEE - Instant, 20 Qt. 4 lb. pkg. 4.09
Carnation Evaporated Milk 13 oz. can 27¢
Swift'ning Shortening 3 lb. can 1.39
Crackerjack . . . . . Pkg. of 3 35¢
Soup Mixes GOLDEN GRAIN - Chicken Noodle, Minestrone, Italian Style or Onion-French pkg. of 2 29¢
Hunt's Tomato Paste 12 oz. can 37¢



Johnson & Johnson
Baby Powder . . . . . 24 oz. Plastic **1.39**
Baby Oil . . . . . 16 oz. Bottle **1.44**
Baby Lotion . . . . . 9 oz. Plastic **1.07**
Diaper Liners . . . . . Pkg. of 60 **69¢**



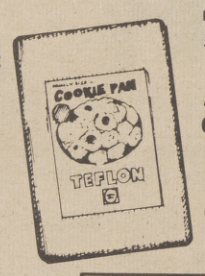
O-Cel-O Sponges
Super Absorbent. Each sponge 6" x 3¼" x ¾". Pkg. of 2 **19¢**

Coffee Filters
Star "Wrap Around" Pre-Wraps grounds, keeps coffeemaker clean. Now 20 free filters with 80 count pkg. at no extra cost. Pkg. of 100 **72¢**

Ansell Household Glove
Flock lined. Surgical latex with pebble texture finish Sizes: small, medium or large. PAIR **62¢**



COFFEE MUG
Genuine Stoneware. Stack bottom with permanent wexford design. 9 oz. size. EACH **48¢**

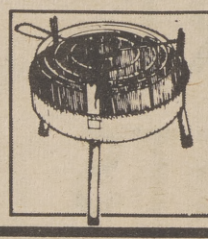


Hi-Ball Glass
Heavy no-tip bottom. Crystal Clear Glass. 12 oz. size. Pkg. of 4 **99¢**

Aluminum Cookie Pan
Heavy Duty. 11" x 16" x 5/8". Double coated with Dupont approved Teflon. EACH **1.99**



SOY TUB PLANTERS
Made of natural wood.
5¼" **1.49** 7" **2.19**
8¼" **2.87** 10¼" **3.66**



BBQ GRILL
12" EACH **1.59**



BANANAS Fancy large golden ripe . . . . . lb. **15¢**
ARTICHOKES California Green Globe . . . . . each **19¢**

APPLES Red Delicious Juicy Washington . . . . lb. **29¢**
ORANGES Valencias . . . . . 5 lb. cello bag **69¢**
RHUBARB Crimson Variety . . . . . lb. **19¢**

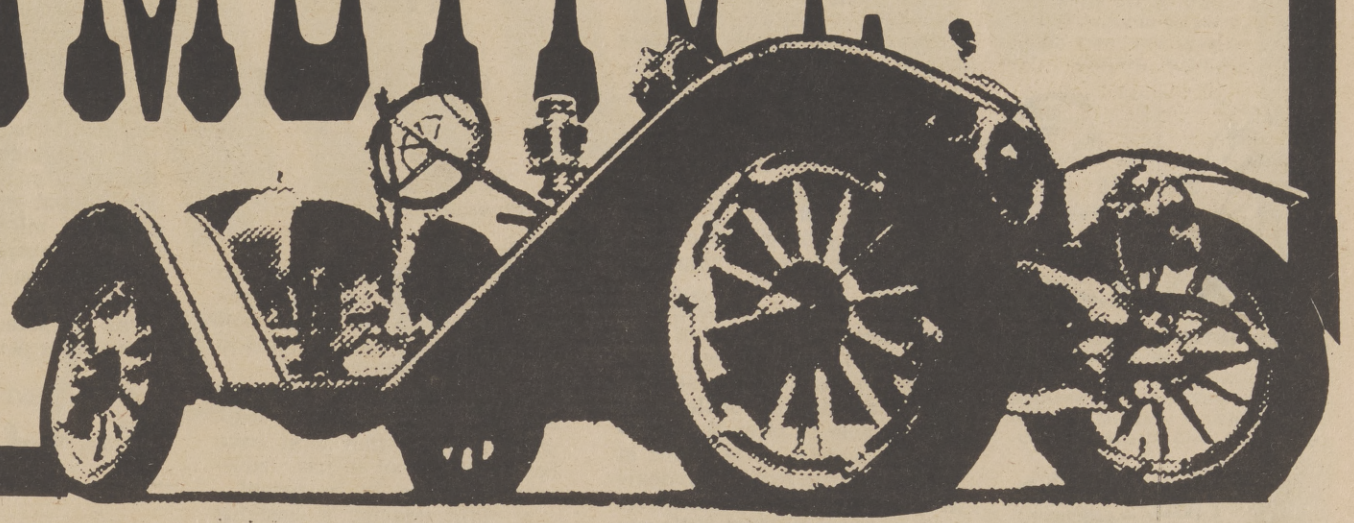
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7919 Auburn Blvd. Citrus Hights
106601 Folsom Blvd. Rancho Cordova
2501 Fair Oaks Blvd. Sacramento
2441 Northgate Blvd. Sacramento
150 Harrison St. Auburn
1900 Anderson St. Davis
323 E. Bidwell St. Folsom
2700 Marconi Ave. Sacramento
5445 Auburn Blvd. Sacramento
5600 Folsom Blvd. Sacramento
9105 Kiefer Blvd. Sacramento
2157 Pillsbury Rd. Chico
La Riveria & Watt Sacramento
5937 Watt Ave. No. Highlands
4315 Arden Way Sacramento
4408 Del Rio Rd. Sacramento
110 Broadway Placerville
4150 Florin Rd. Sacramento
6008 - 44th St. Sacramento
828 'J' St. Marysville
2211 'F' St. Sacramento
4830 'J' St. Sacramento
Sunrise Mall Citrus Heights
700 Gray Ave. Yuba City
West & Court Woodland
100 River Rd. Tahoe City
At Tahoe Blvd. at Highway 50 So. Lake Tahoe

Lucky DISCOUNT SUPERMARKETS — WE DISCOUNT EVERYTHING Except QUALITY COURTESY SERVICE

The Sacramento Observer

AUTOMOTIVE SECTION



The FOREIGN Compact Auto Guide

VOLKSWAGEN

VW is in the midst of a great holding operation while it seeks to break out of a pattern that has prevented new growth in the U.S. market. The air-cooled rear engine presents polluting problems beyond the capacity of present technology to remedy. Thus by 1976, the Beetle will probably be gone, unless VW finds a magic wand to wave over the exhaust system. But it is beginning a new series of front-engine, front-drive cars calculated to expand VW's preeminence in the minicar market, especially in the U.S.

Announcement of the new Dasher is the opening gun. Dasher, however, is the Audio Fox under VW colors, with the generous new VW guarantee (the "security blanket.") Dasher is quite unlike the Beetle. It is handsome, svelte, and trim, in contrast to the ugly-duckling image sedulously cultivated by the Beetle. It's water-cooled, slant engine with front drive is among the most innovative, but it's fully tested in the auto wars - in the Audi Fox, well-known as a brilliant performer. The 75 h.p. overhead-cam engine, coupled to the four-speed floor-shift, and the MacPherson strut suspension offer economy, comfort, and with radial tires, great road-control performance, no matter how rough the going. Differences between the dasher and Audi Fox are minimal, and even the prices are the same. Gas mileage will be fine. For so small a car it is remarkably right - a far cry from the old Beetle and even the super Beetle, with their glum getaway, punishing ride, windblown feints at high speed, and contorted passenger - entrance requirements.

In addition to the Beetles and Dasher, the VW is repeating its 412, which is a Beetle made luxurious and stylish, and The Thing, which bears Ralph Nader's brand as the most dangerous vehicle in the U.S. now that the other dragon, the Corvair, has been slain. The Thing is a German Army Vehicle from World War II discharged belatedly into civilian life. It was used mostly in the African campaign. If you plan such a campaign, perhaps you will find it useful.

FIAT

Fiat's 124 Sport Spider is one of the world's worst buys. Narrow, tinny, uncomfortable, engineered in such a way that a minor repair (for example, a solenoid on the starter) can set you back a ton of money, the car seems designed to enable two very close people to share expensive misery.

The 128 SL Sport Coupe by Fiat is very different. For one thing, it has front drive, the engine mounted across the front, making the car surprisingly roomy. Four people can be seated without violating Chicago City ordinances about proximity and public behavior. The car is noisy but peppy. The 128 also comes in a two- and four-door sedan and a station wagon. Everybody including psychiatrists, will applaud the hostility of these cars to gasoline.

The principal family car in Fiat's vocabulary, the 124 Special, is among the world's leaders in acceptability. It is larger and heavier than the 128, tho its wheelbase is slightly smaller. Fiat offers four-wheel disc brakes; most cars have them only on the front if they have any. Fiat's stopping distances are among the shortest.

Fiat asserts that its minicars offers as much passenger space as the U.S. intermediates. There is some truth to this. Fiat's mileage will double U.S. intermediates. And with radial tires these cars get a good grip on snow and ice, owing largely to the weight distribution.

SAAB

Saab is impetuous, interesting, hadnsome in a craggy sort of way; compact, and a trifle large for the minicar image. And the impetuous Swede is expensive; Saab quickly adds up to a price tag between $5,000 and $6,500. It has such refinements as fuel injection, which meters gas more precisely but also costs more to maintain and repair, front- wheel drive, and a folding rear seat that gives the car a sense of spaciousness. It's a room car, because of the front drive, and a delight to drive. It has excellent acceleration, braking, cornering.

RENAULT

French car models have an immense range in Paris, but for minicars in Podunk they are known primarily as Renault 12 (12L and 12TL), an interesting front drive with aluminum engine at 65 horses. Renault 15 and 17 are differently styled and costlier versions. like Ghia at VW. French styling, part of the French national honor and independence, is hardly reflected in Renault; it has rather abrupt lines. The car doesn't possess the power of other minicars, but its economy and durability are among the best, and the radial tires wedded to a rather forgiving (soft) suspension system make it attractive to drive. Front drive imposes some penalties of steering in many cars, but Renault is excellent in this regard.

AUSTIN

Cars from England are known chiefly for their luxury and surreal performance. Rolls, Jaguar, Jensen-Healey, are noble gestures, but the real world out there - say State and Madison - looks upon them only fondly and nostalgically, not with the

(Continued on Page G-2)

GASOLINE

More Miles Per Gallon

These days, what car driver doesn't want the best gasoline mileage possible? To help achieve this goal, the Department of Transportation has published "Gasoline, More Miles Per Gallon."

The 12-page booklet not only gives driving tips, but also explains how gasoline works in a car's engine, how to choose the right octane gasoline, and how to maintain a car for improved performance. Copies of "Gasoline, More Miles Per Gallon," are available for 35 cents from Consumer Information, Pueblo, Colorado 81009.

Mileage is determined by driving habits, the condition and tune of the cars engine, and the grade or octane rating of the gasoline used. For better mileage, the booklet recommends:

. Drive smoothly with no "jack rabbit" starts; keep your speed down; pace your driving to the advantage of traffic lights and traffic conditions.

. Follow the Owner's Manual recommendations and keep your car tuned and in good mechanical condition. Keep tires inflated to the recommended levels. For good mileage, it's especially important that the carburator, spark plugs and timing be adjusted precisely.

. Be sure you are buying the proper octane gasoline for your car. To determine which octane is best:

. After having the engine tuned, wait until the tank is nearly empty. Then fill up with the brand you usually buy, specifying the grade recommended by our Owner's Manual.

. Drive a few miles until the engine is warmed up. Come to a complete stop, then accelerate hard.

. If the engine knocks or pings on the gasoline with the recommended rating, use up the tank and refill with the next higher grade. Repeat the acceleration test. If the engine doesn't knock, this is the octane needed. If it does knock on the higher octane, have the engine checked by your mechanic.

. If the gasoline doesn't knock when you use the octane recommended in the Owner's Manual, use up the tank and refill with the next lower grade. Repeat the acceleration test. If the engine doesn't knock, you can safely use the lower grade.

"Gasoline, More Miles Per Gallon," 35 cents, is one of more than 200 Federal publications listed in the Spring edition of the Consumer Information Index. Published quarterly by the Consumer Information Center of the General Services Administration the Index is available free from Consumer Information, Pueblo, Colorado 81009 and at Federal Information Centers located throughout the country.

'Chuck' Swift, Outstanding Dealer

Dodge Division of Chrysler Corp., recently honored Charles O. "Chuck" Swift of Sacramento as one of the 12 outstanding dealers in the U.S.

Swift, who operates Dodge agencies in southern Sacramento and Davis, was feted at the division's annual Chargers Club meeting in Acapulco, Mexico, recently.

Swift was one of five dealers in California to gain "Top 12" status. The others were from southern California. Membership of the Chargers Club includes 130 dealers nationwide.

CAR CARE CORNER



WITH THE COST OF EVEN THE SIMPLEST AUTO REPAIRS MORE EXPENSIVE NOW THAN THEY'VE EVER BEEN BEFORE, MORE AND MORE MOTORISTS ARE LEARNING THE ART OF DO-IT-YOURSELF FIXING.



IF YOU INTEND TO JOIN THIS HANDY DOLLAR-WISE GROUP, YOU'LL FIND THAT THE QUICKEST, SIMPLEST AND MOST PROFESSIONAL WAY TO GET A REPAIR JOB DONE IS TO USE THE RIGHT TOOLS.



ONE OF THE MOST VERSATILE TIME-AND EFFORT-SAVING TOOLS AT YOUR DISPOSAL IS THE 3/8" CRESCENT DEEP SOCKET WRENCH KIT. IT'S EIGHT TIGHT-GRIPPING 6-POINT SOCKETS FIT JUST ABOUT EVERY NUT THAT BOLTS YOUR CAR TOGETHER; ITS 3" AND 5" EXTENTIONS EXTEND YOUR REACH TO HARD-TO-GET-AT PLACES; AND ITS UNIVERSAL JOINT AND REVERSIBLE RATCHET ALLOW EASY TIGHTENING AND LOOSENING WITHOUT SLIPS OR BRUISES.

AUTO REFERAL SERVICE

The Florin Road West Automobile Dealers say it just makes sense to work together.

And as a result, they have begun offering their customers a telephone referral service for parts, service and used cars.

The seven dealers involved designed the referral service to give their customers fast, efficient and economic service.

Together they offer their customers 37 acres of service, 200 professional technicians and the latest developments in service equipment from electric diagnostic techniques to alignment centers.

Lloyd Winger, association chairman and president of Senator Ford says, "When customers bring cars for service and trade-ins, one dealer may not be able to offer the economy of service to be found at another Florin Road West dealer down the street. If we level with customers, they will come back."

"It's also more economical for each of us," according to Jerry Breck, co-chairman of the association and general manager of Southgate Lincoln-Mercury.

"It is simply not practical for one dealer to stock every part for every automobile make," he said.

To show their "help the customer" philosophy, the dealers had a safety clinic to give automobile owners an official report of the actual condition of their car or truck with no obligations.

The clinic was held this week.

WOMEN on Wheels

HELPFUL SAFETY HINTS

DON'T BE A SLOUCH

By Elizabeth Stimley
Plymouth Safety Writer

Brightly colored clothing can give your child added protection as he walks to school, now that the nation has reverted to daylight savings time.

Many parents are worried about the safety of their youngsters now that they must leave home for school in near darkness. Clothing is important.

A child wearing a shocking pink cap, or a fire-engine red jacket, with reflective tape can be easily seen by motorists.

Drivers should use their heads and their headlights during early morning hours, using extra caution in school zones.

Elementary school children are hard for drivers to see. Most are shorter than the hood of the average car, and they could dart across the street when you least expect it.

Drive slowly and have your foot ready to press the brakes.

Remember, as a driver you are presumed to have adult judgment. Children do not.

The FOREIGN Compact Auto Guide

(Continued from Page G-1)

avarice needed to conclude a purchase.

The Austin Marina is the State and Madison car (one of them). It has a bit of British reserve in performance, despite the cuddly, minicar appearance. That is because the engine is merely updated from the Morris, once considered the most durable, economical car in the world. Perhaps Austin Marina can recapture that rapture. It has very conventional suspension, front engine, rear drive (like U.S. minicars), and a manual or automatic (optional) transmission, the automatic very unsatisfactory. Radial tires are standard, it takes precious little petrol.

BEST BUYS?

Now, what car should you buy? In 1974, you had best keep the car you own, whether it be a Cadillac Fleetwood, a 6 mpg Lincoln Mark IV, or a 1949 Hudson. When the gas situation settles, it may turn out that the minicar is not so essential to national survival as now appears. And if that is the case, you will want the car that is most congenial in size, comfort, and attractions. It could be a Cadillac.

But if you must buy a 1974 car and want minimal annoyance from fuel shortages, buy a Gremlin or Mustang II, or perhaps a Mazda RX-3. These are the three most pleasant minis of 1974. They offer charm with economy, a dauntless look at the past (Gremlin) and the future (Mazda) as well as an optimistic view of the present (Mustang II).

HEAD FOR THE HILLS

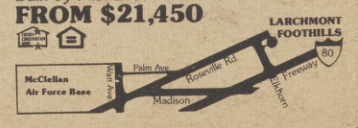


Some people can only escape the city hustle and noise on the weekend — but now you can escape all week long by living in Sacramento's ideal north area, only minutes from McClellan Air Force Base, with the most sensible prices.

At Foothills you have a choice of 3- & 4-bedroom, 1½- & 2-bath homes. Compare the extra living space and conveniences — room by room, feature by feature — with other homes in the area selling for $2,000 to $5,000 higher. Only then will you begin to understand why McClellan families have looked to Larchmont for their home needs for over 20 years. And why more Sacramento families buy Larchmont Homes than any other brand!

Come see our 3 furnished models. Open daily from 10:00 a.m. to 6 p.m. If you'd like more information, call us at 334-2666.
Built by M.J. Brock & Sons, Inc.

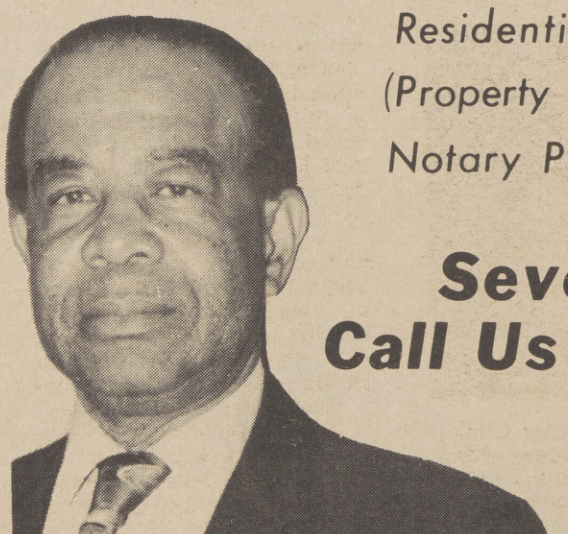
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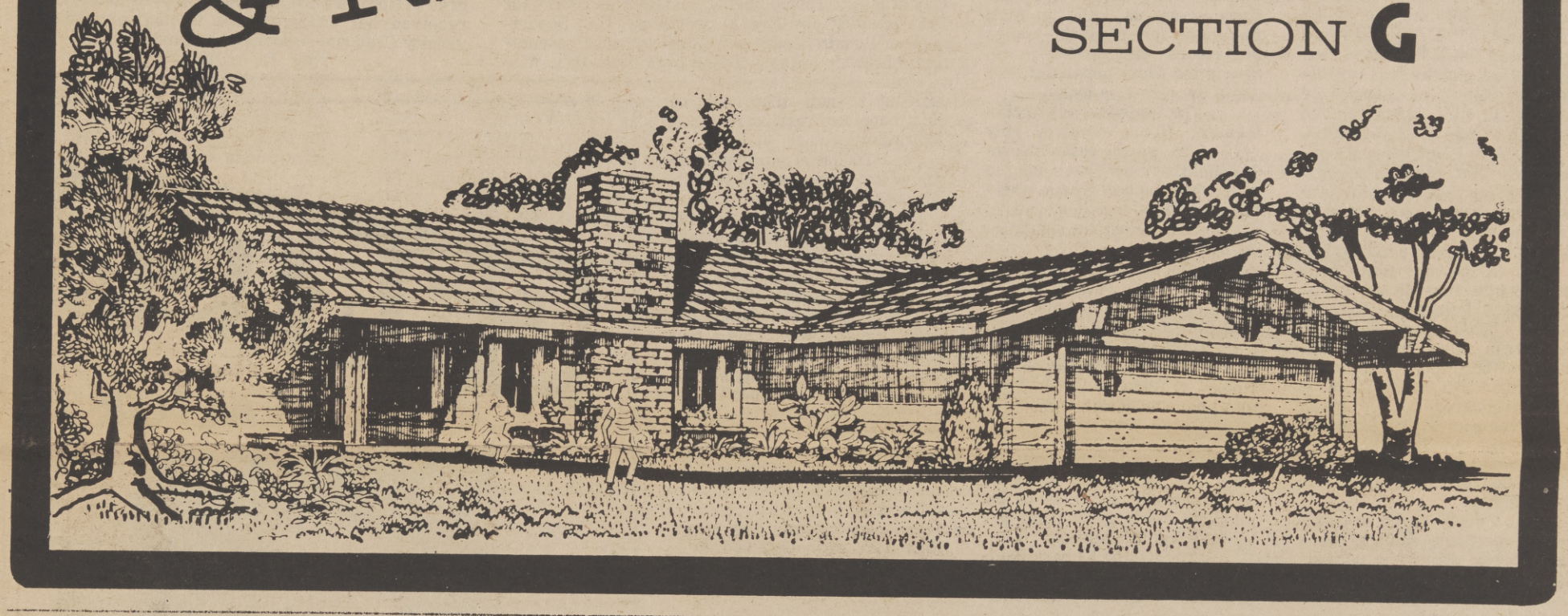
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The Sacramento Observer

HOUSING & REAL ESTATE

SECTION G



NEIGHBORHOOD PRESERVATION



Housing Leader, Mrs. Dorothy Mae Richardson of Pittsburgh, Pa., is shown here with Thomas R. Bomar, Chairman of the Federal Home Loan Bank Board, left, and HUD Secretary James T. Lynn, at a recent news conference in Washington, D. C., announcing the creation of a national program to encourage neighborhood preservation efforts, patterned after a Pittsburgh program. Mrs. Richardson, a long-time resident of Pittsburgh's North Side, has been active in housing for more than 10 years. She is one of the original founders and current President of Neighborhood Housing Services, Inc., of Pittsburgh. Active in housing and community development work, Mrs. Richardson is supervisor of the Pittsburgh Housing Clinic, an arm of the Pittsburgh Housing Court, and is on the Board of Directors of the Pittsburgh Housing Authority. The FHLBB and HUD plans call for expanding an FHLBB program developing pilot neighborhood preservation programs which directly involve local financial institutions, local governments and neighborhood residents. These programs are modeled on Neighborhood Services, Inc., a private effort begun in 1968, that with the support of the local city government, has successfully brought private capital into what was formerly considered a declining neighborhood.

BANKER ANALIZES HOUSING

Dempsey J. Travis, President of the United Mortgage Bankers of America (UMBA), in his opening address last year to the second annual joint conference of minority housing experts, based his analysis of the current housing situation of Black America and his conclusions on the following data:

. . . While the Federal subsidized housing programs accounted for some 20% of the total business receipts of the housing construction industry since the 1968 legislation, the subsidized housing programs accounted for more than 99% of the business of minority housing - related firms. However, while all of this was happening, the result was that approximately 7% of the subsidized housing results since 1968 benefitted urban, suburban and rural Blacks.

. . . The top four Black architectural firms received only

(COntinued on Page G-4)

BANKER ANALYSES BLACK HOUSING...

(Continued from Page G-3)

six-tenths of 1% of the total billing of housing for the Black and the poor. The gross billings for subsidized housing realized by the major white firms was $360-billion in 1972.

. . . Out of a total of 142 Black - owned architectural firms, only four were listed in a recent survey of the top 100 Black - owned businesses that grossed more than $1-million per year. Only one out of the four grossed $2-million for a grand total of a little less than $6-million. Yet the gross architectural billings for subsidized housing in 1972 was estimated to be in excess of $360-million.

. . . Both Black general contractors and Black mortgage bankers spooked out with less than one half of one per cent of the total business billing for their respective industries.

. . . Of the nine Black general contractors listed among the Black Enterprise top 100 Black businesses, only nine had gross sales above $1-million and only four of those did more than 200 units apiece in 1972 compared to 500 major white companies that exceeded this mark. In that last group, there were 225 white - owned firms that produced more than 1,000 units.

. . . Twenty seven new minority mortgage banking firms were begun within the past six years, and that total represented more than 80 per cent of all minority mortgage banking firms.

. . . Within the past nine months, 25 per cent of the surviving Black mortgage banking erence, the Sivart Mortgage Corp., which is the largest Black-owned company in the country, produced only a little more than 3,000 housing units since the subsidized housing programs began in 1968. However, it did not finance any conventional apartments, thus it did not penetrate the segment of housing finance that represents about 78 per cent of the market.

. . . There are fewer Black commercial banks now than there were in 1929. In fact, there are fewer Black - owned businesses than in 1929, although the Black population was about the size it is today.

. . . The top four Black Architectural firms received only 6/10 of 1% of the total billings of housing for the Black and the poor when the now frozen housing subsidies were operative. The gross billings for subsidized housing realized by the macompanies have been purchased by groups outside of the Black community, and one other was purchased by a Black bank.

. . . Recent figures compiled by the Mortgage Banking Association of America (MBA) show that 83 mortgage companies (white) have been purchased by bank holding companies and 45 others by non-banking entities. Thus the strong get stronger, while about 80 per cent of the minority mortgage bankers are already out of business.

. . . In all, the 83 bank holding company subsidaries (with $4.8-billion in mortgage closings) and the 45 non-bank holding subsidaries (with $2.2-billion) represent 37 per cent of the housing finance industry's annual $19.1-billion. It is significant to note that most of this happened within the past four years.

. . . To use a personal refjor white firms was $360-million in 1972.

. . . Out of a total of 142 Black - owned architectural firms, only four were listed in a recent survey of the top 10 minority businesses that grossed more than $1-million last year. Only one of this four grossed $20-million.

. . . That total billing for the four biggest architectural firms - a little less than $6-million - was rung up the same year that the gross architectural billings for subsidized housing was estimated to be in excess of $360-million.

. . . Among this last year's Ebony magazine's 1,000 most successful Blacks, only 19 were in real estate-oriented businesses.

. . . Out of the top 100 Black businesses of 1972, only 11 per cent had been in business in 1953.

AWARD



The National Association of Black Women Attorneys' Special Achievement Award is received by Dr. Gloria E. A. Toote, right, Assistant Secretary for Fair Housing and Equal Opportunity, U.S. Department of Housing and Urban Development. Presentation was made by Association president, Mrs. Wilhelminia Jackson Rolark, a practicing attorney in Washington, D. C. Dr. Toote earned her J. D. Degree at Howard University School of Law in 1954, and received her LL.M. Degree from Columbia University Graduate School of Law in 1956.

GREENER GRASS

Home Lawn Care

Now that the growing season is upon us, it's time to give some serious thought to lawn care. With proper know-how and a bit of effort, your "green thumb" can produce a green lawn of which to be proud.

Here are some frequently asked questions on the subject:

When is the best time to seed a lawn?

Seed when there is adequate rainfall, and the temperature is best for seed germination. This will vary according to locale, but generally, fall is thought best with spring second. Definitely consider fertilizing now, though.

Fertilizer is an added expense, is it necessary?

Fertilizing is one of the keys to having a nice lawn. It will cause the grass to be a deep green color, help it withstand heavy use, and keep the weeds out. With fertilization a lawn will have a better chance of maintaining itself against all the other competition (weeds, disease and insects).

What month of the year should a fertilizer be applied?

This will be determined by the weather, type of grass, and amount of water available. Grass should be fertilized at the beginning and end of the growing season. An application in the middle of the season is good if the weather is not too hot and there is water for irrigation.

What do people mean when they speak of a fertilizer ratio and grade?

The term "grade" refers to the percentage of nitrogen, phosphorous, and potassium present in the bag of fertilizer. The term "ratio" means the proportion of these three major elements to each other.

In general, the best fertilizers for lawn use have a ratio where the nitrogen is 2 to 3 times higher than the potassium. There should be less phosphorous present in the bag than potassium.

Grade	Ratio
12-12-12	1:1:1
16-8-8	2:1:1
16-4-12	4:1:3
20-5-10	4:1:2
25-4-8	6:1:2

How should a fertilizer be applied?

It is essential to have uniform coverage. The worst possible way, is to fill a bucket with fertilizer and walk around the lawn tossing out handfulls at random.

Incorrect fertilizing will show up quickly as dark green and light yellow strips of lawn. Using a cyclone spreader is the best way to insure proper coverage. If the drop-type spreader is used, more care must be used to avoid misapplication.

Is it necessary to water after I fertilize?

Watering the fertilizer into the soil is a good way to insure that there is no damage done to the grass due to fertilizer burn. If possible fertilize ahead of a rainstorm and let nature do your work for you.

The author has written a comprehensive guide to home lawn care. For information, write: Melvin J. Robey, P. O. Box 2126, West Lafayette, Indiana 47906.

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THE U IN HOUSING

Changing Times

by DR. GLORIA E. A. TOOTE
Assistant Secretary
for HUD-Fair Housing/EO



DR. GLORIA TOOTE

In the past, data was collected and used to discriminate against minorities, while quotas were a frequent tool to increase minority participation.

But that was in the past, and times have changed. Today quotas are no longer permissible as they "create" reverse discrimination against non-minorities, while data has become the tool of civil rights sophisticates in discovering and identifying disparate practices designed to enable discrimination.

On April 1, the Federal government announced a pilot program to collect racial, ethnic and sex information to determine the prevalence of discrimination practiced by Federally regulated lending institutions.

In May, the Office of Fair Housing and Equal Opportunity (HUD) will conduct an Administrative Meeting in Hartford, Connecticut to gather facts and testimony from the public on the same issue.

This combined Federal effort will prove meaningful to minority America, as the commercial market place has become increasingly significant with the reduction of federally subsidized housing construction.

Title VIII of the Civil Rights Act of 1968, the Federal Fair Housing Law, prohibits financial institutions from denying a residential real estate loan to any person because of race, color, religion, or national origin, and sets forth a comprehensive statutory plan for eliminating and preventing discrimination in the sale and rental of housing.

Financing of housing is expressly covered by Title VIII, which requires all Federal agencies to administer their programs that relate to housing in an affirmative manner.

The four principal Federal financial regulatory agencies that insure home loans or supervise lending institutions, announced a six month trial program that requires lending institutions to collect information from all real estate loan applicants. The person applying for the loan must voluntarily complete a questionnaire.

The Federal regulatory agencies involved are: Federal Reserve System, Comptroller of the Currency, Federal Deposit Insurance Corporation, and the Federal Home Loan Bank Board.

Three procedures have been adopted for trial, in specific, designated areas. Supervised lending institutions must submit the received information from all applicants, and indicate which loans were granted for the purchase, construction, improvement, repair or maintenance of dwellings.

The field test begins on June 1, and extends through November 30. The 18 designated metropolitan areas are: Atlanta, Georgia; Baltimore Maryland; Cleveland, Ohio; Galveston-Texas City, Texas; Jackson, Mississippi; Jersey City, New Jersey; Memphis, Tennessee; Montgomery, Alabama; San Antonio, Texas; San Diego, California; Tampa-St. Petersburg, Florida; Topeka, Kansas; Tucson, Arizona; Vallejo-Fairfield-Napa, California; and Washington, D. C.

The Department of Housing and Urban Development acts as the lead Federal agency in assuring Federal fair housing objectives. My office works closely with Federal financial regulatory agencies and urges them to take affirmative action in implementation of Title VIII. Fair Housing racial data has been collected by the Office of Equal Opportunity (HUD) since 1971 to enable the Department to carry out its responsibilities under Title VIII.

Disparate practices by lending institutions relative to minority applicants has taken many forms and is difficult to prove in the absence of positive evidence.

The opportunity will soon exist to document discrimination when it occurs during the test period. We may also find as a result of our pilot Federal program, a new deterrent tool to limit lending discrimination.

The data secured must be evaluated with great sensitivity, and all citizens who experience financial discrimination, particularly while the program is in operation, should immediately file complaints with my office.

Failure to do so will allow an interpretation from the collected data that discrimination in financing is no longer nationally prevalent.

The risk involved in this experiment for women and minority America, will be that failure to become involved, or complacency, will assuredly result in the compilation of inadequate data that may have impact on future Federal programs.

This column is presented as a public service by THE OBSERVER for its readers.

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These properties are available to anyone - veteran or non-veteran, with stable employment and good credit without regard to race, color, religion, sex or national origin. Features include quick possession and no loan fees or points. All properties are sold in "as is" condition without any warranty; however, most homes have been renovated. Phone any real estate broker for complete information.

ADDRESS	BDRMS/BTHS	DOWN Payment	*MONTHLY Payment	Price
SACRAMENTO				
1401 Dickson Court	2 1	$200	$132	$12,900
7632 Manorcrest Way	3 2	350	204	19,950
4109 E. Nichols Avenue	2 1	150	121	11,950
746 Red Willow Street	3 2	250	202	18,950
6250 Sun River Drive	3 1	None	122	11,400
7374 Tilden Way	3 2	200	211	20,500
3151 33rd Avenue	2 1	100	117	12,900
4301 37th Avenue	3 1	250	178	16,950
7662 Billing Way	4 2	200	212	20,900
63 Cathcart	2 1	None	121	10,900
131 Cathcart	3 2	100	144	13,500
200 Fairbanks	3 2	None	117	9,500
3832 Palmetto Street	2 1	None	101	9,300
RIO LINDA				
7240 Belcamp Street	3 1	200	161	15,900

"PHONE ANY BROKER FOR INFORMATION TODAY"

*All listings require 360 monthly loan payments due the first day of each month, with annual percentage rate of 8 - 1/4%. All installments shown above include monthly amounts required for principal, interest, taxes and insurance.

All listings are subject to prior sale, price changes, or removal from listing.

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FINDER

The Sacramento Observer (916) 452-4781

CLASSIFIED ADS

CLASSIFIED ADVERTISING INDEX

All FINDER Ads are placed in Classification for your convenience. All classifications are listed by title and numerical order. THE SACRAMENTO OBSERVER reserves the right to classify all advertisements, to delete objectionable words or phrases or to edit or refuse any advertisement. Every FINDER Classified Ad must specify a bona fide offer in good faith. Advertisers will hold THE OBSERVER harmless against all claims resulting from publication of an advertisement.

THE OBSERVER will not assume responsibility for more than one week's incorrect insertion and reserves the right to make correction in the next issue. Liability for errors will not exceed the cost of space occupied by such error. All FINDER Classified Advertisements should be checked by the advertiser the first week of publication.

ANNOUNCEMENTS	100	Meetings	140	Help Wanted	210	RENTALS	400	AUTOMOTIVE	600	Recreational Vehicles	680
Personals	110	Drugs & Sundries	150	Agencies	250	Apartments	450	Trucks, Trailers	630	INSURANCE	700
Legal Notice	120	Schools & Instructors	160	Real Estate	300	MERCHANDISE	500	Mobile Homes	640	TOO LATE TO CLASSIFY	800
Lost & Found	130	EMPLOYMENT	200	Home Loans		Furniture & Appliance	550	Motorcycles	660	QUICK BUSINESS GUIDE	900

Want to buy?... Sell or trade?... Looking for services?... Call (916) 452-4781

When answering a FINDER Classified Ad, please refer to the advertisement by Classification Number

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Help Wanted 210

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Any hours available to fit your needs

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City of Davis $905-1,100 4 yrs. exp. in pub. wks. constr. pref. w/1 yr. in a superv. capac. Educ. equiv. 2 comp. of 12 grade includ. or supp. by algebra, geom., trig. or mech. drawing. Apply to Personnel, 226 F St. Davis, Ca 95616
All comp. apps. must be received by 5-10-74.

Help Wanted 210

GENERAL OFFICE

$450 - Type 50 wmp. Some bookkeeping. Neat and attractive. Call Kay.
PARLIAMENT
PERSONNEL AGENCY
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HI 4-5860

ORGAN PLAYER

Organ player, trumpet player, trombone player, also vocalist, as soon as possible for rhythm and blues and Soul Band. For audition, contact . . Fred Puckett, Jr., 362-6440 or Bobby Fears, 362-7937.

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(55 wpm)
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MTST/MCST Operators
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Help Wanted 210

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PERSONNEL AGENCY
1812 J Street
HI 4-5860

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SMUD

SMUD seeks qualified applicants for Power Plant Helper
$4.35 to $4.81 per hour
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Help Wanted 210

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Real Estate 300

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OFFICIAL LISTING DATE :

May 3, 1974

Five Day Waiting Period Expires :

4:30 P.M. May 9, 1947

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SACRAMENTO SOUTH					
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5849 Ambler	22,000	F1	4	2	601

SACRAMENTO NORTH

SACRAMENTO NORTH					
212 Ford Road	15,000	C1	3	2	-
3304 Nareb Street	15,000	C1	3	1	-
RED BLUFF					
920 Hasvold Drive	19,000	E1	4	2	433
ANDERSON					
3203 Camellia Street	18,000	D1	3	1	-

CITRUS HEIGHTS

CITRUS HEIGHTS					
7234 Oconee	21,500	F1	3	2	-
7324 Woodruff Way	21,000	F1	3	1	-
ORANGEVALE					
9803 Orangevale Ave.	18,500	D1	3	1	387
9376 Oak Avenue	18,500	D1	3	1	-
CARMICHAEL					
4120 Rutledge Way	18,500	D1	3	1	481

VACANT LOTS

1424 Nogales Avenue
2,500 all cash Lot approx. 50x251 -

2608 Del Paso Blvd.
3,500 all cash Lot approx. 51x100 338

6408 Longdale Way
3,500 all cash Lot approx. 60x105 436

The following properties are being sold for all cash - Sales Code 3

SACRAMENTO

SACRAMENTO
7700 25th Street 8,000 3 3 2 420
This property to be repaired according to city code and specifications.

OLIVEHURST
4656 Ardmore Ave. (duplex)
10,000 3 2-2 1-1 -
This property has a drainage problem. Water & sewer lines also serve adjoining or abutting property. HUD makes no representation as to the rights of those persons for continuation of service. Survey map available.

Please see receptionist (Room 147) for location of sales drawing. The sales office has moved to Room 408 at 801 I Street, Sacramento. Telephone numbers will remain the same.

TO THE PUBLIC

We have others for sale to qualified purchasers without regard to the purchaser's race, color, creed or national origin.

Real Estate 300

LIVE IN CONVENIENT HILLSDALE

Bohannon Homes. Adjacent to Jr. & Sr. High, Elementary School & Shopping. Choice of 3 & 4 bedrooms, 1 & 2 baths, family rms. Rear yards fully fenced. Front lawn, shrubs, and tree planted for you. Street lights. Models open 10 a.m. 'til dusk. 6113 Hillsdale Blvd. 331-8930.

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Sunrise Estates
3 - 4 and 5 bedrooms
Price $19,750 to $29,000
726-2006 Agent 967-2200

A HOME

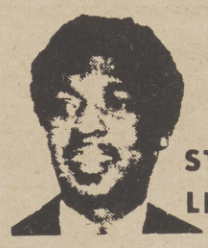
FHA appraised $14,500. Fenced yard with fruit trees. Three blocks from Jr. High School and 4 blocks to high school. On corner lot near Hagginwood Park. 487-4600 Agent

SOUTHGATE AREA

Three & four bedroom homes, most with two baths, all appliances, fully carpeted and draped, fenced yard, two car garages, newly painted, central air & heat, children and pets okay. Rental rates from $195 to $225 per month.
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BANK AMERICARD MASTER CHARGE

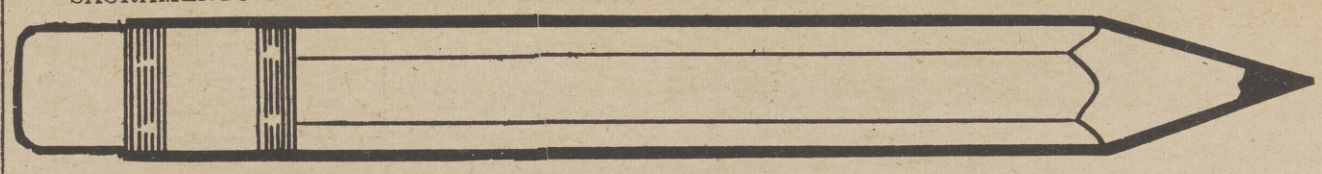


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Sales & Services

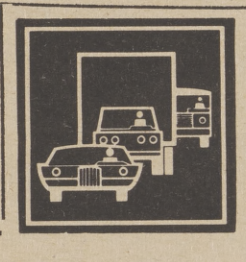
3514 BROADWAY 451-6556

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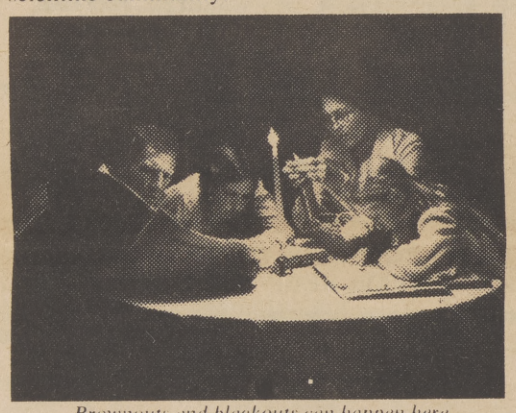
WHY NUCLEAR POWER IS THE SOLUTION TO THE ENERGY PROBLEM.

The electric energy problem here in California is simply a matter of oil and natural gas shortages. The problem is going to plague us for some time to come, unless other forms of energy are used. The solution is to use energy wisely and to build more nuclear power plants. Nuclear plants are safe. They are practical. They are economical. They are environmentally clean. But they take time to build--about ten years.

There's no mystery about nuclear power plants. There are 44 operating in the United States; more than that among other nations of the world. There are more than 100 nuclear-powered ships in the U.S. Navy; even more in other fleets. The nuclear industry has hundreds of reactor years of successful operating experience. The technology is proven.

Some people have questions about nuclear power. Some people give incorrect answers to those questions.

We at PG&E have had long experience with nuclear plants. We believe firmly in them. So do other utilities, world-wide, both government-owned and investor-owned. And so does the overwhelming majority of the scientific community.



Brownouts and blackouts can happen here.

NUCLEAR POWER AND THE FUEL SHORTAGE

At present most of PG&E's steam-electric power plants burn scarce and very expensive low-sulfur oil to generate electricity. We will have to buy about 20 million barrels this year and 35 million next year to meet our customers' electric energy needs. Our two-unit Diablo Canyon Nuclear Power Plant, now under construction in San Luis Obispo County, will displace a need for an additional 24 million barrels of oil every year in the future.

Delays in construction schedules of these and other nuclear units—delays, for a variety of reasons, over which utilities generally have little control—have had much to do with bringing about today's electric energy problems in California.

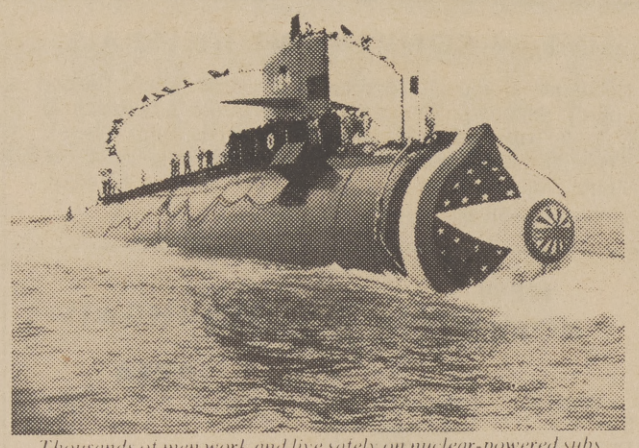
While nuclear power plants cannot solve the problem immediately, they can in time. As more come into service, they will free up large amounts of oil, significantly alleviating the aggravating long-range fuel shortage—gasoline and all.

NUCLEAR POWER AND SAFETY

The safety record of commercial nuclear power plants is unmatched in industrial history. Safety systems and their back-up systems function efficiently. There have been no nuclear-caused deaths. Not even a significant injury. (For comparison, about 54,000 Americans are killed every year in auto accidents; 3,000 die choking on food; 160 are killed by lightning.)

Actually, fissionable nuclear fuel for power plants is very dilute—so dilute that it's impossible to create an atomic explosion in a nuclear reactor.

With all the safeguards that are built into each nuclear power plant, the chance of a major accident is about one in a million.



Thousands of men work and live safely on nuclear-powered subs.

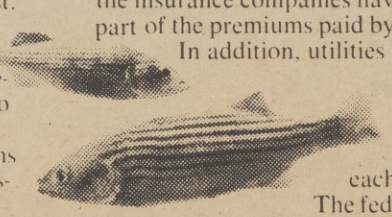
NUCLEAR WASTE. WHAT HAPPENS TO IT?

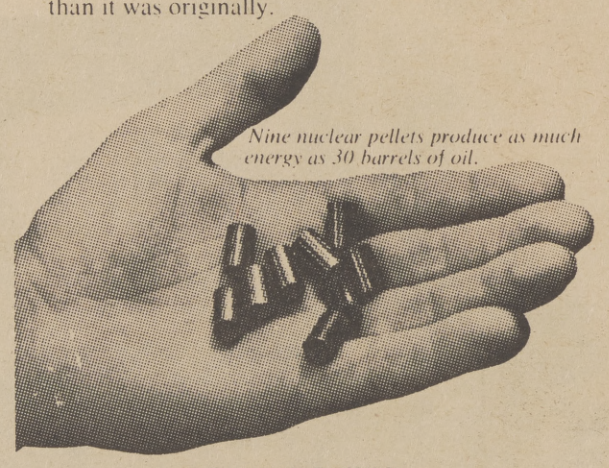
When nuclear fuel is used, nuclear waste is created. But more than 95 per cent of the original fuel is recycled for re-use. The remaining waste is small—so small that such waste from a large nuclear unit operating for 30 years could be contained in a space no larger than a two-car garage. The waste is radioactive; but is treated as such. Very carefully. Safety first.

Used fuel is sealed in heavily-shielded, leak-tight casks and shipped to a facility which specializes in nuclear fuel reprocessing. Every safety precaution is taken to insure that no leakage occurs. Shipping and handling are carried out under strict regulations of the AEC and the U.S. Department of Transportation. After processing, the residual waste will be solidified and placed in secure, long-term storage under rigid government control.

NUCLEAR POWER PLANTS AND MARINE LIFE

Some people have voiced concern because some power plants discharge warm water back into natural water bodies. These power plants—whether nuclear or fossil-fueled—use cooling water in steam condensers. In a nuclear plant the cooling water is only about 19° warmer when returned to its source, and otherwise is harmless. Where the water source is large enough and cold enough to receive and assimilate it, like the Pacific Ocean, it has no significant adverse effect on marine life. The only appreciable change is that in the immediate water discharge area the balance between warm water species and cold water species of marine life may shift in favor of those liking warmer water. In fact, after 24 years of scientific study and many more years of operating experience, it is clearly established that marine life near PG&E power plants tends to be *more* plentiful than it was originally.





Nine nuclear pellets produce as much energy as 30 barrels of oil.

NUCLEAR POWER—CLEAN, ECONOMICAL

For both environmental and economic reasons, nuclear power is the solution to the electrical energy problem.

Most hydroelectric power resources are already developed. Fossil-fueled steam electric plants consume scarce and increasingly costly oil and natural gas. Barring technological breakthroughs, geothermal energy can meet only a small part of future power needs. Fusion power is decades away. And other possible sources of energy, such as solar, tidal and wind power, are in experimental stages of development, and the latter two may never become practical for large-scale use. Coal can supply some help in California over the short run. But nuclear energy is the power source which has arrived.

Nuclear power is economical. For example, the electricity produced at PG&E's Humboldt Bay Nuclear Power Plant for $2.00 would cost $17.20 at a plant burning low-sulfur oil, at today's fuel prices.

Moreover, nuclear power generation is clean. Unlike burned fuels, it releases no combustion products into the environment.

NUCLEAR POWER AND INSURANCE

Some people say that private insurance companies won't cover a nuclear power plant. That's false. Private companies provide $110 million worth of liability insurance for each nuclear power reactor location. There have been no claims against nuclear power reactors. In fact, the insurance companies have been refunding part of the premiums paid by the utilities.

In addition, utilities pay the federal government for indemnity insurance coverage of $450 million for each reactor location. The federal indemnity program was created by Congress in 1957 (Price-Anderson Act) to help encourage development of a nuclear power industry in the U.S. It has been good business for the taxpayers. And it gives the public greater protection than separate homeowner insurance policies could provide. That's one of the reasons why your homeowner policies have a nuclear exclusion clause.

The government has collected millions in indemnity payments from utilities—about $90,000 a year per large reactor—and has never paid out one cent. No claim has ever been filed.

NUCLEAR POWER AND THE PUBLIC INTEREST

One of the big PG&E nuclear units at Diablo Canyon is planned for service next year, and the other unit in 1976. But it will take about ten years to build additional nuclear capacity—including the time it takes to find and acquire suitable sites and obtain clearances and approvals from more than 30 governmental and public agencies.

Every year of delay exposes all of us to shortages and higher rates, and further drains our diminishing fossil fuel resources.

The energy problem simply must be solved, and nuclear power will go a long way toward solving it. Electrical energy is essential to everybody, and especially to the young people who will be forming families and needing jobs. We don't intend to relax in our efforts to provide adequate and reliable service for all our customers in the future, just as we have provided it in the past. You can help now by conserving energy at home and on the job.

If you or anyone you know would like more information on nuclear power, PG&E will be pleased to provide it. Just write: PG&E Nuclear Information, 77 Beale Street, San Francisco, California 94106.

PG and E